

SATURDAY MORNING SESSION

TRACK					
Draft Time	Gender	Age	Event	Heights	Round
8:30 AM	Boys	U09	700 Metre Race Walk		Final
8:30 AM	Girls	U09	700 Metre Race Walk		
8:40 AM	Boys	U10	1100 Metre Race Walk		
8:40 AM	Boys	U11	1100 Metre Race Walk		
8:51 AM	Girls	U10	1100 Metre Race Walk		
8:51 AM	Girls	U11	1100 Metre Race Walk		
9:05 AM	Boys	U12	1500 Metre Race Walk		
9:05 AM	Boys	U13	1500 Metre Race Walk		
9:05 AM	Boys	U14	1500 Metre Race Walk		
9:05 AM	Boys	U15	1500 Metre Race Walk		
9:05 AM	Boys	U16	1500 Metre Race Walk		
9:05 AM	Boys	U17	1500 Metre Race Walk		
9:20 AM	Girls	U12	1500 Metre Race Walk		
9:20 AM	Girls	U13	1500 Metre Race Walk		
9:20 AM	Girls	U14	1500 Metre Race Walk		
9:20 AM	Girls	U15	1500 Metre Race Walk		
9:20 AM	Girls	U16	1500 Metre Race Walk		
9:20 AM	Girls	U17	1500 Metre Race Walk		
9:40 AM	Boys	U09	70 Metre Run		Timed Final (3)
9:50 AM	Girls	U09	70 Metre Run		Timed Final (2)
9:56 AM	Boys	U10	70 Metre Run		Timed Final (2)
10:01 AM	Girls	U10	70 Metre Run		Timed Final (2)
10:15 AM	Boys	U17	300 Metre Hurdles	76cm	Timed Final
10:15 AM	Boys	U16	300 Metre Hurdles	76cm	Timed Final
10:15 AM	Boys	U15	300 Metre Hurdles	76cm	Timed Final
10:18 AM	Girls	U17	300 Metre Hurdles	76cm	Timed Final
10:18 AM	Girls	U16	300 Metre Hurdles	76cm	Timed Final
10:18 AM	Girls	U15	300 Metre Hurdles	76cm	Timed Final
10:25 AM	Girls	U14	200 Metre Hurdles	76cm	Timed Final
10:31 AM	Boys	U14	200 Metre Hurdles	76cm	Timed Final
10:31 AM	Boys	U13	200 Metre Hurdles	68cm	Timed Final
10:35 AM	Girls	U13	200 Metre Hurdles	68cm	Timed Final
11:00 AM	Boys	U09	800 Metre Run		Timed Final
11:05 AM	Girls	U09	800 Metre Run		Timed Final
11:10 AM	Boys	U10	800 Metre Run		Timed Final
11:15 AM	Girls	U10	800 Metre Run		Timed Final (2)
11:25 AM	Boys	U11	800 Metre Run		Timed Final (2)
11:35 AM	Girls	U11	800 Metre Run		Timed Final
11:40 AM	Boys	U12	800 Metre Run		Timed Final
11:45 AM	Girls	U12	800 Metre Run		Timed Final
11:50 AM	Boys	U13	800 Metre Run		Timed Final
11:55 AM	Girls	U13	800 Metre Run		Timed Final
12:00 PM	Boys	U14	800 Metre Run		Timed Final
12:00 PM	Boys	U15	800 Metre Run		Timed Final
12:00 PM	Boys	U16	800 Metre Run		Timed Final
12:00 PM	Boys	U17	800 Metre Run		Timed Final
12:05 PM	Girls	U14	800 Metre Run		Timed Final
12:05 PM	Girls	U15	800 Metre Run		Timed Final
12:05 PM	Girls	U16	800 Metre Run		Timed Final
12:05 PM	Girls	U17	800 Metre Run		Timed Final
12:10 PM	Boys MC	U10	800 Metre Run		Timed Final
12:10 PM	Boys MC	U11	800 Metre Run		Timed Final
12:10 PM	Girls MC	U14	800 Metre Run		Timed Final

FIELD					
Draft Time	Gender	Age	Event	Location	Weight / Start Height
8:30 AM	Boys	U16	Discus	Circle 1	1kg
8:30 AM	Boys	U13	High Jump	Area 1	1.20m
8:30 AM	Girls	U16	Javelin	Runway 1	500g
8:30 AM	Boys	U17	Long Jump	Pit 1	
8:30 AM	Boys	U12	Shot Put	Circle 1	2kg
8:30 AM	Girls	U14	Triple Jump	Pit 1	
8:40 AM	Boys	U11	Discus	Circle 1	500g
8:40 AM	Girls	U15	Javelin	Runway 1	500g
8:40 AM	Girls	U17	Long Jump	Pit 1	
8:40 AM	Girls	U12	Long Jump	Pit 1	
9:00 AM	Girls	U09	High Jump	Area 2	0.75m
9:00 AM	Girls	U17	Shot Put	Circle 1	3kg
9:00 AM	Boys	U14	Triple Jump	Pit 1	
9:10 AM	Girls	U10	Shot Put	Circle 1	2kg
9:20 AM	Girls	U17	Javelin	Runway 1	500g
9:30 AM	Boys	U15	Discus	Circle 1	1kg
9:30 AM	Boys	U12	Long Jump	Pit 1	
9:30 AM	Boys	U11	Triple Jump	Pit 1	
9:40 AM	Boys	U10	Shot Put	Circle 1	2kg
9:40 AM	Girls	U14	Javelin	Runway 1	400g
9:50 AM	Boys	U09	Discus	Circle 1	500g
9:50 AM	Girls	U13	High Jump	Area 1	1.10m
10:00 AM	Boys	U11	High Jump	Area 2	1.05m
10:30 AM	Boys	U13	Triple Jump	Pit 1	
10:30 AM	Boys	U16	Long Jump	Pit 1	
10:30 AM	Boys	U09-10MC	Discus	Circle 1	
10:30 AM	Boys	U11-12MC	Discus	Circle 1	
10:30 AM	Boys	U13-17MC	Discus	Circle 1	
10:30 AM	Girls	U13-17MC	Discus	Circle 1	
11:00 AM	Girls	U11	Javelin	Runway 1	400g
11:10 AM	Boys	U09	Shot Put	Circle 1	2kg
11:10 AM	Boys	U17	Discus	Circle 1	1.5kg
11:10 AM	Girls	U11	High Jump	Area 1	0.95m
11:20 AM	Boys	U14	Discus	Circle 1	1kg
11:30 AM	Girls	U15	Long Jump	Pit 1	
11:30 AM	Girls	U13	Triple Jump	Pit 1	
11:40 AM	Boys	U10	Discus	Circle 1	500g
12:00 PM	Girls	U16	Shot Put	Circle 1	3kg
12:00 PM	Girls	U10	Long Jump	Pit 1	
12:10 PM	Boys	U09	High Jump	Area 2	0.80m
12:20 PM	Girls	U12	Shot Put	Circle 1	2kg
12:40 PM	Girls	U11	Triple Jump	Pit 1	
12:50 PM	Boys	U12	Discus	Circle 1	750g
1:10 PM	Girls	U12	Javelin	Runway 1	400g
1:40 PM	Boys	U13-17MC	Javelin	Runway 1	

SATURDAY AFTERNOON SESSION

TRACK					
Draft Time	Gender	Age	Event	Heights	Round
1:00 PM	Boys	U09	200 Metre Run		Timed Final (4)
1:12 PM	Girls	U09	200 Metre Run		Timed Final (3)
1:21 PM	Boys	U10	200 Metre Run		Timed Final (2)
1:30 PM	Girls	U10	200 Metre Run		Timed Final (4)
1:42 PM	Boys	U11	200 Metre Run		Timed Final (4)
1:54 PM	Girls	U11	200 Metre Run		Timed Final (2)
2:00 PM	Boys	U12	200 Metre Run		Timed Final (3)
2:12 PM	Girls	U12	200 Metre Run		Timed Final (3)
2:24 PM	Boys	U13	200 Metre Run		Timed Final (2)
2:30 PM	Girls	U13	200 Metre Run		Timed Final (2)
2:36 PM	Boys	U14	200 Metre Run		Final
2:40 PM	Girls	U14	200 Metre Run		Timed Final (2)
2:46 PM	Boys	U15	200 Metre Run		Timed Final (2)
2:52 PM	Girls	U15	200 Metre Run		Timed Final (2)
2:58 PM	Girls	U17	200 Metre Run		Final
3:01 PM	Boys	U16	200 Metre Run		Timed Final
3:04 PM	Girls	U16	200 Metre Run		Final
3:07 PM	MC Boys	U9,11,14,15	200 Metre Run		Final
3:10 PM	MC Girls	U14,15,16,17	200 Metre Run		Final

FIELD					
Draft Time	Gender	Age	Event	Location	Weight / Start Height
2:40 PM	Boys	U15	Shot Put	Circle 1	4kg
2:50 PM	Girls	U10	Discus	Circle 1	500g
3:00 PM	Boys	U16	Shot Put	Circle 1	4kg
3:00 PM	Boys	U17	Shot Put	Circle 1	5kg
3:00 PM	Boys	U15	Long Jump	Pit 1	
3:00 PM	Boys	U14	High Jump	Area 2	1.25m
3:10 PM	Girls	U15	Shot Put	Circle 1	3kg
3:00 PM	Girls	U13	Javelin	Runway 1	400g
3:20 PM	Girls	U14	High Jump	Area 1	1.15m
3:30 PM	Girls	U09	Shot Put	Circle 1	2kg
3:30 PM	Boys	U13	Discus	Circle 1	750g
3:30 PM	Girls	U16	Long Jump	Pit 1	

SUNDAY MORNING SESSION

TRACK						FIELD					
Draft Time	Gender	Age	Event	Heights	Round	Draft Time	Gender	Age	Event	Location	Weight / Start Height
8:30 AM	Boys	U11	1500 Metre Run		Final	8:30 AM	Girls	U12	Discus	Circle 1	750g
8:38 AM	Boys	U12	1500 Metre Run		Final	8:30 AM	Boys	U16	High Jump	Area 1	1.35m
8:46 AM	Girls	U11	1500 Metre Run		Final	8:30 AM	Girls	U10	High Jump	Area 2	0.80m
8:54 AM	Girls	U12	1500 Metre Run		Final	8:30 AM	Boys	U12	Javelin	Runway 1	400g
9:02 AM	Boys	U13	1500 Metre Run		Final	8:30 AM	Boys	U13	Long Jump	Pit 1	
9:10 AM	Boys	U14	1500 Metre Run		Final	8:30 AM	Girls	U09	Long Jump	Pit 2	
9:18 AM	Boys	U15	1500 Metre Run		Final	8:30 AM	Boys	U09-17MC	Shot Put	Circle 1	Various
9:26 AM	Boys	U16	1500 Metre Run		Final	8:30 AM	Girls	U13-17MC	Shot Put	Circle 1	Various
9:34 AM	Boys	U17	1500 Metre Run		Final	8:30 AM	Girls	U15	Triple Jump	Pit 1	
9:42 AM	Girls	U13	1500 Metre Run		Final						
9:50 AM	Girls	U14	1500 Metre Run		Final	8:50 AM	Boys	U11	Shot Put	Circle 1	2kg
9:58 AM	Girls	U15	1500 Metre Run		Final	8:50 AM	Boys	U15	Triple Jump	Pit 1	
10:06 AM	Girls	U16	1500 Metre Run		Final						
10:14 AM	Girls	U17	1500 Metre Run		Final						
10:20 AM	Boys	U09-10 MC	100 Metre Run		Final	9:10 AM	Girls	U16	High Jump	Area 1	1.25m
10:20 AM	Boys	U11-12 MC	100 Metre Run		Final	9:10 AM	Girls	U17	High Jump	Area 1	1.25m
10:20 AM	Boys	U13-17 MC	100 Metre Run		Final	9:10 AM	Boys	U12	Triple Jump	Pit 1	
10:25 AM	Girls	U09-10 MC	100 Metre Run		Final	9:20 AM	Girls	U11	Discus	Circle 1	500g
10:25 AM	Girls	U11-12 MC	100 Metre Run		Final	9:20 AM	Girls	U13	Long Jump	Pit 1	
10:25 AM	Girls	U13-17 MC	100 Metre Run		Final						
10:30 AM	Boys	U09	100 Metre Run		Timed Final (3)	9:30 AM	Boys	U10	Long Jump	Pit 2	
10:39 AM	Girls	U09	100 Metre Run		Timed Final (3)						
10:48 AM	Boys	U10	100 Metre Run		Timed Final (3)	9:50 AM	Boys	U14	Javelin	Runway 1	600g
10:57 AM	Girls	U10	100 Metre Run		Timed Final (3)						
11:06 AM	Boys	U11	100 Metre Run		Timed Final (4)	10:10 AM	Boys	U13-17MC	Long Jump	Pit 1	
11:18 AM	Girls	U11	100 Metre Run		Timed Final (2)	10:10 AM	Boys	U09-10MC	Long Jump	Pit 1	
11:20 AM	Boys	U12	100 Metre Run		Timed Final (2)	10:10 AM	Girls	U13-17MC	Long Jump	Pit 1	
11:26 AM	Girls	U12	100 Metre Run		Timed Final (3)	10:10 AM	Girls	U12	High Jump	Area 1	1.05m
11:35 AM	Boys	U13	100 Metre Run		Final	10:10 AM	Boys	U13	Shot Put	Circle 1	3kg
11:41 AM	Girls	U13	100 Metre Run		Timed Final (2)						
11:47 AM	Boys	U14	100 Metre Run		Final	11:10 AM	Boys	U10	High Jump	Area 2	0.90m
11:50 AM	Girls	U14	100 Metre Run		Timed Final (2)	11:20 AM	Boys	U11	Javelin	Runway 1	400g
11:53 AM	Boys	U15	100 Metre Run		Final						
11:56 AM	Girls	U15	100 Metre Run		Final	12:00 PM	Girls	U14	Discus	Circle 1	1kg
11:59 AM	Boys	U16	100 Metre Run		Final	12:00 PM	Girls	U13	Shot Put	Circle 1	3kg
11:59 AM	Boys	U17	100 Metre Run		Final	12:30 PM	Boys	U11	Long Jump	Pit 1	
12:03 PM	Girls	U16	100 Metre Run		Final						
12:03 PM	Girls	U17	100 Metre Run		Final						

SUNDAY AFTERNOON SESSION

TRACK					
Draft Time	Gender	Age	Event	Heights	Round
12:45 PM	Boys	U16	100 Metre Hurdles		Final
12:45 PM	Boys	U15	100 Metre Hurdles		Final
12:50 PM	Girls	U15	90 Metre Hurdles		Final
12:50 PM	Boys	U14	90 Metre Hurdles		Final
1:00 PM	Girls	U14	80 Metre Hurdles		Final
1:02 PM	Boys	U13	80 Metre Hurdles		Final
1:04 PM	Girls	U13	80 Metre Hurdles		Final
1:12 PM	Boys	U12	80 Metre Hurdles		Final
1:14 PM	Girls	U12	80 Metre Hurdles		Timed Final (3)
1:24 PM	Boys	U11	80 Metre Hurdles		Timed Final (2)
1:28 PM	Girls	U11	80 Metre Hurdles		Timed Final (2)
1:40 PM	Boys	U10	60 Metre Hurdles		Timed Final (2)
1:44 PM	Girls	U10	60 Metre Hurdles		Timed Final (2)
1:54 PM	Boys	U09	60 Metre Hurdles		Timed Final (2)
1:58 PM	Girls	U09	60 Metre Hurdles		Timed Final (2)
2:10 PM	Boys	U09-10 MC	400 Metre Run		Final
2:10 PM	Boys	U13-U17 MC	400 Metre Run		Final
2:15 PM	Girls	U09-10 MC	400 Metre Run		Final
2:15 PM	Boys	U11-12 MC	400 Metre Run		Final
2:15 PM	Girls	U11-12 MC	400 Metre Run		Final
2:15 PM	Girls	U13-U17 MC	400 Metre Run		Final
2:20 PM	Boys	U11	400 Metre Run		Timed Final (3)
2:29 PM	Girls	U11	400 Metre Run		Timed Final (2)
2:35 PM	Boys	U10	400 Metre Run		Timed Final (2)
2:41 PM	Girls	U10	400 Metre Run		Timed Final (4)
2:53 PM	Boys	U09	400 Metre Run		Timed Final (3)
3:02 PM	Girls	U09	400 Metre Run		Timed Final (2)
3:08 PM	Boys	U12	400 Metre Run		Timed Final (3)
3:17 PM	Girls	U12	400 Metre Run		Timed Final (2)
3:25 PM	Boys	U13	400 Metre Run		Timed Final (2)
3:31 PM	Girls	U13	400 Metre Run		Timed Final (2)
3:37 PM	Boys	U14	400 Metre Run		Final
3:40 PM	Girls	U14	400 Metre Run		Timed Final (2)
3:46 PM	Boys	U15	400 Metre Run		Timed Final (2)
3:52 PM	Girls	U15	400 Metre Run		Final
3:55 PM	Boys	U16	400 Metre Run		Final
3:55 PM	Boys	U17	400 Metre Run		Final
3:58 PM	Girls	U17	400 Metre Run		Final
3:58 PM	Girls	U16	400 Metre Run		Final

FIELD					
Draft Time	Gender	Age	Event	Location	Weight / Start Height
1:00 PM	Boys	U12	High Jump	Area 1	1.15m
1:10 PM	Girls	U17	Discus	Circle 1	1kg
1:10 PM	Boys	U16	Triple Jump	Pit 1	
1:20 PM	Girls	U15	Discus	Circle 1	1kg
1:20 PM	Girls	U16	Triple Jump	Pit 1	
1:30 PM	Boys	U09	Long Jump	Pit 2	
1:30 PM	Girls	U11	Shot Put	Circle 1	2kg
1:45 PM	Girls	U16	Discus	Circle 1	1kg
1:50 PM	Boys	U15	Javelin	Runway 1	700g
1:50 PM	Girls	U14	Long Jump	Pit 1	
2:00 PM	Girls	U12	Triple Jump	Pit 1	
2:10 PM	Girls	U09	Discus	Circle 1	500g
2:20 PM	Girls	U11	Long Jump	Pit 1	
2:40 PM	Boys	U13	Javelin	Runway 1	600g
2:45 PM	Girls	U13	Discus	Circle 1	750g
2:50 PM	Girls	U14	Shot Put	Circle 1	3kg
3:00 PM	Girls	U15	High Jump	Area 1	1.20m
3:00 PM	Boys	U14	Long Jump	Pit 2	
3:30 PM	Boys	U14	Shot Put	Circle 1	3kg
3:30 PM	Boys	U17	Triple Jump	Pit 1	
3:40 PM	Boys	U16	Javelin	Runway 1	700g
3:40 PM	Boys	U17	Javelin	Runway 1	700g
3:40 PM	Boys	U15	High Jump	Area 1	1.30m
3:50 PM	Girls	U17	Triple Jump	Pit 1	

Final Timetable, subject to change - 5th February 2024