



**Little
Athletics**
Victoria

TO: Region & Centre Secretaries
FROM: Anthony McIntosh – CEO
DATE: Wednesday 22nd September 2021
SUBJECT: Road map back to sport; training/coaching

Road map

Last Sunday the Victorian State Government released its road map to deliver the National Plan for re-opening. Critically for Little Athletics, it sets out indicative time frames and restrictions – tied to community vaccination rates - for the re-commencement of our sport.

Key takeout points from the [roadmap](#):

- Current situation:
 - Regional Victoria (with the exception of Ballarat, Mitchell, Geelong and Surf Coast LGAs) can commence sanctioned training and coaching activities, as per '[Memo - Regional Vic & NSW restrictions 10.09.21](#)'.
 - Come & Try Days and any form of modified competition are not permitted.
 - Metro Melbourne remains locked down.
- 26th October: sanctioned training and coaching to re-commence for metro Melbourne; no change for regional Victoria.
- 5th November: [metro Melbourne](#) and [regional Victorian](#) restrictions become aligned under the National Plan ('Phase C'); competition to commence, with restrictions.

Centres are advised to plan for the commencement of competition activities from 5th November.

As per '[Memo - Regional Vic Indoor gyms & coaching 17.09.21](#)', LAVic can confirm the following for regional Victorian Centres (with the exception of those located in Geelong, Ballarat and Mitchell LGAs): all clubroom access, inclusive of indoor gyms, is not permitted; while access to toilets, first aid rooms, equipment store rooms and facilities rooms is permitted.

Little Athletics Victoria

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Foundation for all sports

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Centre training/coaching

A reminder that, notwithstanding more relaxed settings around personal training in recent days (Victoria), this has no bearing on the status of sanctioned Centre training/coaching, which stands as follows:

- NSW: not permitted.
- Metropolitan Melbourne: not permitted.
- Regional Victoria: permitted – refer to '[Memo - Regional Vic & NSW restrictions 10.09.21](#)'.
- Ballarat, Mitchell, Surf Coast and Geelong LGAs: not permitted.

The LAVic team

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