



Little  
Athletics  
Victoria



## **JUNIOR DEVELOPMENT SQUAD**

Qualifying Standards 2023/24

## What are the selection criteria?

Performance standards and criteria must be met to apply for JDS. Selection criteria are reviewed annually.

To be eligible, applicants must be a financial member of Little Athletics Victoria in season 2023/24.

Using results from the 2023/24 season (In the U12-17 age groups) applicants must:

- Have attained two qualifying performances, as listed later in this document. Qualifying performance can be achieved in **one** discipline **twice**, or in two different disciplines, **once** each.
- Alternatively, those who place in the **overall top eight** at the LAVic State Combined Events, or **top eight** at the LAVic State Cross-Country Championships are automatically qualified.

The qualification period began on the 29<sup>th</sup> Sept 2023.

## Are the standards the same for multiclass competitors?

Slightly different qualifying criteria exist for those looking to join JDS as a multiclass competitor.

To be eligible, applicants must be a financial member of Little Athletics Victoria in season 2023/24.

Additionally, using results from the 2022/23 season (In the U11-16 age groups) applicants must meet **one** of the following criteria.

- Have attained a baseline performance result of 40% or higher (For permitted competitions, please see notes in section *What are the qualifying standards?*).
- Have contested the 2022/23 State Cross Country, Track and Field, or Combined Event Championships.

## What are the qualifying standards?

The qualification period began on 29<sup>th</sup> Sept 2023.

Using performances from the 2023/24 season, standards for JDS are as follows.

EVENT	BOYS						GIRLS					
	U12	U13	U14	U15	U16	U17	U12	U13	U14	U15	U16	U17
100m	13.90	13.40	12.75	12.40	12.00	12.00	14.20	13.95	13.65	13.65	13.55	13.55
200m	28.80	27.50	26.20	25.50	24.50	24.50	29.55	29.00	28.30	28.30	28.20	28.20
400m	65.50	63.00	61.00	59.00	58.00	58.00	69.00	66.50	66.00	66.00	66.00	66.00
800m	2:33	2:27	2:22	2:18	2:17	2:17	2:42	2:38	2:38	2:38	2:40	2:40
1500m	5:20	5:10	5:05	5:00	5:00	5:00	5:40	5:35	5:35	5:40	5:45	5:45
80mH	13.90	14.00					14.60	14.65	14.30			
90mH			14.65							15.80	15.60	
100mH				16.00	15.50	15.00						16.40
110mH						17.30						
200mH		30.50	30.00					32.50	32.30			
300mH				46.50	45.00	45.00				53.00	53.00	53.00
1100 Walk												
1500 Walk	10:00	9:45	9:45	9:25	9:25	9:25	10:05	10:00	10:00	10:00	10:00	10:00
Long Jump	4.45	4.65	5.15	5.35	5.50	5.50	4.15	4.45	4.65	4.70	4.70	4.70
Triple Jump	9.55	10.30	10.60	11.15	11.50	11.50	9.20	9.60	9.70	9.85	9.85	9.85
High Jump	1.40	1.50	1.55	1.60	1.70	1.70	1.35	1.40	1.40	1.45	1.45	1.45
Shot Put	10.50	10.10	10.70	10.70	11.50	11.50	9.00	9.00	9.10	9.35	9.50	9.50
Discus	25.75	30.50	31.50	35.00	40.00	40.00	22.00	27.00	24.00	25.00	26.00	26.00
Javelin	24.00	26.00	31.50	35.00	37.00	37.00	20.50	24.00	25.00	25.00	29.00	29.00
Combined Events	1 <sup>st</sup> to 8 <sup>th</sup> place at the 2022/23 State Combined Events Championships (Overall Championship).											
Cross Country	1 <sup>st</sup> to 8 <sup>th</sup> place at the 2022/23 State Cross Country Championships.											

Competitors can achieve qualifying performances at

- Little Athletics Victoria Events (Centre, Open Days, Region, State Championships, and ALAC).
- Athletics Victoria Events (AVSL, Specialist Groups, State and National Championships).
- School Championships (State and Region events only - SSV/APS/GSV). Performances attained at School, District and/or Division carnivals are **NOT** accepted.

Please note that applicants may be required to provide additional information to confirm performance(s).