



**Little
Athletics**
Victoria

TO: Region & Centre Secretaries
FROM: Anthony McIntosh – Chief Executive Officer
DATE: Friday, 10th September 2021
SUBJECT: Regional Vic & NSW restrictions ease

COVID restrictions eased in Regional Victoria

Effective from 11.59pm last night, the Victorian State Government (via the Chief Health Officer) released separate Restricted Activity Directions (Regional Victoria) (no. 8). These will remain in effect until 11.59pm on Thursday 23rd September 2021.

All forms of competition remain suspended regardless of numbers participating, format or duration.

Affiliated Regional Centres can conduct sanctioned **training activities only** with the following conditions:

- Outside only. Indoor spaces are to remain closed (including canteens). Toilets can be open.
- Indoor access to obtain equipment, access first aid equipment or turn on lights is permitted.
- No training activities may be permitted to be conducted indoors.
- Only those required to conduct training may be in attendance: athletes, coaches, COVID-Safe Officials (CSOs) and parents.
- There are no maximum venue patron limits; density quotients don't apply.
- There are no limits on training group sizes, or requirement to maintain space between training groups, but physical distancing is required.
- No spectators allowed.
- Equipment must be cleaned between users.
- COVID-Safe Officials must be present at all times to ensure all attendees register their attendance via the State Government QR Code app and must ensure no metropolitan Melbourne residents may be in attendance.
- Standard COVID-Safe practices, such as hand sanitising, no touching, no sharing equipment etc are to remain in place.
- Restrictions for crossing the NSW/Victorian border are being confirmed due the changes in regional Victoria and NSW.

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Centres are strongly encouraged to share and discuss their training plans with their facility managers in advance of re-commencing. A reference to rule 5(4) of the RADS 'Exception – training for community sport' that sets out many of the conditions outlined above, may be useful for this purpose.

Victorian community sports have been advised that failure to comply with the restrictions, or not to act in accordance with the responsibilities granted, may result in tighter restrictions. When planning and conducting COVID-Safe training, Centres can consider utilising small group training activities, staggering training times, discouraging car-pooling and similar ideas.

COVID-Safe practices must be adhered to at all times.

COVID restrictions in metro Melbourne and Shepparton.

All sanctioned Little Athletics activities – competition, training and coaching – remain suspended in metropolitan Melbourne and the Greater City of Shepparton.

COVID restrictions eased in Regional NSW

The NSW Government made announcements yesterday relating to the stay-at-home orders lifting for some local government areas in regional NSW from 12:01am Saturday 11th September.

Community sport, including Little Athletics, remains suspended for the time being. This applies to sanctioned competition, training and coaching.

LAVic is working with LANSW to keep abreast of developments and will inform our NSW-based Centres as updates are provided.

The LAVic team

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