



2022 State Cross-Country Championships

Provisional Timetable

Saturday 6th August 2022

Lake Dewar, Myrniong

Check In

All athletes are required to wear their 2021/22 Commonwealth Bank competition bib and Coles patch to this event. Once an athlete arrives at the venue, they should report to Athlete Check In where their name will be ticked off and highlighted on the start list. Those members without a bib, or who have a bib without a barcode will be provided with one at check in. Athletes cannot start in any race without a bib. Team Managers are not able to sign in for or collect a bib on an athlete's behalf.

Athletes are to make their way to the Call Room tents adjacent to the start line in readiness to compete in their race, at least 15 minutes prior to the scheduled start time. Athlete Check In opens at 9.00am and will close 30 mins prior to each event. Any athletes who arrive at Athlete Check In within 30 minutes of the start time of their race will be directed to see the Starters Assistant and collect their bib, if required at the Call Room.

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Athletes are to be at the tents next to the start line at least 15 minutes before the scheduled start.

Event	Call Room Time	Event Start Time	Age Group	Gender	Distance
1	10.15am	10.30am	U13	Boys	3km
2	10.35am	10.50am	U13	Girls	3km
3	11.00am	11.15am	U14	Boys/Girls	3km
4	11.25am	11.40am	U15	Boys/Girls	3km
5	11.45am	12.00pm	U16	Boys/Girls	3km
6	1.00pm	1.15pm	U9	Boys	1.5km
7	1.15pm	1.30pm	U9	Girls	1.5km
8	1.30pm	1.45pm	U10	Boys	1.5km
9	1.45pm	2.00pm	U10	Girls	1.5km
10	2.05pm	2.20pm	U11	Boys	2km
11	2.20pm	2.35pm	U11	Girls	2km
12	2.20pm	2.35pm	U11-U12 Multi-Class	Boys/Girls	2km
13	2.20pm	2.35pm	U13-U16 Multi-Class	Boys/Girls	2km
14	2.40pm	2.55pm	U12	Boys	2km
15	2.55pm	3.10pm	U12	Girls	2km

*The course will be open from 9.00am until first Call Room at 10.15am.