



2023 State Cross-Country Championships

Final Timetable

Saturday 12th August 2023
Lake Dewar, Myrniong

Final Timetable

Athletes are to be at the marshalling area next to the start line at least 15 minutes before the scheduled start.

Event	Call Room Time	Event Start Time	Age Group	Gender	Distance
1	10.15am	10.30am	U13	Boys	3km
2	10.35am	10.50am	U13	Girls	3km
3	11.00am	11.15am	U14	Boys/Girls	3km
4	11.25am	11.40am	U15	Boys/Girls	3km
5	11.45am	12.00pm	U16&U17	Boys/Girls	3km
6	1.00pm	1.15pm	U9	Boys	1.5km
7	1.00pm	1.15pm	U9-U10 Multi-Class	Boys	1.5km
8	1.15pm	1.30pm	U9	Girls	1.5km
9	1.30pm	1.45pm	U10	Boys	1.5km
10	1.45pm	2.00pm	U10	Girls	1.5km
11	2.05pm	2.20pm	U11	Boys	2km
12	2.05pm	2.20pm	U11-U12 Multi-Class	Boys	2km
13	2.05pm	2.20pm	U13-U17 Multi-Class	Boys	2km
14	2.20pm	2.35pm	U11	Girls	2km
15	2.20pm	2.35pm	U13-U17 Multi-Class	Girls	2km
16	2.40pm	2.55pm	U12	Boys	2km
17	2.55pm	3.10pm	U12	Girls	2km

*The course will be open from 9.00am until first Call Room at 10.15am.