

SATURDAY SESSION

TRACK					
Draw Time	Gender	Age	Event	Heights	Round
1:00 PM	Girls	U14	1500 Metre Race Walk		1
1:00 PM	Boys	U14	1500 Metre Race Walk		1
1:00 PM	Girls	U15	1500 Metre Race Walk		1
1:00 PM	Boys	U15	1500 Metre Race Walk		1
1:00 PM	Girls	U16	1500 Metre Race Walk		1
1:00 PM	Boys	U16	1500 Metre Race Walk		1
1:00 PM	Girls	U17	1500 Metre Race Walk		1
1:00 PM	Boys	U17	1500 Metre Race Walk		1
1:20 PM	Girls	U12	1500 Metre Race Walk		1
1:20 PM	Boys	U12	1500 Metre Race Walk		1
1:20 PM	Girls	U13	1500 Metre Race Walk		1
1:20 PM	Boys	U13	1500 Metre Race Walk		1
1:40 PM	Girls	U10	1100 Metre Race Walk		1
1:40 PM	Boys	U10	1100 Metre Race Walk		1
1:40 PM	Girls	U11	1100 Metre Race Walk		1
1:40 PM	Boys	U11	1100 Metre Race Walk		1
1:55 PM	Girls	U09	700 Metre Race Walk		1
1:55 PM	Boys	U09	700 Metre Race Walk		1
2:10 PM	Girls	U17	300 Metre Hurdles	76cm	1
2:10 PM	Girls	U16	300 Metre Hurdles	76cm	1
2:10 PM	Girls	U15	300 Metre Hurdles	76cm	1
2:13 PM	Boys	U17	300 Metre Hurdles	76cm	1
2:13 PM	Boys	U16	300 Metre Hurdles	76cm	1
2:13 PM	Boys	U15	300 Metre Hurdles	76cm	1
2:25 PM	Girls	U14	200 Metre Hurdles	76cm	1
2:25 PM	Boys	U14	200 Metre Hurdles	76cm	1
2:29 PM	Girls	U13	200 Metre Hurdles	68cm	1
2:32 PM	Boys	U13	200 Metre Hurdles	68cm	1
2:45 PM	Girls	U09	70 Metre Run		2
2:49 PM	Boys	U09	70 Metre Run		3
2:55 PM	Girls	U10	70 Metre Run		1
2:57 PM	Boys	U10	70 Metre Run		2
3:10 PM	Girls	U17	800 Metre Run		1
3:10 PM	Girls	U16	800 Metre Run		1
3:10 PM	Girls	U15	800 Metre Run		1
3:10 PM	Boys	U17	800 Metre Run		1
3:10 PM	Boys	U16	800 Metre Run		1
3:15 PM	Boys	U15	800 Metre Run		1
3:15 PM	Boys	U14	800 Metre Run		1
3:15 PM	Girls	U14	800 Metre Run		1
3:20 PM	Girls	U13	800 Metre Run		1
3:25 PM	Boys	U13	800 Metre Run		1
3:30 PM	Girls	U12	800 Metre Run		1
3:35 PM	Boys	U12	800 Metre Run		1
3:40 PM	Girls	U11	800 Metre Run		2
3:50 PM	Boys	U11	800 Metre Run		1
3:50 PM	Boys	U13-17 M/C	800 Metre Run		1
3:55 PM	Girls	U10	800 Metre Run		1
4:00 PM	Boys	U10	800 Metre Run		1
4:05 PM	Girls	U09	800 Metre Run		1
4:10 PM	Boys	U09	800 Metre Run		1
4:25 PM	Girls	U17	200 Metre Run		1
4:25 PM	Girls	U16	200 Metre Run		1
4:27 PM	Boys	U17	200 Metre Run		1
4:27 PM	Boys	U16	200 Metre Run		1
4:29 PM	Girls	U15	200 Metre Run		1
4:31 PM	Boys	U15	200 Metre Run		2
4:35 PM	Girls	U14	200 Metre Run		2
4:39 PM	Boys	U14	200 Metre Run		2
4:43 PM	Girls	U13	200 Metre Run		2
4:47 PM	Boys	U13	200 Metre Run		2
4:51 PM	Girls	U13-17 M/C	200 Metre Run		1
4:51 PM	Boys	U13-17 M/C	200 Metre Run		1
4:54 PM	Girls	U12	200 Metre Run		2
4:58 PM	Boys	U12	200 Metre Run		2
5:02 PM	Girls	U11	200 Metre Run		4
5:10 PM	Boys	U11	200 Metre Run		3
5:16 PM	Girls	U10	200 Metre Run		3
5:22 PM	Boys	U10	200 Metre Run		3
5:28 PM	Girls	U09	200 Metre Run		2
5:32 PM	Boys	U09	200 Metre Run		3

FIELD					
Draw Time	Gender	Age	Event	Location	Weight / Start Height
1:00 PM	Boys	U13	High Jump	HJ1	1.20m
1:00 PM	Boys	U14	High Jump	HJ1	1.25m
1:00 PM	Boys	U09	High Jump	HJ2	0.80m
1:00 PM	Boys	U15	Long Jump	LJ1	
1:00 PM	Boys	U16	Long Jump	LJ1	
1:00 PM	Boys	U17	Long Jump	LJ1	
1:00 PM	Girls	U12	Long Jump	LJ2	
1:00 PM	Girls	U11	Triple Jump	TJ1	
1:00 PM	Girls	U13	Triple Jump	TJ2	
1:00 PM	Girls	U10	Shot Put	SP1	2kg
1:00 PM	Girls	U09	Shot Put	SP2	2kg
1:00 PM	Boys	U12	Discus	Dis 1	750g
1:00 PM	Boys	U10	Discus	Dis 2	500g
1:00 PM	Girls	U15	Javelin	Jav 1	500g
1:00 PM	Girls	U16	Javelin	Jav 1	500g
1:00 PM	Girls	U17	Javelin	Jav 1	500g
2:00 PM	Girls	U13	High Jump	HJ1	1.10m
2:00 PM	Girls	U14	High Jump	HJ1	1.15m
2:00 PM	Boys	U11	High Jump	HJ2	1.05m
2:00 PM	Girls	U16	Long Jump	LJ1	
2:00 PM	Girls	U17	Long Jump	LJ1	
2:00 PM	Boys	U12	Long Jump	LJ2	
2:00 PM	Boys	U13	Triple Jump	TJ1	
2:00 PM	Boys	U14	Triple Jump	TJ2	
2:00 PM	Boys	U10	Shot Put	SP1	2kg
2:00 PM	Boys	U09	Shot Put	SP2	2kg
2:00 PM	Boys	U15	Discus	Dis 1	1kg
2:00 PM	Boys	U16	Discus	Dis 1	1kg
2:00 PM	Boys	U17	Discus	Dis 1	1.5kg
2:00 PM	Boys	U13-17 M/C	Discus	Jav 1	Various
2:00 PM	Girls	U11	Javelin	Jav 1	400g
2:00 PM	Girls	U12	Javelin	Jav 1	400g
3:00 PM	Girls	U11	High Jump	HJ1	0.95m
3:00 PM	Girls	U09	High Jump	HJ2	0.75m
3:00 PM	Girls	U15	Long Jump	LJ1	
3:00 PM	Girls	U10	Long Jump	LJ2	
3:00 PM	Boys	U12	Shot Put	SP1	2kg
3:00 PM	Girls	U12	Shot Put	SP2	2kg
3:00 PM	Boys	U13	Discus	Dis 1	750g
3:00 PM	Boys	U14	Discus	Dis 1	1kg
3:00 PM	Boys	U11	Discus	Dis 2	500g
3:00 PM	Girls	U13	Javelin	Jav 1	400g
3:00 PM	Girls	U14	Javelin	Jav 1	400g
3:00 PM	Girls	U13-17 M/C	Javelin	Jav 1	Various
3:00 PM	Boys	U13-17 M/C	Javelin	Jav 1	Various
4:00 PM	Girls	U14	Triple Jump	TJ1	
4:00 PM	Boys	U11	Triple Jump	TJ2	
4:00 PM	Boys	U15	Shot Put	SP1	4kg
4:00 PM	Boys	U16	Shot Put	SP1	4kg
4:00 PM	Boys	U17	Shot Put	SP1	5kg
4:00 PM	Girls	U15	Shot Put	SP2	3kg
4:00 PM	Girls	U16	Shot Put	SP2	3kg
4:00 PM	Girls	U17	Shot Put	SP2	3kg
4:00 PM	Boys	U09	Discus	Dis 1	500g
4:00 PM	Girls	U10	Discus	Dis 2	500g

SUNDAY SESSION

TRACK						FIELD					
Drift Time	Gender	Age	Event	Heights	Round	Drift Time	Gender	Age	Event	Location	Weight / Start Height
8:30 AM	Girls	U11	1500 Metre Run		1	8:30 AM	Boys	U15	High Jump	HJ1	1.30m
8:30 AM	Girls	U12	1500 Metre Run		1	8:30 AM	Boys	U17	High Jump	HJ1	1.35m
8:38 AM	Boys	U11	1500 Metre Run		1	8:30 AM	Boys	U10	High Jump	HJ2	0.90m
8:38 AM	Boys	U12	1500 Metre Run		1	8:30 AM	Boys	U11	Long Jump	LJ1	
8:46 AM	Girls	U13	1500 Metre Run		1	8:30 AM	Girls	U11	Long Jump	LJ2	
8:46 AM	Girls	U14	1500 Metre Run		1	8:30 AM	Boys	U12	Triple Jump	TJ1	
8:46 AM	Girls	U15	1500 Metre Run		1	8:30 AM	Girls	U12	Triple Jump	TJ2	
8:46 AM	Girls	U16	1500 Metre Run		1	8:30 AM	Girls	U13	Shot Put	SP1	3kg
8:46 AM	Girls	U17	1500 Metre Run		1	8:30 AM	Girls	U14	Shot Put	SP1	3kg
8:54 AM	Boys	U13	1500 Metre Run		1	8:30 AM	Girls	U13-17 MC	Shot Put	SP2	Various
8:54 AM	Boys	U14	1500 Metre Run		1	8:30 AM	Boys	U13-17 MC	Shot Put	SP2	Various
8:54 AM	Boys	U15	1500 Metre Run		1	8:30 AM	Girls	U15	Discus	Dis 1	1kg
8:54 AM	Boys	U16	1500 Metre Run		1	8:30 AM	Girls	U16	Discus	Dis 1	1kg
8:54 AM	Boys	U17	1500 Metre Run		1	8:30 AM	Girls	U17	Discus	Dis 1	1kg
						8:30 AM	Girls	U09	Discus	Dis 2	500g
9:10 AM	Girls	U09	100 Metre Run		2	8:30 AM	Boys	U13	Javelin	Jav 1	600g
9:14 AM	Boys	U09	100 Metre Run		3	8:30 AM	Boys	U14	Javelin	Jav 1	600g
9:20 AM	Girls	U10	100 Metre Run		2						
9:24 AM	Boys	U10	100 Metre Run		2	9:30 AM	Girls	U15	High Jump	HJ1	1.20m
9:30 AM	Girls	U11	100 Metre Run		3	9:30 AM	Girls	U17	High Jump	HJ1	1.25m
9:36 AM	Boys	U11	100 Metre Run		2	9:30 AM	Girls	U10	High Jump	HJ2	0.80m
9:40 AM	Girls	U12	100 Metre Run		2	9:30 AM	Boys	U13	Long Jump	LJ1	
9:44 AM	Boys	U12	100 Metre Run		2	9:30 AM	Boys	U14	Long Jump	LJ2	
9:48 AM	Girls	U13-U17 MC	100 Metre Run		1	9:30 AM	Girls	U09	Long Jump	TJ1	
9:48 AM	Boys	U13-U17 MC	100 Metre Run		1	9:30 AM	Boys	U09	Long Jump	TJ2	
9:50 AM	Girls	U13	100 Metre Run		2	9:30 AM	Boys	U11	Shot Put	SP1	2kg
9:54 AM	Boys	U13	100 Metre Run		2	9:30 AM	Girls	U11	Shot Put	SP2	2kg
9:58 AM	Girls	U14	100 Metre Run		1	9:30 AM	Girls	U13	Discus	Dis 1	750g
10:00 AM	Boys	U14	100 Metre Run		1	9:30 AM	Girls	U14	Discus	Dis 1	1kg
10:02 AM	Girls	U15	100 Metre Run		1	9:30 AM	Girls	U12	Discus	Dis 2	750g
10:04 AM	Boys	U15	100 Metre Run		1	9:30 AM	Boys	U15	Javelin	Jav 1	700g
10:06 AM	Girls	U16	100 Metre Run		1	9:30 AM	Boys	U16	Javelin	Jav 1	700g
10:06 AM	Girls	U17	100 Metre Run		1	9:30 AM	Boys	U17	Javelin	Jav 1	700g
10:08 AM	Boys	U16	100 Metre Run		1						
10:08 AM	Boys	U17	100 Metre Run		1	10:30 AM	Boys	U12	High Jump	HJ1	1.15m
						10:30 AM	Girls	U12	High Jump	HJ2	1.05m
10:20 AM	Girls	U09	60 Metre Hurdles	45cm	2	10:30 AM	Boys	U10	Long Jump	LJ1	
10:24 AM	Boys	U09	60 Metre Hurdles	45cm	3	10:30 AM	Girls	U13-17 MC	Long Jump	LJ2	
10:32 AM	Girls	U10	60 Metre Hurdles	60cm	2	10:30 AM	Boys	U13-17 MC	Long Jump	LJ2	
10:36 AM	Boys	U10	60 Metre Hurdles	60cm	1	10:30 AM	Girls	U15	Triple Jump	TJ1	
10:45 AM	Girls	U11	80 Metre Hurdles	60cm	2	10:30 AM	Girls	U16	Triple Jump	TJ1	
10:49 AM	Boys	U11	80 Metre Hurdles	60cm	2	10:30 AM	Girls	U17	Triple Jump	TJ1	
10:56 AM	Girls	U12	80 Metre Hurdles	68cm	1	10:30 AM	Boys	U15	Triple Jump	TJ2	
10:58 AM	Boys	U12	80 Metre Hurdles	68cm	1	10:30 AM	Boys	U16	Triple Jump	TJ2	
11:04 AM	Girls	U13	80 Metre Hurdles	76cm	1	10:30 AM	Boys	U17	Triple Jump	TJ2	3kg
11:06 AM	Boys	U13	80 Metre Hurdles	76cm	1	10:30 AM	Boys	U13	Shot Put	SP1	3kg
11:08 AM	Girls	U14	80 Metre Hurdles	76cm	1	10:30 AM	Boys	U14	Shot Put	SP2	3kg
11:14 AM	Boys	U14	90 Metre Hurdles	76cm	1	10:30 AM	Girls	U11	Discus	Dis 1	500g
11:16 AM	Girls	U15	90 Metre Hurdles	76cm	1	10:30 AM	Boys	U11	Javelin	Jav 1	400g
11:22 AM	Boys	U15	100 Metre Hurdles	76cm	1						
11:22 AM	Boys	U16	100 Metre Hurdles	76cm	1	11:30 AM	Girls	U13	Long Jump	LJ1	
11:24 AM	Girls	U17	100 Metre Hurdles	76cm	1	11:30 AM	Girls	U14	Long Jump	LJ2	
11:30 AM	Boys	U17	110 Metre Hurdles	76cm	1	11:30 AM	Boys	U12	Javelin	Jav 1	400g
11:45 AM	Girls	U09	400 Metre Run		3						
11:54 AM	Boys	U09	400 Metre Run		2						
12:00 PM	Girls	U10	400 Metre Run		2						
12:06 PM	Boys	U10	400 Metre Run		2						
12:12 PM	Girls	U11	400 Metre Run		2						
12:18 PM	Boys	U11	400 Metre Run		2						
12:24 PM	Girls	U12	400 Metre Run		2						
12:30 PM	Boys	U12	400 Metre Run		2						
12:36 PM	Boys	U13-U17 MC	400 Metre Run		1						
12:39 PM	Girls	U13	400 Metre Run		2						
12:45 PM	Boys	U13	400 Metre Run		1						
12:48 PM	Girls	U14	400 Metre Run		1						
12:51 PM	Boys	U14	400 Metre Run		2						
12:57 PM	Girls	U15	400 Metre Run		1						
12:57 PM	Girls	U16	400 Metre Run		1						
1:00 PM	Boys	U15	400 Metre Run		1						
1:03 PM	Girls	U17	400 Metre Run		1						
1:06 PM	Boys	U16	400 Metre Run		1						
1:06 PM	Boys	U17	400 Metre Run		1						

Timetable Final, subject to change -5th February 2024