

## SATURDAY MORNING SESSION

TRACK						
Draft Time	Evt#	Gender	Age	Event	Heights	Round
8:30 AM	1	Boys	U09	700 Metre Race Walk		Final
8:40 AM	2	Girls	U09	700 Metre Race Walk		Final
8:50 AM	3	Boys	U10	1100 Metre Race Walk		Final
9:01 AM	4	Girls	U10	1100 Metre Race Walk		Final
9:12 AM	5	Boys	U11	1100 Metre Race Walk		Final
9:23 AM	6	Girls	U11	1100 Metre Race Walk		Final
9:34 AM	7	Boys	U12	1500 Metre Race Walk		Final
9:47 AM	8	Boys	U15	1500 Metre Race Walk		Final
9:47 AM	9	Girls	U15	1500 Metre Race Walk		Final
10:00 AM	10	Boys	U16	1500 Metre Race Walk		Final
10:00 AM	11	Girls	U16	1500 Metre Race Walk		Final
10:00 AM	12	Boys	U17	1500 Metre Race Walk		Final
10:00 AM	13	Girls	U17	1500 Metre Race Walk		Final
10:13 AM	14	Girls	U12	1500 Metre Race Walk		Final
10:26 AM	15	Boys	U14	1500 Metre Race Walk		Final
10:26 AM	16	Girls	U14	1500 Metre Race Walk		Final
10:39 AM	17	Boys	U13	1500 Metre Race Walk		Final
10:52 AM	18	Girls	U13	1500 Metre Race Walk		Final
11:15 AM	19	Boys	U17	300 Metre Hurdles	76cm	Final
11:18 AM	20	Girls	U17	300 Metre Hurdles	76cm	Timed Finals (2)
11:24 AM	21	Boys	U16	300 Metre Hurdles	76cm	Final
11:27 AM	22	Girls	U16	300 Metre Hurdles	76cm	Timed Finals (2)
11:33 AM	23	Boys	U15	300 Metre Hurdles	76cm	Timed Finals (2)
11:39 AM	24	Girls	U15	300 Metre Hurdles	76cm	Timed Finals (2)
11:52 AM	25	Boys	U14	200 Metre Hurdles	76cm	Timed Finals (3)
12:01 PM	26	Girls	U14	200 Metre Hurdles	76cm	Timed Finals (3)
12:13 PM	27	Boys	U13	200 Metre Hurdles	68cm	Timed Finals (3)
12:22 PM	28	Girls	U13	200 Metre Hurdles	68cm	Timed Finals (3)
12:41 PM	29	Girls	U10	70 Metre Run		Timed Finals (3)
12:47 PM	30	Boys	U09	70 Metre Run		Timed Finals (3)
12:53 PM	31	Girls	U09	70 Metre Run		Timed Finals (3)
12:59 PM	32	Boys	U10	70 Metre Run		Timed Finals (3)

FIELD						
Draft Time	Evt#	Gender	Age	Event	Location	Weight / Start Height
8:30 AM	101	Boys	U13	High Jump	Area 1	1.30m
8:30 AM	102	Girls	U13	High Jump	Area 2	1.20m
8:30 AM	103	Boys	U12	Shot Put	Circle 1	2kg
8:30 AM	104	Girls	U16	Javelin	Runway 1	500g
8:30 AM	105	Boys	U16	Discus	Circle 1	1kg
8:30 AM	106	Boys	U17	Long Jump	Pit 1	
8:30 AM	107	Girls	U17	Shot Put	Circle 2	3kg
8:45 AM	108	Boys	U11	Discus	Circle2	500g
8:45 AM	109	Girls	U12	Long Jump	Pit 2	
9:00 AM	110	Girls	U14	Triple Jump	Pit 3	
9:00 AM	111	Boys	U14	Triple Jump	Pit 4	
9:30 AM	112	Girls	U10	Shot Put	Circle 2	2kg
9:30 AM	113	Boys	U11-12 MC	Javelin	Runway 1	Various
9:30 AM	114	Boys	U13-17 MC	Javelin	Runway 1	Various
9:30 AM	115	Girls	U11-12 MC	Javelin	Runway 1	Various
9:30 AM	115	Girls	U13-17 MC	Javelin	Runway 1	Various
10:00 AM	116	Boys	U10	Shot Put	Circle 1	2kg
10:00 AM	117	Girls	U15	Javelin	Runway 1	500g
10:30 AM	118	Boys	U15	Discus	Circle 1	1kg
10:30 AM	119	Boys	U09	Discus	Circle2	500g
10:45 AM	120	Girls	U11	High Jump	Area 1	1.05m
10:45 AM	121	Girls	U09	High Jump	Area 2	0.85m
11:00 AM	122	Boys	U12	Long Jump	Pit 2	
11:00 AM	123	Boys	U11	Triple Jump	Pit 4	
11:30 AM	124	Girls	U12	Shot Put	Circle 1	2kg
11:30 AM	125	Girls	U16	Shot Put	Circle 2	3kg
11:30 AM	126	Girls	U14	Javelin	Runway 1	400g
12:00 PM	127	Boys	U16	Long Jump	Pit 1	
12:00 PM	128	Boys	U17	Discus	Circle 1	1.5kg
12:00 PM	129	Boys	U13-17 MC	Discus	Circle 2	Various
1:00 PM	130	Girls	U17	Javelin	Runway 1	500g



# FINAL TIMETABLE

Saturday, 9th March 2024  
Knox Athletics Track

## SATURDAY AFTERNOON SESSION

### TRACK

Draft Time	Evt#	Gender	Age	Event	Heights	Round
2:05 PM	33	Boys	U09	800 Metre Run		Final
2:10 PM	34	Girls	U10	800 Metre Run		Final
2:15 PM	35	Boys	U10	800 Metre Run		Final
2:20 PM	36	Girls	U09	800 Metre Run		Final
2:25 PM	37	Boys	U16	800 Metre Run		Final
2:30 PM	38	Girls	U11	800 Metre Run		Final
2:35 PM	39	Boys	U12	800 Metre Run		Final
2:40 PM	40	Girls	U13	800 Metre Run		Final
2:45 PM	41	Boys	U13	800 Metre Run		Final
2:50 PM	42	Girls	U12	800 Metre Run		Final
2:55 PM	43	Boys	U09-10 MC	800 Metre Run		Final
2:55 PM	44	Boys	U11-12 MC	800 Metre Run		Final
2:55 PM	45	Boys	U13-17 MC	800 Metre Run		Final
<del>2:55 PM</del>		<del>Girls</del>	<del>U09-10 MC</del>	<del>800 Metre Run</del>		<del>Final</del>
2:55 PM		Girls	U11-12 MC	800 Metre Run		Final
2:55 PM	46	Girls	U13-17 MC	800 Metre Run		Final
3:03 PM	47	Boys	U14	800 Metre Run		Final
3:08 PM	48	Girls	U14	800 Metre Run		Final
3:13 PM	49	Boys	U17	800 Metre Run		Final
3:18 PM	50	Girls	U17	800 Metre Run		Final
3:23 PM	51	Girls	U16	800 Metre Run		Final
3:28 PM	52	Boys	U15	800 Metre Run		Final
3:33 PM	53	Girls	U15	800 Metre Run		Final
3:38 PM	54	Boys	U11	800 Metre Run		Final
4:08 PM	55	Boys	U09	200 Metre Run		Timed Finals (3)
4:14 PM	56	Girls	U09	200 Metre Run		Timed Finals (3)
4:20 PM	57	Boys	U14	200 Metre Run		Timed Finals (3)
4:26 PM	58	Girls	U10	200 Metre Run		Timed Finals (3)
4:35 PM	59	Boys	U09-10 MC	200 Metre Run		Final
4:35 PM	60	Boys	U11-12 MC	200 Metre Run		Final
<del>4:38 PM</del>		<del>Girls</del>	<del>U09-10 MC</del>	<del>200 Metre Run</del>		<del>Final</del>
4:38 PM	61	Girls	U11-12 MC	200 Metre Run		Final
4:38 PM	62	Girls	U13-17 MC	200 Metre Run		Final
4:41 PM	63	Boys	U13-17 MC	200 Metre Run		Timed Finals (2)
4:47 PM	64	Boys	U13	200 Metre Run		Timed Finals (3)
4:53 PM	65	Girls	U11	200 Metre Run		Timed Finals (3)
5:02 PM	66	Boys	U17	200 Metre Run		Timed Finals (2)
5:06 PM	67	Girls	U17	200 Metre Run		Timed Finals (2)
5:13 PM	68	Boys	U11	200 Metre Run		Timed Finals (3)
5:19 PM	69	Girls	U13	200 Metre Run		Timed Finals (3)
5:28 PM	70	Boys	U16	200 Metre Run		Timed Finals (3)
5:34 PM	71	Girls	U12	200 Metre Run		Timed Finals (3)
5:43 PM	72	Boys	U10	200 Metre Run		Timed Finals (3)
5:49 PM	73	Girls	U14	200 Metre Run		Timed Finals (3)
5:58 PM	74	Girls	U16	200 Metre Run		Timed Finals (3)
6:04 PM	75	Boys	U12	200 Metre Run		Timed Finals (3)
6:10 PM	76	Girls	U15	200 Metre Run		Timed Finals (3)
6:16 PM	77	Boys	U15	200 Metre Run		Timed Finals (3)

### FIELD

Draft Time	Evt#	Gender	Age	Event	Location	Weight / Start Height
2:00 PM	131	Girls	U14	High Jump	Area 1	1.25m
2:00 PM	132	Boys	U11	High Jump	Area 2	1.15m
2:00 PM	133	Boys	U15	Shot Put	Circle 1	4kg
2:00 PM	134	Boys	U09	Shot Put	Circle 2	2kg
2:00 PM	135	Girls	U11	Javelin	Runway 1	400g
<del>2:00 PM</del>		<del>Girls</del>	<del>U09-10 MC</del>	<del>Discus</del>	<del>Circle 2</del>	<del>Various</del>
2:00 PM	136	Girls	U11-12 MC	Discus	Circle 2	Various
2:00 PM	137	Girls	U13-17 MC	Discus	Circle 2	Various
2:00 PM	138	Boys	U9-10 MC	Discus	Circle 2	Various
2:00 PM	139	Boys	U11-12 MC	Discus	Circle 2	Various
2:15 PM	140	Girls	U15	Long Jump	Pit 1	
2:15 PM	141	Girls	U10	Long Jump	Pit 2	
2:15 PM	142	Boys	U13	Triple Jump	Pit 4	
2:15 PM	143	Boys	U14	Discus	Circle 1	1kg
3:15 PM	144	Boys	U10	Discus	Circle 2	500g
3:15 PM	145	Girls	U13	Triple Jump	Pit 3	
3:30 PM	146	Boys	U16	Shot Put	Circle 1	4kg
3:30 PM	147	Girls	U12	Javelin	Runway 1	400g
3:45 PM	148	Boys	U12	Discus	Circle 1	750g
4:00 PM	149	Boys	U15	Long Jump	Pit 1	
4:00 PM	150	Girls	U16	Long Jump	Pit 2	
4:00 PM	151	Girls	U15	Shot Put	Circle 2	3kg
4:30 PM	152	Boys	U14	High Jump	Area 1	1.35m
4:30 PM	153	Boys	U09	High Jump	Area 2	0.90m
5:00 PM	154	Girls	U11	Triple Jump	Pit 3	
5:00 PM	155	Girls	U09	Shot Put	Circle 1	2kg
5:00 PM	156	Girls	U10	Discus	Circle 2	500g
5:15 PM	157	Boys	U13	Discus	Circle 1	750g
5:15 PM	158	Girls	U13	Javelin	Runway 1	400g
5:15 PM	159	Girls	U17	Long Jump	Pit 2	
5:30 PM	160	Boys	U17	Shot Put	Circle 2	5kg

FINAL Timetable as at 26-2-24



# FINAL TIMETABLE

Sunday, 10th March 2024  
Knox Athletics Track

## SUNDAY MORNING SESSION

TRACK						
Draft Time	Evnt#	Gender	Age	Event	Heights	Round
8:30 AM	201	Boys	U12	1500 Metre Run		Final
8:38 AM	202	Girls	U11	1500 Metre Run		Final
8:47 AM	203	Boys	U11	1500 Metre Run		Final
8:56 AM	204	Girls	U12	1500 Metre Run		Final
9:04 AM	205	Boys	U17	1500 Metre Run		Final
9:12 AM	206	Girls	U17	1500 Metre Run		Final
9:20 AM	207	Girls	U13	1500 Metre Run		Final
9:28 AM	208	Boys	U14	1500 Metre Run		Final
9:36 AM	209	Girls	U14	1500 Metre Run		Final
9:44 AM	210	Boys	U15	1500 Metre Run		Final
9:52 AM	211	Girls	U15	1500 Metre Run		Final
10:00 AM	212	Boys	U16	1500 Metre Run		Final
10:08 AM	213	Girls	U16	1500 Metre Run		Final
10:16 AM	214	Boys	U13	1500 Metre Run		Final
10:34 AM	215	Girls	U12	100 Metre Run		Timed Finals (3)
10:40 AM	216	Girls	U10	100 Metre Run		Timed Finals (3)
10:49 AM		Girls	U09-10 MC	100 Metre Run		Final
10:49 AM	217	Girls	U11-12 MC	100 Metre Run		Final
10:49 AM	218	Boys	U09-10 MC	100 Metre Run		Final
10:51 AM	219	Boys	U11-12 MC	100 Metre Run		Final
10:53 AM	220	Girls	U13-17 MC	100 Metre Run		Final
10:55 AM	221	Boys	U13-17 MC	100 Metre Run		Timed Finals (2)
11:04 AM	222	Boys	U10	100 Metre Run		Timed Finals (3)
11:10 AM	223	Boys	U12	100 Metre Run		Timed Finals (3)
11:16 AM	224	Girls	U11	100 Metre Run		Timed Finals (3)
11:22 AM	225	Boys	U11	100 Metre Run		Timed Finals (3)
11:31 AM	226	Girls	U09	100 Metre Run		Timed Finals (3)
11:37 AM	227	Boys	U09	100 Metre Run		Timed Finals (3)
11:43 AM	228	Girls	U16	100 Metre Run		Timed Finals (3)
11:49 AM	229	Boys	U16	100 Metre Run		Timed Finals (3)
11:58 AM	230	Girls	U17	100 Metre Run		Timed Finals (2)
12:02 PM	231	Boys	U17	100 Metre Run		Timed Finals (2)
12:06 PM	232	Girls	U15	100 Metre Run		Timed Finals (3)
12:12 PM	233	Boys	U15	100 Metre Run		Timed Finals (3)
12:18 PM	234	Girls	U14	100 Metre Run		Timed Finals (3)
12:24 PM	235	Boys	U14	100 Metre Run		Timed Finals (3)
12:33 PM	236	Girls	U13	100 Metre Run		Timed Finals (3)
12:39 PM	237	Boys	U13	100 Metre Run		Timed Finals (3)

FIELD						
Draft Time	Evnt#	Gender	Age	Event	Location	Weight / Start Height
8:30 AM		Girls	U09-10 MC	Long Jump	Pit 4	
8:30 AM	301	Girls	U11-12 MC	Long Jump	Pit 4	
8:30 AM	302	Girls	U13-17 MC	Long Jump	Pit 4	
8:30 AM	303	Boys	U09-10 MC	Shot Put	Circle 2	Various
8:30 AM	304	Boys	U11-12 MC	Shot Put	Circle 2	Various
8:30 AM	305	Boys	U13-17 MC	Shot Put	Circle 2	Various
8:30 AM	306	Girls	U12	Discus	Circle 1	750g
8:30 AM	307	Boys	U12	Javelin	Runway 1	400g
8:30 AM	308	Boys	U16	High Jump	Area 1	1.45m
8:30 AM	309	Girls	U16	High Jump	Area 2	1.35m
8:30 AM	310	Girls	U09	Long Jump	Pit 3	
8:30 AM	311	Boys	U13	Long Jump	Pit 1	
8:45 AM	312	Girls	U13	Long Jump	Pit 2	
9:00 AM	313	Boys	U11	Shot Put	Circle 1	2kg
9:00 AM	314	Girls	U11	Discus	Circle 2	500g
9:30 AM	315	Girls	U17	High Jump	Area 2	1.35m
9:30 AM	316	Boys	U17	High Jump	Area 1	1.45m
10:00 AM	317	Boys	U14	Javelin	Runway 1	600g
10:00 AM	318	Boys	U15	Triple Jump	Pit 3	
10:00 AM	319	Girls	U15	Triple Jump	Pit 4	
10:15 AM	320	Girls	U14	Discus	Circle 1	1kg
10:45 AM	321	Boys	U13	Shot Put	Circle 1	3kg
10:45 AM	322	Girls	U13	Shot Put	Circle 2	3kg
11:00 AM	323	Girls	U10	High Jump	Area 2	0.90m
11:00 AM	324	Girls	U12	High Jump	Area 1	1.15m
11:30 AM	325	Boys	U10	Long Jump	Pit 2	
11:30 AM	326	Boys	U09-10 MC	Long Jump	Pit 1	
11:30 AM	327	Boys	U11-12 MC	Long Jump	Pit 1	
11:30 AM	328	Boys	U11	Javelin	Runway 1	400g
11:30 AM	329	Boys	U12	Triple Jump	Pit 4	
12:00 PM	330	Boys	U13-17 MC	Long Jump	Pit 1	
12:30 PM	331	Girls	U17	Discus	Circle 2	1kg
1:00 PM	332	Boys	U17	Javelin	Runway 1	700g



# FINAL TIMETABLE

Sunday, 10th March 2024  
Knox Athletics Track

## SUNDAY AFTERNOON SESSION

TRACK							FIELD						
Draft Time	Evt#	Gender	Age	Event	Heights	Round	Draft Time	Evt#	Gender	Age	Event	Location	Weight / Start Height
1:45 PM	238	Boys	U09	60 Metre Hurdles	45cm	Timed Finals (3)	1:30 PM	333	Boys	U16	Triple Jump	Pit 3	
1:51 PM	239	Girls	U09	60 Metre Hurdles	45cm	Timed Finals (3)	1:30 PM	334	Girls	U16	Triple Jump	Pit 4	
2:02 PM	240	Boys	U10	60 Metre Hurdles	60cm	Timed Finals (3)	1:30 PM	335	Girls	U15	Discus	Circle 1	1kg
2:08 PM	241	Girls	U10	60 Metre Hurdles	60cm	Timed Finals (3)	1:30 PM	336	Boys	U14	Shot Put	Circle 1	3kg
2:19 PM	242	Boys	U11	80 Metre Hurdles	60cm	Timed Finals (3)	2:00 PM	337	Boys	U15	Javelin	Runway 1	700g
2:25 PM	243	Girls	U11	80 Metre Hurdles	60cm	Timed Finals (3)	2:00 PM	338	Boys	U09	Long Jump	Pit 1	
2:34 PM	244	Boys	U12	80 Metre Hurdles	68cm	Timed Finals (3)	2:15 PM	339	Boys	U10	High Jump	Area 2	1.00m
2:40 PM	245	Girls	U12	80 Metre Hurdles	68cm	Timed Finals (3)	2:15 PM	340	Girls	U09	Discus	Circle 2	500g
2:49 PM	246	Boys	U13	80 Metre Hurdles	76cm	Timed Finals (3)	2:45 PM	341	Boys	U12	High Jump	Area 1	1.25m
2:55 PM	247	Girls	U13	80 Metre Hurdles	76cm	Timed Finals (3)	3:15 PM	342	Girls	U13	Discus	Circle 1	750g
3:01 PM	248	Girls	U14	80 Metre Hurdles	76cm	Timed Finals (3)	3:15 PM	343	Girls	U14	Shot Put	Circle 2	3kg
3:12 PM	249	Boys	U14	90 Metre Hurdles	76cm	Timed Finals (3)	3:15 PM	344	Girls	U11	Shot Put	Circle 1	2kg
3:18 PM	250	Girls	U15	90 Metre Hurdles	76cm	Timed Finals (3)	3:30 PM	345	Boys	U11	Long Jump	Pit 1	
3:24 PM	251	Girls	U16	90 Metre Hurdles	76cm	Timed Finals (2)	3:30 PM	346	Boys	U13	Javelin	Runway 1	600g
3:33 PM	252	Boys	U15	100 Metre Hurdles	76cm	Timed Finals (3)	3:30 PM	347	Girls	U12	Triple Jump	Pit 3	
3:39 PM	253	Boys	U16	100 Metre Hurdles	76cm	Final	3:30 PM	348	Boys	U14	Long Jump	Pit 2	
3:41 PM	254	Girls	U17	100 Metre Hurdles	76cm	Timed Finals (2)	4:30 PM	349	Girls	U17	Triple Jump	Pit 4	
3:50 PM	255	Boys	U17	110 Metre Hurdles	76cm	Final	4:45 PM	350	Boys	U15	High Jump	Area 1	1.40m
4:05 PM	256	Boys	U09-10 MC	400 Metre Run		Final	4:45 PM	351	Girls	U15	High Jump	Area 2	1.30m
4:05 PM	257	Boys	U11-12 MC	400 Metre Run		Final	5:00 PM		Girls	U09-10 MC	Shot Put	Circle 2	Various
4:08 PM		Girls	U09-10 MC	400 Metre Run		Final	5:00 PM	352	Girls	U11-12 MC	Shot Put	Circle 2	Various
4:08 PM	258	Girls	U11-12 MC	400 Metre Run		Final	5:00 PM	353	Girls	U13-17 MC	Shot Put	Circle 2	Various
4:08 PM	259	Girls	U13-17 MC	400 Metre Run		Final	5:00 PM	354	Boys	U16	Javelin	Runway 1	700g
4:11 PM	260	Boys	U13-17 MC	400 Metre Run		Final	5:15 PM	355	Girls	U14	Long Jump	Pit 1	
4:14 PM	261	Boys	U15	400 Metre Run		Timed Finals (3)	5:15 PM	356	Girls	U11	Long Jump	Pit 2	
4:23 PM	262	Boys	U09	400 Metre Run		Timed Finals (3)	5:15 PM	357	Girls	U16	Discus	Circle 1	1kg
4:32 PM	263	Girls	U09	400 Metre Run		Timed Finals (3)	5:15 PM	358	Boys	U17	Triple Jump	Pit 3	
4:41 PM	264	Girls	U14	400 Metre Run		Timed Finals (3)							
4:50 PM	265	Boys	U10	400 Metre Run		Timed Finals (3)							
4:59 PM	266	Girls	U11	400 Metre Run		Timed Finals (3)							
5:08 PM	267	Boys	U11	400 Metre Run		Timed Finals (3)							
5:17 PM	268	Girls	U12	400 Metre Run		Timed Finals (3)							
5:26 PM	269	Boys	U13	400 Metre Run		Timed Finals (3)							
5:35 PM	270	Girls	U13	400 Metre Run		Timed Finals (3)							
5:44 PM	271	Boys	U14	400 Metre Run		Timed Finals (3)							
5:53 PM	272	Girls	U10	400 Metre Run		Timed Finals (3)							
6:02 PM	273	Boys	U12	400 Metre Run		Timed Finals (3)							
6:11 PM	274	Girls	U17	400 Metre Run		Timed Finals (2)							
6:17 PM	275	Boys	U16	400 Metre Run		Timed Finals (2)							
6:23 PM	276	Girls	U16	400 Metre Run		Timed Finals (3)							
6:32 PM	277	Boys	U17	400 Metre Run		Timed Finals (2)							
6:38 PM	278	Girls	U15	400 Metre Run		Timed Finals (3)							

FINAL Timetable as at 26-2-24