

# Seaford Little Athletics Centre Inc.



@seafordlittleaths



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New Members  
& ALL abilities welcome  
Ages 5-15

Address  
Riviera Reserve  
Eel Race Rd, Seaford 3198

Seasons  
Track and Field  
Oct - April  
Cross Country  
May - Sept

Subject to change

## Season LAC Calendar

### Cross Country & Winter Race Walking 2024

9am start at Seaford North Primary School Oval

- April 20th Working Bee and possible trial run, untimed TBA.
- April 27th Season Opener - Nominated Times Teams Relay
- May 4th XC Run, Racewalks \*
- May 11th XC Run, Racewalks \*
- May 18th XC Run \*
- May 25th XC Run \* (Seaford V Frankston Challenge p1 – @ Frankston, Ballam Park)
- June 1st *Seaford Open Day (Enter via Results HQ)*
- June 8th *State Cross Country Relays Championships @ Venue TBA (U9-U17) – separate entry cost*
- June 15th XC Run, Racewalks \*
- June 22nd XC Run \*
- June 29th XC Run, Racewalks \*
- July 6th *No XC (School holidays)*
- July 13th *XC Region SMR - venue TBA – for U9-U17 – separate entry cost*
- July 20th XC Run \*
- July 27th XC Run, Racewalks \* (Seaford V Frankston Challenge p2 – @ Seaford)
- August 3rd XC Run, Racewalks \*
- August 10th *State XC @Venue TBA (U9-U17 who qualify from SMR Regions)*
- August 17th Nominated times individual XC Run or Racewalks
- August 24th Handicap event, fun morning, sausage sizzle & **Cross-Country Presentations**

***Please note this calendar can be altered at any time***

***\* = points round.***