



**Little
Athletics**
Victoria

TO: Region & Centre Secretaries
FROM: Anthony McIntosh – CEO
DATE: Wednesday, 17th September 2021
SUBJECT: Regional Vic: Indoor gyms & coaching

Indoor gyms

With the latest ['Table of Restrictions'](#) taking effect at 11.59pm tonight, LAVic has sought clarification of the following clause, which may potentially be interpreted as having application to indoor gym facilities at Little Athletics Centres in regional Victoria (with the exception of the City of Ballarat):

Indoor physical recreation facilities: Open with 10 people indoor and 20 outdoor per venue.

LAVic is yet to receive advice from Sport & Recreation Victoria. Therefore, it is advised that:

- All clubrooms and pavilion spaces are to remain closed, other than toilets and other spaces required to conduct training (such as store rooms, first aid rooms, light switch rooms etc).
- Update advice will be provided upon the release of the corresponding Restricted Activity Directions, most likely on Monday, if required.

Centre training/coaching

A reminder that, notwithstanding more relaxed settings around personal training in recent days (Victoria), this has no bearing on the status of sanctioned Centre training/coaching, which stands as follows:

- NSW: not permitted.
- Metropolitan Melbourne: not permitted.
- Regional Victoria: permitted – refer to 'Memo - Regional Vic & NSW restrictions 10.09.21'.
- City of Ballarat: not permitted.

The LAVic team

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