



**Little  
Athletics**  
Victoria

**TO: Centre Secretaries**  
**FROM: Anthony McIntosh – Chief Executive Officer**  
**DATE: Wednesday, 28<sup>th</sup> July 2021**  
**SUBJECT: COVID-19 restrictions update**

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The State Government has released the [Restricted Activity Directions \(Victoria\) \(No. 20\)](#) setting out the conditions for lifting of the COVID-19 lockdown in Victoria, effective from last night.

LAVic advises the following implications for the conduct of sanctioned Little Athletics activities:

- The wearing of masks is mandatory for all in attendance 12 years and over, at all times, when not competing or training.
- Coaches, officials and parents are required to wear masks at all times.
- Indoor and outdoor spaces are subjected to a maximum density quotient of 1 person per 4 square metres.
- A maximum of 100 people are permitted indoors at any one time subject to the density quotient.
- A maximum of 300 people are permitted outdoors at any one time subject to the density quotient.
- Community sport is excepted from rule 5 (3) (d) '*the number of members of the public in a group at any one time is limited to 10*', but it is required to comply with Rule 5 (4) (b) '*ensure at all times that only the minimum number of people required to conduct the community sport activity are present for that purpose*'. This means that Little Athletics as a community sport can have a group size (event size) that is required to conduct the activity. This means it is not limited.
- Centres/organising bodies must ensure at all times that only the minimum number of people required to conduct Little Athletics activities are present for that purpose. Supervising parents, coaches, officials, committee members, volunteers may be necessary for the conduct of Little Athletics, depending upon the nature of the activity.
- All in attendance must check in with the State Government QR Code service.
- A [COVID Safe Official](#) (CSO) must be in attendance at all competition and training activities. A key priority for CSOs is to ensure all present, register their attendance via the QR Code service.
- A 'get in, compete/train, get out' approach applies.

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**Foundation for all sports**

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For Centres/organising bodies conducting Cross-Country competitions where more than 300 people would typically be in attendance, the following approaches can be considered to ensure the Centre/organising body remains compliant within the restrictions, and no more than 300 people are in attendance at any one time:

1. Split the program, leaving a period of time (say 30 minutes) between sessions to allow the parents & athletes from the earlier session to depart prior to arrival of athletes & parents for the subsequent session.
2. Mandate that only one supervising parent/guardian per athlete be permitted to attend unless that parent is required by the Centre to fulfil a duty, in which case an additional parent/guardian may attend, as long as the maximum cap of 300 is not exceeded.

The LAVic Team.

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