

2020-2021 JDS Qualifying Standards.

Qualifying period, Sept 1st 2019 - Oct 31st 2020 using previous age group.

EVENT	BOYS					GIRLS				
	U11	U12	U13	U14	U15	U11	U12	U13	U14	U15
100m	14.35	13.95	13.60	12.85	12.35	14.95	14.45	14.15	13.75	13.60
200m	29.90	28.90	27.50	26.00	25.50	31.40	29.80	29.15	28.15	28.15
400m	69.00	66.00	63.00	60.00	59.00	71.50	69.50	66.50	65.50	65.00
800m	2:38	2:31	2:27	2:22	2:15	2:48	2:42	2:38	2:36	2:40
1500m	5:30	5:15	5:10	5:05	5:05	5:50	5:38	5:30	5:35	5:40
80m Hurdles	14.50	14.30	14.15			15.10	14.45	14.60	14.50	
90m Hurdles				14.65						16.00
100m Hurdles					16.05					
200m Hurdles			31.50	30.50				33.50	33.00	
300m Hurdles					46.50					53.00
1100m Walk	7:15					7.30				
1500m Walk		10:00	9:25	9:25	9:25		10:15	9:40	9:50	9:50
Long Jump	4.20	4.50	4.75	5.20	5.40	3.98	4.20	4.40	4.60	4.75
Triple Jump	9.05	9.60	10.30	10.80	11.30	8.45	9.00	9.35	9.80	9.85
High Jump	1.34	1.42	1.48	1.55	1.60	1.26	1.36	1.40	1.40	1.45
Shot Put	8.80	9.80	9.50	10.70	10.00	7.65	8.80	8.70	9.20	9.45
Discus	25.75	25.75	31.00	31.00	32.00	22.00	22.00	27.50	23.50	23.50
Javelin	22.50	24.50	26.50	32.00	32.00	15.50	20.50	24.00	26.00	26.00
Combined Events	1st to 8th place at the 2020 State Combined Events Championships.									

- Athletes qualify in their age group using results of the previous 2019-2020 season, with the qualifying period beginning on Sept 1st, 2019 and ending on Oct 31st, 2020.
- JDS registrations will open in 2 parts, Joining Fee, and a Squad Fee.
- JDS training (squad fee part) will commence when restrictions allow it, for athletes who are in the U12 - U16 age group.
- Multi-Class athletes will be accessed on a percentage of the Baseline tables.
- If your best performance is at Centre level on a grass track; and it is close to the qualifying standard, then you must contact the LAVic Office to check if the performance can be accepted.
- Do not register unless the performance on a grass track has been approved first.