

Return to Competition & Training Protocols Checklist

14th July 2020

This checklist has been drafted to support Centres returning to competition and training activities under the current Victorian Government COVID-19 restrictions.

This is only applicable to those Centres and athletes not located and residing in metropolitan Melbourne and Mitchell Shire.

Centres are required to strictly comply with the conditions set out in the 'Return to Competition & Training Protocols – Framework' document for every sanctioned competition and training session.

For the purposes of this document, 'competition' refers to the conducting of cross-country competition only. Subsequent advice will be issued in coming weeks pertaining to conducting track & field competition.

The key point is that while implementing and adhering to these rules will be at times challenging, the underlying purpose shouldn't be lost: they are to protect the health of all of us involved in Little Athletics.

Centres are to check off against the list below prior to commencing sanctioned competition and training activities:

- Centre has received written permission from LAVic to conduct insured sanctioned activities.*
- Attendees advised in of the 'Get in, Compete/Train, Get out' approach.*
- A minimum of one registered COVID Safe Official ('CSO') to be in attendance for each session or event.*
- CSOs are fully briefed on the 'Return to Competition & Training Protocols – Framework' document and have been provided*

with a copy of the 'COVID Safe Official Duty Statement' document.

- Online competition entry procedures are in place.
- Venue entry procedures in place for training, including of recording of attendance and managing incidences of illness.
- Attendees made aware that there is strictly no contact.
- Attendees made aware that 1.5m physical distancing must be observed at all times (athletes excepted when training or competing only).
- Toilets opened.
- Signage at clubrooms/pavilion points of entry stating maximum patronage allowed inside.
- Canteen to operate in accordance with ['Hospitality Industry Guidelines'](#).
- Equipment disinfecting protocols in place.
- Personal hygiene procedures and expectations are communicated.
- Adequate supplies of hand sanitiser, disinfectant wipes and cleaning equipment have been procured.
- Hand sanitiser provided at athlete sign in, toilets and each event site.
- Disinfectant wipes provided at each event site where equipment is used.
- Approval from the facility manager to conduct competition and training (Local Government, Committee of Management, school etc) has been received.
- Athletes advised to bring their own water bottles, towels and other personal equipment to avoid sharing.
- Athletes and coaches advised on equipment usage protocols
- Hygiene posters (supplied by LAVic) to be displayed.

Version control

Date	Version #	Action Taken / Updates
28 th May 2020	1.0	New document
14 th July 2020	2.0	Revised and updated in accordance with current restrictions.