

MULTI-CLASS JUMPING EVENTS

The Long Jump event is the simplest for Little Athletes. Multi-Class athletes may participate in Triple Jump and High Jump, but it would depend on the ability of the individual athletes.

Hearing Impairment

- Jumping events are conducted as an able-bodied event.
- Use hand signals to instruct the athlete to take their jump.

Intellectual Impairment

- Jumping events are conducted as an able-bodied event.
- At Centre level it may be necessary to place a mat for Multi-Class athletes for provide a larger take off area, so they can concentrate on the jump rather than the take-off.
- It may also be necessary to place the mat closer to the pit, than the marked take off board to ensure the jump is made into the sand.

Visual

- Athletes with complete blindness are guided by the voice or clap of a guide standing at the take-off board. A larger take off space is used.
- At a Centre level, the athlete can do the whole run up with a guide or parent / guardian.
- Depending on the level of vision, it would be recommended to use a mat to jump from for all age groups.
- The mat can be placed at the edge of the landing area.

Physical

- Jumping events are conducted as an able-bodied event.
- At a Centre level it may be necessary to place a mat for Multi-Class athletes for provide a larger take off area, so they can concentrate on the jump rather than the take-off.
- It may also be necessary to place the mat closer to the pit, than the marked take off board to ensure the jump is made into the sand.
- The mat can be placed at the edge of the landing area.