



**Little
Athletics**
Victoria

TO: Region & Centre Secretaries
FROM: Anthony McIntosh – CEO
DATE: Thursday 30th September 2021
SUBJECT: Coaching and personal training in metro Melbourne

LAVic has had a number of queries from Local Government bodies in metro Melbourne requesting clarity around the current rules for personal training and coaching for Little Athletics.

While community sport is not permitted in metro Melbourne (this includes Centre sanctioned coaching, training and competition), the current [Restricted Activity Directions](#) permit some personal training and coaching for members of the public.

The coaching/personal training arrangements for members of the public that are currently permitted in metro Melbourne:

- Are not sanctioned Little Athletics activities;
- Do not provide Little Athletics Australia insurance cover for athletes, regardless of the registration status of the athlete;
- Do not provide Little Athletics Australia insurance cover for the personal trainer/coach, regardless of the accreditations/approvals held.

Any claims arising from independent personal training/coaching will not be accepted under the Little Athletics insurance policy.

Clubrooms, change rooms, storage rooms, toilets, facility rooms, first aid rooms and Centre equipment cannot be accessed. Metro Melbourne Centres cannot legally organise or sanction any coaching, training, competition activities, onsite meetings or access to the equipment at the venue until restrictions allow.

It's important that Centres, and parents in particular, are aware of this. To this end, LAVic will be alerting those Local Government bodies and our parents of this position.

The LAVic team

Little Athletics Victoria

p: 03 9960 8600 e: office@lavic.com.au

www.lavic.com.au

Foundation for all sports

Reg No. A0003260D ABN: 47 646 887 442