Competition Regulations

In Conjunction with the LAVic Competition Rules

2026/27

Version 6.0
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PREFACE

Little Athletics Competitions in Victoria are conducted in accordance with the Competition Rules of Little Athletics Australia (LAA).

LAA use the World Athletics (WA) rules as the basis for the rules and make modification to suit the ages, nature and abilities of athletes participating in Little Athletics.

LAA use the World Para Athletics (WPA) rules as the basis for the multi-Class rules and make modification to suit the ages, nature and abilities of multi-Class athletes participating in Little Athletics.

The Competition Rules are to be used at all levels of competitions in Little Athletics to ensure a consistent and safe program is offered to all participants.

These Competition Regulations and Event Plans are the administrative processes that assist in providing a consistent and safe program to all participants.

These are the processes and specific rules that apply to competitions conducted at Centre, Region and State level.

LAVic COMPETITION REGULATIONS

LAVic RULE 601: STATE & REGION COMPETITIONS

1. LAVic will conduct the following State Championships with qualifying competitions as indicated:

Championship	Qualifying Competition(s)
State Relay Championships	Region Relay Carnivals
State Combined Event Championships	No qualifying competition
State Track & Field Championships	Region Track & Field Carnivals
State Cross-Country Championships	Region Cross-Country Carnivals
State Cross-Country Relay Championships	No qualifying competition
State Race Walking Road Championships	No qualifying competition
Winter Track & Field Championships	Winter Track & Field Series

LAVic RULE 602: PARTICIPATION REQUIREMENTS FOR REGION & STATE COMPETITIONS

1. To participate in any Competition an athlete must:

- **(a)** Be registered as a Competitive Member, as per Regulation 7 - Registration of Competitive Members.
- **(b)** For all individual events, be a LAVic financial registered competitive member in their correct age group by the closing date and time of entries for the competition.
- **(c)** For Relay competitions, refer to Rule 612 for additional requirements.
- **(d)** Only compete at a LAVic approved competition.
- **(e)** Have met any additional participation requirements of the competition (Refer LAVic Rule 602.6).

2. To participate in any Competition, a Multi-Class athlete must, in addition to Rule 602.1:

- **(a)** Hold a Provisional or Full Classification prior to the date of the competition.

(b) Hold a provisional or full classification in the following classifications.

- T/F01 – Hearing Impairment
- T/F11-13 – Visual Impairment
- T/F20-21 – Intellectual Impairment
- T31-54; F31-57 – Physical Impairment
- T/F60 – Transplant
- T/F61-64 – Physical Impairment
- T71-72 – Frame Running

(c) All events will be conducted as multi-Class events. Competitors will compete against a Baseline standard time or distance for their classification. Placings will be determined by the competitor's time/distance calculated against a percentage of the Baseline standard for their classification.

(d) In all competitions involving throwing events, athletes must use the implement weight specified for their classification/age group.

3. Each Centre is responsible to LAVic for ensuring an athlete's registration details, and number of participation weeks attended is correct as per Regulation 6 – Terms for Affiliation of Centres.

(a) All results are to be recorded on a weekly basis, in the approved results program supplied by the Association.

(b) An athlete's attendance and results at another Centre's competition or Open Day, should be recorded in the approved results program supplied by the Association, of the athletes registered Centre. These are eligible to be used for participation requirements, according to Rule 602.3.

4. An athlete can only claim one LAVic approved competition per week from any Monday to the following Sunday.

5. A trial (maximum of two) may be claimed as a week of LAVic approved competition if the Trial athlete meets all participation requirements defined in this Rule.

Note: Trial athletes must be financial prior to the closing of entries for the competition to be eligible.

6. The following additional requirements must be met for athletes to compete in the following competitions, and to be eligible to qualify or progress to the relevant State Championships.

(a) Region Track & Field Carnivals:

(i) Athletes must have participated in a minimum of one week of LAVic approved competition within the qualifying period determined by LAVic. The qualifying period commences at the beginning of the Track & Field season in which the Region Track & Field Carnivals are being conducted and concludes at the closing date of entries for the Region Track & Field carnivals in the same season.

(ii) Only competitions organised by an affiliated Centre, Region or the Association, may be used as a LAVic approved competition.

(iii) To qualify or progress to the State Track & Field Championships, athletes must have competed in and finished in the overall top 10 placing in the relevant event at the Region Track and Field Carnival where the athlete's Centre is allocated, except for High Jump and Race Walks, refer to Rule 610.

(iv) To qualify or progress to the State Track & Field Championships, Multi-Class athletes will be progressed based on their converted performance (percentage) at the Region Track & Field Carnival, up to the maximum field size for each event.

(b) Region Relay Carnivals & State Relay Championships:

(i) All Athletes in a team must be a LAVic financial registered competitive member in their correct age group before that team entry will be confirmed.

(ii) If a Team change occurs after the submission of entries, all athletes must be a LAVic financial registered competitive member in their correct age group by the submission of the Team Change Summary form.

(c) State Combined Event Championships:

(i) No additional requirements

(ii) Entry caps on registrations apply, Refer to Rule 604

(d) State Cross-Country Relay Championships:

(i) All Athletes in a team must be a LAVic financial registered competitive member in their correct age group before that team entry will be confirmed.

(e) State Cross-Country Championships:

(i) Competed and completed the relevant event at the Region Cross-Country Carnival.

(f) State Race Walking Road Championships:

(i) No additional requirements

(g) Winter Track and Field Championships:

(i) Qualification requirements will be advised at the start of each Winter T&F season.

7. There is no appeals process to participate at the Region Track & Field Carnival, if participation requirements have not been met.

8. There are no exemptions permitted for direct entry into the State Track & Field Championships or State Cross-Country Championships.

9. Except for competitions where age group promotion is permitted, athletes will only compete in the age group applicable to their date of birth.

10. If an ineligible athlete/team competes in a competition that athlete/team will be disqualified from that competition.

LAVic RULE 603: ENTRIES INTO REGION & STATE COMPETITIONS

Region & State Competitions

1. The submission and payment of entries will be determined by LAVic.

2. Entries will close at the date and time set by LAVic.

3. The Organising body will set the maximum number of athletes or teams allowed to compete in each event.

Track & Field Competitions

4. Athletes will be limited to enter a maximum of Five events at the Region Track & Field Carnival.

(a) If a Region conducts events not offered at State, athletes may participate in these invitational events as well, in addition to the maximum of five events.

(b) All events offered must be compliant with the Standard Events table for each applicable age group and gender.

(c) Multi-Class athletes cannot participate in the same event in both Multi-Class and Able Body.

Note: Multi-Class athletes will be limited to a maximum of 5 events.

Note: Entries into Region Track & Field Carnival will only be provisional until participation requirements have been met.

Relay Competitions

5. For Relay competitions athletes will be limited to enter a maximum of four event types on any one day of competition. (See LAVic Rule 612 for listing of the event types)

6. Multi-Class athletes cannot participate in the same event type in both Multi-Class and Able Body.

7. Athletes cannot compete in the same event type in 2 different age groups, regardless of the leg or distance being run.

8. Centres & Regions may enter teams for any of the event types conducted.

9. Centres & Regions must submit the names of athletes competing for each event type and age group on a Team Summary form to LAVic by the requested date/time.

10. The Team Summary forms identify all teams, event types and age groups each athlete is competing in for the entire day.

11. If there are any changes on the day, a Team Change Summary form must be submitted to the Administration Manager / Communications no later than 45 minutes prior to the relevant event(s).

12. During the online registration process, multiple teams can be entered for an event type.

13. The designated fine of $250.00 may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements, in addition to any sanctions applied on the day as per Rule 612.

State Cross-Country Relay Competitions

14. For State Cross-Country Relay competitions, athletes will be limited to enter one event only.

15. Centres / Regions may enter teams for any of the events conducted.

16. For each competition, Centres/Regions must submit the names of athletes comprising each team for each event to LAVic by the designated date/time.

17. The Centre/Region Team Manager must validate and sign any lodged Centre/Region team sheets (these will be considered signed if they are submitted via email).

18. The designated fine of $250.00 may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements.

Cross-Country Competitions

19. Team entries will not be required to be submitted. Teams will be determined based on the individual placing of athletes in the event.

LAVic RULE 604: EVENTS CONDUCTED AT STATE CHAMPIONSHIPS

1. The following tables list the events held for State Championships and the number of qualifiers by place per Region and the maximum field sizes permitted for the State Championship event.

Note: Regions may offer additional invitational events, however these cannot be events not allowed for that age group. e.g., U9 cannot compete in Triple Jump.

Summer Events

Event		Age Group/Maximum Field Size									Qualifiers by place per Region
		U9	U10	U11	U12	U13	U14	U15	U16	U17	
70m		24	24								1
100m		24	24	24	24	24	24	24	24	16	1
200m		24	24	24	24	24	24	24	24	16	1
400m		24	24	24	24	24	24	24	24	16	1
800m		16	16	16	16	16	16	16	16	16	1
1500m				24	24	24	24	24	24	16	1
60m Hurdles		24	24								1
80m Hurdles				24	24	24	G-24				1
90m Hurdles							B-24	G-24	G-16		1
100m Hurdles								B-24	B-16	G-16	1
110m Hurdles										B-16	1
200m Hurdles						24	24				1
300m Hurdles								24	16	16	1
700m Race Walk		24									1*
1100m Race Walk			24	24							1*
1500m Race Walk					24	24	24	24	24	16	1*
High Jump		24	24	24	24	24	24	24	16	16	1*
Long Jump		24	24	24	24	24	24	24	16	16	1
Triple Jump				24	24	24	24	24	16	16	1
Discus		24	24	24	24	24	24	24	16	16	1
Javelin				24	24	24	24	24	16	16	1
Shot Put		24	24	24	24	24	24	24	16	16	1
Relays	4x100m	24	24	24	24	24	24	24	16	16	1
	4x100m Mixed	24	24	24	24	24	24	24	16	16	1
	4x200m	16	16	16	16	16	16	16	16	16	1
	4x200m Mixed	16	16	16	16	16	16	16	16	16	1
	Swedish Medley	16	16	16	16	16	16	16	16	16	1
	Field Relay					16	16	16	16	16	n/a
Combined Event	5 events	72	72	72	72	54					n/a
	6 events						36				n/a
	7 events							36	24	16	n/a

*NOTE: Additional minimum standard qualification requirements for Race Walks and High Jump apply (refer Rule 610).

Summer Events – Multi-Class

Event		Age Group/Maximum Field Size			Qualifiers by place per Region
		U9-U10	U11-U12	U13-U17	
100m		24	24	24	n/a
200m		24	24	24	n/a
400m		16	16	16	n/a
800m		16	16	16	n/a
Long Jump		24	24	24	n/a
Javelin			24	24	n/a
Discus		24	24	24	n/a
Shot Put		24	24	24	n/a
Relays	4x100m	16	16	16	n/a
	4x200m	16	16	16	n/a
Combined Event	4 events	16	16	16	n/a

Winter Events (Note: No maximum field size for events listed in table below)

Event		Age Group									Qualification Requirement
		U9	U10	U11	U12	U13	U14	U15	U16	U17	
Cross-Country	1.5km	✓	✓								Must complete Region Cross-Country event.
	2.0km			✓	✓						
	3.0km					✓	✓	✓	✓	✓	
Cross-Country Relays	3 x 1.0km	✓	✓								No qualifying competitions.
	3 x 1.5km			✓	✓						
	3 x 2.0km					✓	✓	✓	✓	✓	
Race Walk Road Champs	1.0km	✓									No qualifying competitions.
	1.5km		✓	✓							
	2.0km				✓	✓	✓				
	3.0km							✓	✓	✓	

Event		Multi-Class Age Group			Qualification Requirement
		U9-U10	U11-U12	U13-U17	
Cross-Country	1.5km	✓			Must complete Region Cross-Country event.
	2.0km		✓	✓	
Cross-Country Relays	3 x 1.0km	✓			No qualifying competitions.
	3 x 1.5km		✓	✓	

Qualifiers by place per Region – The number of athletes/teams from each Region to automatically qualify for the State Championship in that event. Athletes/teams must have attained any qualifying standards that may be set for that event, refer LAVic Rule 610 for High Jump and Race Walks.

Maximum field size – The maximum number of athletes/teams permitted for each event. The field consists of qualifiers by place per Region and qualifiers by performance across all Regions.

Qualifying for State Championships

2. The details for qualifiers by place and qualifiers by performance for each specific State Championship event are detailed in Rule 604 table, above.

3. When qualifying competitions are held, an athlete/team will only be eligible to qualify in an event for the State Championship by having met any participation requirements and any qualifying standards for that event.

4. In the case where a re-run of an event has occurred only the results of the re-run event will be used.

Note: A re-run only occurs if unforeseen circumstances require the event to be re held.

Note: Run / Jump / Throws offs are not conducted in the case of equal performances, all places & performances remain equal, after the application of the applicable countback rules.

5. For High Jump, if the athletes are still equal after the application of the countback rule, the athletes concerned will be awarded the same place; there is no jump off for any placings including first place.

6. LAVic will combine the results of athletes/teams from all qualifying competition events to determine qualifying positions by performance for that event.

7. Athletes must have competed in and finished in the overall top 10 placings in the relevant event at the Region Track and Field Carnival where the athletes' Centre is allocated, except for High Jump and Race Walks (refer to Rule 610).

8. Multi-Class athletes will be progressed based on their converted performance at the Region Track & Field Carnival, and Region Relay Carnival up to the maximum field size for each event.

9. If there are insufficient entries, or if places and performances are equal, only clear progressions will be advanced, i.e., a field may be less than the allowed maximum field size. Note that countback rules do not apply when separating performances achieved at 2 or more separate events.

10. In the case of an error in publication the matter should be referred to LAVic.

Replacement of Athletes/Teams at State Championships

11. Athletes or Centres are to advise the LAVic office if an athlete/team who has qualified for the State Championship of any given event, does not intend to participate in that event, to progress the next qualified athlete/team.

12. Only eligible athletes/teams who meet the qualifying criteria for that event are eligible for replacement.

13. The next athlete/team on performance across all qualifying competitions who has met the qualifying criteria for that event will be invited to compete.

14. There will be an initial release of qualifiers from LAVic, followed by a specified time to accept any withdrawals and then a final list of qualifiers will be published highlighting any newly qualified athletes/teams. Once the final list is posted, no new athletes/teams will be progressed.

Call Room, Scratch Forms at State Championships

15. At each State Championships, if Call Rooms are being used, athletes are required to be at the Call Room according to the times listed in Rule 614. If Call Rooms are not being used, athletes will need to be at the confirmed Marshal Points, at the times listed in Rule 614, unless advised by the official announcements.

Note: Field Call Rooms will not be used at the State Combined Event and the State Track & Field Championships. They will be optional for Regions.

16. The Organising Body will advise if Scratch Forms are to be used at each event.

LAVic RULE 605: POSTPONEMENT OR CANCELLATION OF EVENTS OR COMPETITION

1. The Competition Director, Meeting Manager & Referees must consult with the LAVic Event Director (CEO) as outlined in the LAVic Severe Weather Policy to decide if the remainder of the

program yet to be conducted will be postponed, cancelled or relocated due to conditions being such that safety of athletes and/or Officials is at risk. The LAVic Event Director (CEO) will have sole responsibility to make this decision.

2. Once a competition has commenced the Referee, in consultation with the Competition Director, Meeting Manager and Event Chief Officials will have the responsibility to decide if individual event is to be postponed, cancelled or relocated due to conditions being such that safety of athletes and/or Officials is at risk.

3. Events effecting ALAC Selections must be re-scheduled first where specific events or the program are/is postponed.

4. The Organising Body in consultation with the LAVic Event Director will decide whether events not conducted on the day are conducted at a future date or cancelled for that year.

5. In the event of the program being abandoned for the day, all track events completed, and completed rounds of field events, will stand.

6. If a field event, except High Jump, is restarted, athletes are eligible to complete the event in accordance with the Competition Rules.

7. If a field event, except High Jump, is not restarted, and all athletes have completed at least half the number of rounds allowed, then that event will be deemed to have been finished, and results will be based on performances over the completed rounds only.

8. In a High Jump event where there are four or less athletes in the event when it is stopped, then the event will be deemed to have been finished and results based on performances recorded after the last completed round.

9. In a High Jump event where the number of athletes exceeds four and the event is restarted then only those athletes who have not been disqualified from further jumping will be eligible to continue in the event. The event restart will have the bar set one increment above the height set for the last full round of jumps completed before the event was stopped. A full round is one which includes an athlete passing their turn by choice.

Note: The Event Chief Judge may allow each athlete up to two practice trials at various heights before the event restarts.

LAVic RULE 606: PRESENTATIONS

1. For each **State Track and Field Championship Event**:

- **(a)** Medals will be presented to the first three placegetters, in either the Final or the finalised times from the Timed Finals, or the converted performances for Multi-Class events.
- **(b)** Ribbons will be presented to fourth to eighth placegetters, as above.

2. For each **State Relay Championship Event**:

- **(a)** Medals will be presented to the first three placegetters, in either the Final or the finalised times from the Timed Finals, or the converted performances for Multi-Class events. (Team of 4 athletes only).
- **(b)** A team pennant will be presented to the first three placegetters, as above.

3. For each **State Combined Event Championship Event**, (Total points):

- **(a)** Medals will be presented to the first three placegetters.
- **(b)** Ribbons will be presented to fourth to eighth placegetters.

Note: Medals or Ribbons will not be presented to placegetters in the individual disciplines of the Combined Events.

4. For each **State Cross-Country Championship Individual event**:

- **(a)** Medals will be presented to the first three placegetters, or the converted performances for Multi-Class events.
- **(b)** Ribbons will be presented to fourth to eighth placegetters, as above.

5. For each **State Cross-Country Championship Team event**:

- **(a)** Medals will be presented to the first three placegetters, or the converted performances for Multi-Class events. (Team of 3 athletes only).

6. For each **State Cross-Country Relay Championship event**:

(a) Medals will be presented to the first three placegetters, or the converted performances for Multi-Class events. (Team of 3 athletes only).

7. For **Region / State Invitation athletes / events**:

(a) Ribbons may be presented to first three placegetters.

8. For **Region Carnivals**:

(a) Medals will be presented to the first three placegetters, in either the final or the finalised times from the timed finals, or the converted performances for Multi-Class events. Team numbers as per State events.

9. For **Winter Track and Field Championships:**

(a) Medals will be presented to the first three placegetters in each Age Group.

10. For both the Region and State competitions, approved Centre Uniforms must be worn at the presentation ceremony.

LAVic RULE 608: EQUIPMENT

General

1. The Organising body will provide all equipment, apparatus and implements for all competitions. Athletes' private implements may not be used.

Fully Laned Track Events

2. Fully Automatic (including automatic start) electronic timing systems must be used at all Region and State Relay, Track and Field and Combined Event competitions.

Implements

3. Once certified to LAVic specifications, Regions are not required to have their field event equipment checked each year. Regions are required to check the status of all equipment prior to the commencement of the season, to ensure the equipment is in good condition. If any equipment is deemed inappropriate for use, it is to be removed from the available pool, new implements will then be purchased by LAVic on behalf of the Region. All new implements will then be certified by LAVic prior to being sent and added into the pool of equipment for the Region's use.

LAVic RULE 609: TEAM MANAGERS

1. Centres and Regions may appoint up to two accredited Team Managers for competitions for which athletes/teams are competing. The Organising body may allow more than two accredited Team Managers from a Centre or Region. The names and other contact details of the Team Managers must be submitted to the Organising body by the date listed on the portal.

2. At each competition, accredited Team Managers must report to the Administration Manager / Communications, sign the attendance register and receive their official identification. This identification must be worn to ensure that only accredited Team Managers gain entry to the Arena in case of a clash of events or for official discussions with the Referee, Meet Manager, Jury of Appeal or Administration Manager.

3. Any Centre and/or Region that fails to appoint a Team Manager prior to the commencement of any State/Region event will not be eligible to lodge any queries or protests at that event.

LAVic RULE 610: STATE TRACK AND FIELD CHAMPIONSHIP QUALIFYING STANDARDS

1. Except for the following events there are no qualifying standards that need to be met:

High Jump

2. The following table indicates the starting height for each age group at the State Track and Field Championship.

Note: The U9 & U10 age group is restricted to scissor technique only

Age	U09	U10	U11	U12	U13	U14	U15	U16	U17
Girls	0.85m	0.90m	1.05m	1.15m	1.20m	1.25m	1.30m	1.35m	1.35m
Boys	0.90m	1.00m	1.15m	1.25m	1.30m	1.35m	1.40m	1.45m	1.45m

3. Athletes who fail to clear at least the height listed for their age group at Region Track and Field Carnival will not automatically qualify or be progressed to the State Track and Field Championship Final, regardless of their place at Region, including first place.

4. Region Track & Field Carnival starting heights will be set at 10cm below the State Track & Field starting heights for each age group.

Race Walks

5. Athletes who equal or better the time listed in the table for their age group at the Region Track & Field Carnival will be eligible to be progressed to the State Track and Field Championships.

6. The maximum field size is 24 athletes (16 for U17).

7. Where a full field does not exist, the Organising body will have the discretion to progress athletes who have narrowly missed these times.

Age Group	Distance	Time
U09	700m	6 mins 25 secs
U10	1100m	8 mins 30 secs
U11	1100m	8 mins 30 secs
U12	1500m	11 mins 00 secs
U13	1500m	10 mins 30 secs
U14	1500m	10 mins 30secs
U15	1500m	10 mins 30 secs
U16	1500m	10 mins 30 secs
U17	1500m	10 mins 30 secs

Note: There are no qualifying time requirements for entry into Region Carnival events.

LAVic RULE 611: DRAWS AND QUALIFICATIONS IN TRACK EVENTS

Region Carnivals and State Championships

1. All track events at the Region Carnivals and State Championships for both Track & Field and Relays are either a Final or Timed Finals. Qualifying Heats are no longer conducted to progress to the Final.

Note: Where guide runners are used by athletes in classes T11 and T12, lanes allocated for all races should be every second lane. For example: Lanes 1, 3, 5 ,7 or 2, 4, 6, 8 etc.

Finals & Timed Finals – Region Carnivals and State Championships

2. The following is used for both Region Carnivals and State Championships when determining the number of finals to be conducted as a Final and Timed Finals.

70m, 100m, 200m, 400m, 60m - 300m Hurdles

Where there are more declared entries than lanes available, athletes will be placed in finals up to a maximum of the number of lanes available per final. A series of Timed Finals will be used to determine the overall placing of athletes. i.e., Heats and Finals will not be conducted.

800m

Where there are more than 16 declared entries, athletes will be placed in finals up to a maximum of 16 athletes per final. A series of Timed Finals will be used to determine the overall placing of athletes. i.e. Heats and Finals will not be conducted.

4 x 100m, 4 x 200m & Medley Relays

Where there are more than 8 declared entries, Teams will be placed in finals up to a maximum of 8 Teams per final. A series of Timed Finals will be used to determine the overall placing of Teams. i.e., Heats and Finals will not be conducted.

1500m and Race Walks

Where there are more than 24 declared entries, athletes will be placed in finals up to a maximum of 24 athletes per final. A series of Timed Finals will be used to determine the overall placing of athletes. i.e., Heats and Finals will not be conducted.

Mixed Gender / Mixed Age Events

The Organising body may combine age and/or genders to make full fields. Athlete performances will be used to determine places in each age group and gender.

Ranking and Composition of Timed Finals

3. Region Carnivals:

(a) Athletes / Teams will be randomly placed in finals in those events conducted as Timed Finals.

(b) The allocation of lanes for a Timed Finals, will be random.

4. State Championships:

(a) Athletes shall be allocated lanes and seeded to a Timed Final based on the performances achieved during the Region Carnivals.

(i) Depending upon the number of declared entries, based on the maximum field size as per Rule 604, the Timed Finals will be conducted from slowest to fastest. The last Timed Final will contain the fastest athletes / teams based on the performances achieved during the Region Carnivals.

(ii) In each Timed Final containing 8 or fewer athletes, the allocation of lanes will be in three draws:

- Four highest ranked athletes / teams will be randomly allocated lanes 3,4,5 & 6
- Fifth and sixth ranked athletes / teams will be randomly allocated lanes 7 & 8.
- Seventh and eighth ranked athletes / teams will be randomly allocated lanes 1 & 2.

(iii) In each Timed Final containing 9 or 10 athletes, the allocation of lanes will be in three draws:

- Four highest ranked athletes / teams will be randomly allocated lanes 3,4,5 & 6
- Fifth and sixth ranked athletes / teams will be randomly allocated lanes 7 & 8.
- Seventh to tenth ranked athletes / teams will be randomly allocated lanes 1,2,9 & 10.

Ranking and Composition of a Single Final

5. In the 800m, 1500m, Race Walks and Out of Stadia events at the State Championships, where only one Final is required, lanes / starting positions will be random.

6. At the State Championships, if only one Final is required in a laned event, the allocation of lanes will be in three draws, based on the performances from the Region Carnivals.

- Four highest ranked teams will be randomly allocated lanes 3,4,5 & 6.
- Fifth and sixth ranked teams will be randomly allocated lanes 7 & 8.
- Seventh and eighth ranked teams will be randomly allocated lanes 1 & 2.

7. For events run entirely in lanes at either the Region Carnivals or State Championships, it is permissible to have one Final greater than 8 athletes / teams, where the venue is capable to cater for more than 8 lanes. In this instance, the seventh to tenth ranked athletes/teams will be randomly allocated lanes 1,2,9 & 10.

8. In the situation where insufficient athletes / teams present to the Call Room, and Timed Finals

are scheduled, then the event can be collapsed into one Final. The Final is to be conducted at or near the scheduled Timed Final time, within the same event block. This allows the organising body time to re-seed and allocate lanes if required, without penalising the athletes / teams that have prepared and presented to the Call Room in readiness to compete.

LAVic RULE 612: RELAY TEAMS

Team Composition

The following table lists the Relay Event Type and the Team composition. As all events are either a Final or Timed Finals, based on entries, Team composition for track events is only 4 athletes.

Event Type	Age Group	Team Composition
4 x 100m	U9 - U17 B & G	4
4 x 200m	U9 - U17 B & G	4
Swedish Medley (100m,300m,200m,400m)	U9 - U17 B & G	4
Mixed Sex 4 x 100m	U9 - U17 MS	2 x Boys, 2 x Girls
Mixed Sex 4 x 200m	U9 - U17 MS	2 x Boys, 2 x Girls
Multi-Class 4 x 100m	U9 – U17 MT	4 (any combination)
Multi-Class 4 x 200m	U9 – U17 MT	4 (any combination)
Field Relay	U13-U17 B & G	3

B – Boys Only **G** – Girls Only **MS** – Mixed Sex **MT** – Mixed Teams

Note: Submission of Team Summary Forms, Team Entries & Event Types to be conducted will be confirmed, the below details will be updated once the structure is finalised.

1. Mixed Teams in Multi-Class Relays is any combination of athletes to make up a Team of 4, if age group promotion rules apply. A Mixed Team in Multi-Class, can be any combination of 4 boys, 4 girls, 3 boys & 1 girl, 3 girls & 1 boy, 2 boys & 2 girls.

2. For the Region Relay Carnivals and State Relay Championships, Centres & Regions must submit the names of athletes competing for each event type and age group on a Team Summary form to LAVic by the designated closing date/time.

3. The Team Summary form identifies all event types and age groups (if promoted) an athlete is competing in for the entire day.

4. Athletes must be a LAVic financial registered competitive member by the submission of the Team Summary form.

5. If there are any changes on the day at Region or State, a Team Change Summary form must be submitted to the Administration Manager / Communications no later than 45 minutes prior to the relevant event(s).

6. If a Team change occurs, all athletes must be a LAVic financial registered competitive member in their correct age group, prior to the submission of the Team Change Summary form.

7. The original Team forms identifying the names of the 4 athletes competing in each team, has been replaced by the Team Summary form.

8. An athlete may compete in a maximum of **four event types**.

9. Multi-Class athletes cannot participate in the same event type in both Multi-Class and Able Body.

10. At Region or State, athletes cannot compete in the same event type in 2 different Teams, e.g., Team A and B, or a Centre Team and a Region Team. However, this does not alter the ability to change teams according to these rules.

11. Athletes cannot compete in the same event type in 2 different age groups, regardless of the leg or distance being run.

12. If a dispute arises as to the eligibility of any athlete in a team to compete the event will be run at the advertised time with the listed teams and the Team Manager of the team in dispute will be informed that the team may be disqualified if it is subsequently found that any athlete in the team was ineligible to compete

13. In the event of a re-run, the same four athletes for each team that competed in the original

race must compete in the re-run. The running order of athletes is permitted to change in any re-run.

14. The designated fine of $250.00 per team may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements.

15. In the event of one or more athletes nominated in a Team becoming unavailable after the initial nomination of teams, LAVic, at the discretion of the Competition Manager, may allow a team to change from a Centre team to a Region team or vice-versa or allow a team to change age groups up until the finalization of the relevant result files for the Region Carnivals.

16. No changes from Centre to Region teams or vice-versa, or changes in a team's age group are permitted after the relevant result files have been finalized for the Region Carnivals and no changes can occur between the Region Carnivals and State Championships.

Field Relays

17. LAVic will offer Field Relays for Under 13 to Under 17 athletes at State Championships.

18. Events will be offered for both Boys and Girls in the following age groups:

- **(a)** Under 13
- **(b)** Under 14
- **(c)** Under 15
- **(d)** Under 16 & Under 17 (combined)

19. Field Relays are not available for Under 9 to Under 12 teams or for Multi-Class teams. Multi-Class athletes from the Under 13 to under 17 age groups may be included in an able-bodied Centre or Region team from the list above (612.16).

20. Athletes cannot be promoted from the Under 12 or younger age groups for the Field Relays.

21. Athletes from Under 13 or older can be promoted up to 2 age groups provided that this does not result in them using throwing implements that exceed their usual specifications.

22. Each team will consist of 3 athletes with one athlete competing in Shot Put, one competing in Discus and one competing in Long Jump.

23. Athletes will be given a score based on their finishing position in their individual event (e.g. 1st in Long Jump will score 1 point, 2nd will score 2 points etc.).

24. Scores from all 3 team members will be added together at the end of the event and the team with the lowest total score will be declared the winner.

25. In the event of a tie between one or more teams, the following will be used to determine the higher placegetter:

- **(a)** The team with the most first place results. If still tied, then the team with the most 2nd place results, then 3rd place results and so on.
- **(b)** If the teams cannot be separated using the step above, then the distances of all 3 athletes in each team will be added together with the highest total determining the higher placegetter.
- **(c)** In the unlikely event that neither (a) nor (b) can separate the teams, then they will be awarded the same place.

26. For the Under 16/17 Boys event, Under 16 implements (1kg Discus and 4kg Shot Put) will be used.

27. Entry for the Field Relays will be via direct entry only (no qualification via Region Carnivals). Centres will nominate their preferred number of teams for each event prior to the nominated closing date/time. If more than the maximum number teams for an event are nominated, entries will be determined via random draw with all "A" teams having priority over any additional teams nominated from Centres.

28. If the maximum number of teams is not filled with "A" teams, any remaining spaces will be filled with "B" teams selected via random draw, followed by "C" teams and "D" teams and so on.

29. Individual athletes from Centres wanting to compete but unable to fill a team within their Centre will be able to nominate to LAVic as an "additional athlete" and LAVic will endeavour to place them into a Region Team. Priority for Region teams will be given to athletes that do

not have any teams nominated from their Centre for the event.

30. Field Relays count towards an athletes' maximum number of events (4) that they can enter.

Age Group Promotion (Track Events)

31. Except for an athlete promoted to a higher age group, athletes must only compete in events listed for the age group in which they are registered.

32. Athletes cannot be promoted from the, U6, U7 or U8 age groups.

33. Athletes can be promoted as follows:

(a) All age groups except Multi-Class, no more than 2 age groups.

(b) Multi-Class athletes can be promoted into all available age group types.

34. If a Centre does not have sufficient athletes in an age group to form a team for:

(c) U10 to U17 Age Groups: The team may consist of any combination of age groups providing at least one athlete in the team must be in the age group for which the team is entered, and no athlete will have been promoted more age groups than stated above. For example, an U16 team may comprise an U16, an U15 and two U14 athletes.

(d) Athletes who are promoted up an age group(s) will compete under the rule modifications of their original age group.

Note: this is particularly important to the U9 - U10 athletes promoted into U11's, they are not permitted to use starting blocks or wear spikes.

35. A promoted athlete will be listed on the Team Summary form indicating their original age group.

Region Teams (Track Events)

36. A Centre within a Region which has six or less registered athletes in that age group may combine with any other Centre(s) within the Region which may have any number of registered athletes in the relevant age group, to form a Region team in that age group. Each team will be subject to the following:

37. Athletes cannot be promoted from the, U6, U7 or U8 age groups.

38. Athletes can be promoted as follows:

(e) All age groups except Multi-Class, no more than 2 age groups.

(f) Multi-Class athletes can be promoted into all available age group types.

39. Athletes who are promoted up an age group(s) will compete under the rule modifications of their original age group.

Note: this is particularly important to the U9 - U10 athletes promoted into U11's, they are not permitted to use starting blocks or wear spikes.

40. Team changes between Region and State or on the day prior to the closing time of submission of the Team Summary form, is to assist with the Region Team competing, not to aid a Centre Team.

41. Region Uniform: Unless advised otherwise by LAV, Region teams are to wear Region uniforms.

42. The LAV Competition Manager has the discretion to allow:

(a) A Centre Multi-Class team that competed at their Region Carnival to compete as a Region team at State Championships, should they require a substitute due to athlete unavailability and have no other eligible athletes available to compete from their Centre.

(b) For Multi-Class only, the formation of a Combined Team for Region Carnivals and/or State Championships consisting of athletes from different Regions if there are insufficient athletes available to form a Region team. If being formed for the Region Carnivals, the LAV Competition Manager will determine which Region each team will compete in.

LAVic RULE 613: CROSS-COUNTRY RELAY TEAMS

Team Composition

1. For all age groups except Multi-Class, Cross-Country team composition will consist of three athletes of the same gender. The Multi-Class teams must consist of 3 athletes, they can be a Mixed Team of any combination of boys and girls, or all from the same gender.

2. If a dispute arises as to the eligibility of any athlete in a team to compete the event will be run at the advertised time with the listed teams and the Team Manager of the team in dispute will be informed that the team may be disqualified if it is subsequently found that any athlete in the team was ineligible to compete.

3. In the event of a re-run, the same three athletes for each team that competed in the original race must compete in the re-run. The running order of athletes is permitted to change in any re-run.

4. The designated fine of $250.00 per team may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements.

5. In the event of one or more athletes nominated in a Team becoming unavailable after the initial nomination of teams, LAVic, at the discretion of the Competition Manager, may allow a team to change from a Centre team to a Region team or vice-versa or allow a team to change age groups up until the finalization of the relevant result files for the event.

Age Group Promotion

6. Except for an athlete promoted to a higher age group, athletes must only compete in events listed for the age group in which they are registered.

7. Athletes cannot be promoted from the, U6, U7 or U8 age groups

8. Athletes can be promoted as follows:

- **(a)** All age groups except Multi-Class, no more than 2 age groups.
- **(b)** Multi-Class athletes can be promoted into all available age group types.

9. A team may consist of any combination of age groups providing at least one athlete in the team must be in the age group for which the team is entered, and no athlete will have been promoted more age groups than permitted.

10. A promoted athlete must be listed in a team on the team sheet as a promoted athlete.

Region Teams

11. A Centre must make every attempt to form Relay teams using athletes from their own Centre, including age group promotion. If there are still athletes wishing to compete but cannot form a Centre team, then a Region team may be formed with athletes from other Centres within the same Region in the same situation. Each team will be subject to the following:

- **(a)** Regions must submit the names of athletes comprising each team for each event to the Organising body prior to closing date and time of entries.
- **(b)** Team composition and age group promotion as per Centre team composition above.

12. Region Uniform: Unless advised otherwise by LAV, Region teams are to wear Region uniforms.

13. For Multi-Class only, LAVic may, at its discretion, allow the formation of a Combined Team consisting of athletes from different Regions if there are insufficient athletes available to form a Region team.

LAVic RULE 614: CALL ROOM

1. All athletes must go through the Call Room (if a Call Room is being used) before their event, unless advised by the Organising body. Athletes who go directly to the event will not be allowed to participate, subject to Competition Rule 142, unless advised by the Organising body.

2. For Rule 614.1 above, an Event Clash Form given to the Call Room, before the Final Entry Time will be treated as if the athlete has attended the Call Room. In the case where a Field Event Call Room is not being used, the Clash Form submitted to the Field Event Chief / Recorder, prior to the Final Entry Time, or Final announcement for the athletes to assemble at the Marshal Point, will be treated as if the athlete has attended the Call Room / Marshal Point.

3. All Athletes and all guide runners / assistants must present to the Call Room in full-approved Centre uniform prior to the Final Entry Time.

4. Team Managers are not permitted inside the Call Room unless they are:

(a) Called by a Competition Official.

(b) Dropping off Event Clash or Scratch forms.

5. Within the Call Room the following will occur:

(a) Uniform checking.

(b) Event preparation – e.g., roll call, lane allocation, placement of hip numbers etc.

6. Call Room entry times and processes will be published for each event by the Organising body.

7. For the **State Relay Championships**, the times will be as follows, unless advised by the Organising body or official announcements.

(i) **First Entry Time** – 25 minutes prior to the scheduled event start time.

(ii) **Final Entry Time** – 20 minutes prior to the scheduled event start time.

(a) Athletes are to be at the Call Room no later than the Final Entry Time.

(b) For relays, all four runners must be present at the Call Room prior to the Final Entry Time.

8. For the **State Track & Field Championships**, the times will be as follows:

(a) **Track Events**, times for athletes to be at the Call Room will be:

(i) **First Entry Time** – 25 minutes prior to the scheduled event start time.

(ii) **Final Entry Time** – 20 minutes prior to the scheduled event start time.

(b) Athletes are to be at the Call Room no later than the Final Entry Time, unless advised by the Organising body, or official announcements.

(c) **Field Events**, times for athletes to assemble at the confirmed Marshal Points will be:

(i) **First Entry Time / announcement** – 25 minutes prior to the scheduled event time.

(ii) **Final Entry Time / announcement** – 20 minutes prior to the scheduled event time

(d) Athletes are to be at the Marshal Point, no later than the Final Entry Time, unless advised by the Organising body, or official announcements.

9. The event timetable will be published and will clearly state the event start time.

10. To determine the Call Room Final Entry Time, the Call Room should have a clock clearly displayed which the Call Room judges, and Call Room referee will use.

11. An announcement will be made around the Call Room area at the First Entry Time for athletes to enter the Call Room.

12. No event will leave the Call Room prior to the Call Room Departure Time unless ALL athletes are present, or covered under a Clash Summary Sheet, or correctly submitted Clash Form.

13. Athletes who present to the Call Room after the Final Entry Time, and prior to the athletes departing the Call Room, are liable to disqualification at the discretion of the Call Room Referee, if Call Rooms are being used, subject to Competition Rule 142.

14. Once the athletes / teams have departed the Call Room for that event, no further athletes / teams will be allowed to participate, unless covered under a correctly submitted Clash Form or listed on a Clash Summary Sheet.

15. Unless advised otherwise by the Competition Director / Meeting Manager all event Call Room Entry times will be as stated above.

Appendix 1 - DOCUMENT HISTORY

VERSION CONTROL

Date	Version #	Action Taken / Updates
August 2018	1.0	Creation of Competition Regulations as a separate document from Competition Rules. Instituted version control with August 2018 document becoming V1.0
September 2018	1.1	Amended Medal presentations for Relays – Region & State
May 2019	1.2	Update Cross-Country Relay Team composition
September 2019	1.3	Substantial update of Regulations, covering Relays, Multi-Class, Medals, Timed Finals, Call Room
January 2021	1.4	Substantial update of Regulations, changes to Relays, Track & Field, Combined Events and Multi-Class, due to COVID restrictions. Removal of Heats for Track & Field and Relays. Update of Multi-Class age groups, Relays and team changes, update of event table and qualification process.
February 2021	1.5	Amendments due to COVID restrictions with changes to Region Track & Field Carnivals, State Track & Field Championships, cancellation of Region Relays Carnivals and direct entry State Relays Championships.
October 2021	1.6	Amendments due to COVID restrictions with changes to participation and eligibility requirements. Confirmation of requirements for all athletes to be financial prior to the close of entries. Confirm entry numbers for State Combined Events, increase in events for Track & Field, Multi-Class athletes. Confirmation of Clash process and Call Rooms. Amend age group promotion for Multi-Class athletes.
January 2022	1.7	Amendments to include Multi-Class rules and regulations. Update to eligibility and participation requirements for Invitational athletes.
May 2022	1.8	Amendments to include Multi-Class rules and regulations for State Cross-Country Relays, for age group promotion and team composition rules.
July 2022	1.9	Amendments to include U17's into all events, update table of qualifiers and progressions to reflect participation rates in U16 and U17 age groups. Update Multi-Class age group type to be U13-U17 to reflect addition of U17's. Add 400mts to Multi-Class track & field events. Removal of rules due to cancellation of events and direct entry requirements.
October 2022	2.0	Amendment to Rule 604 – Events Conducted at State Championships. 16 teams to progress in each age group for the 4x200m event.
September 2023	3.0	Amendment to Rule 604 – Multi Class Javelin and 800m events added and U17 Walks number reduced to 16. Amendment to Rule 602 – allowance made for Multi-Class entrants to gain classification between event entry and date of competition. Amended Rules 612 and 613 to clarify that Region Teams wear Region Uniform unless advised otherwise by LAV. Several other minor wording changes with minimal effect on Regs.

September 2024	4.0	Added Race Walking Road Championships and Winter Track and Field Series to events along with entry requirements. Added provision for U16 & U17 athletes to qualify for State T&F Championships via AV State Championships due to clash of events. Clarified that countback rules don't apply across multiple events when working out progressions to State Championships. Added provision for track events to use more than 8 lanes where available. Added provision for LAVic to form Combined Multi-Class teams from multiple Regions for State Cross Country Relay Championships.
October 2025	5.0	Rule 601 – updated Competitions to include Winter Track & Field Championships (as well as existing Winter Track & Field Series).
October 2025	5.0	Rule 602 – added qualification requirements for State Winter Track & Field Championships (6.g.).
October 2025	5.0	Rule 604 – Added Field Relay (U13 to U17) to table of events. Removed references (including entire 604.11) of additional athletes qualifying for State Track & Field Championships via AV State Championships in U16 & U17 (was in place for 24/25 season only).
October 2025	5.0	Rule 606.7 – Updated to state that ribbons may be presented for invitational events/athletes.
October 2025	5.0	Rule 606.9 – Added that medals will be presented to the first three placegetters in each age group for Winter T&F Championships.
October 2025	5.0	Rule 612 – Added Field Relay to table of events for U13-U17.
October 2025	5.0	Rule 612 – Added 612.15 to 612.28 (and renumbered remaining existing regulations). Explanation of Field Relays including entry procedure, scoring system and team composition.
October 2025	5.0	Rule 612 – Updated heading of "Age Group Promotion" to "Age Group Promotion (Track Events)" and "Region Teams" to "Region Teams (Track Events)" to differentiate from newly added Field Relay section.
November 2025	5.1	Rule 603.11 – Changed to allow Team Changes on the day for Relay Teams to be submitted up to 45 minutes before each event.
November 2025	5.1	Rule 612.5 – Changed to allow Team Changes on the day for Relay Teams to be submitted up to 45 minutes before each event.
November 2025	5.1	612.25 – Updated Field Event entry procedure from "first in, best dressed" to ballot system.
November 2025	5.1	612.26 – Updated to clarify that "A" teams have priority of additional teams from the same Centre when ballot is done for Field Relay Teams.
November 2025	5.1	612.27 – Updated to clarify that athletes without a Centre team nominated have priority when forming Region teams for the Field Relays.
November 2025	5.1	612.40 – New Rule added giving LAVic Competition Manager the discretion to: a. Allow a Centre Multi-Class team from Region Relays to change to a Region team for State Championships. b. Allow the formation of a "Combined Team" from multiple Regions for Multi-Class Relays where formation of a Region team is not possible.
September 2026	6.0	602.1.b – Added "For all individual events".
September 2026	6.0	602.2.b – Added T71-72 to list of classifications.

September 2026	6.0	602.6.b.i – Reworded to change the requirement for athletes to be registered prior to entries closing to being registered before that team is confirmed.
September 2026	6.0	602.6.b.ii – Updated from "change occurs on the day" to "change occurs after the submission of entries".
September 2026	6.0	602.6.d – Updated to same wording as 602.6.b.i.
September 2026	6.0	603.9 – Updated that summary forms need to be lodged with LAVic by designated date/time (rather than 60 minutes prior to start of block).
September 2026	6.0	603.16 – Updated to state that athlete names must be submitted to LAVic by the designated date/time.
September 2026	6.0	603.17 – Updated from needing to be signed at completion of event to being signed when lodged and acknowledging that lodgement via email is considered signed.
September 2026	6.0	604 – Updated and reformatted tables. Combined Event field size limits added to table. Limit of 16 per age group added for Multi-Class Combined Event.
September 2026	6.0	609.3 – Added to clarify that any Centre/Region that fails to nominate a Team Manager for an event loses the right to lodge any queries or protests.
September 2026	6.0	612.2 – Updated from 60 minutes prior to block to date/time designated by LAVic.
September 2026	6.0	612.4 – Updated to state must be a member by submission of Team Summary form.
September 2026	6.0	612.15 & 612.16 – Added to clarify when changes to nominated teams (from Centre to Region or vice-versa or change of age group) can be made for Relays.
September 2026	6.0	613.5 – Added to clarify when changes to nominated teams (from Centre to Region or vice-versa or change of age group) can be made for Cross-Country Relays.