

# NMR TIMETABLE

Saturday, 18th February 2022  
Corio Street, Essendon

## SATURDAY MORNING SESSION

TRACK						
Prov Time	Event No.	Gender	Age	Event	Heights	Round
9:00 AM	1	Boys	U09	700 Metre Race Walk		Final
9:00 AM	2	Girls	U09	700 Metre Race Walk		Final
9:15 AM	3	Girls	U10	1100 Metre Race Walk		Final
9:15 AM	4	Girls	U11	1100 Metre Race Walk		Final
9:30 AM	5	Boys	U10	1100 Metre Race Walk		Final
9:30 AM	6	Boys	U11	1100 Metre Race Walk		Final
9:45 AM	7	Boys	U12	1500 Metre Race Walk		Final
9:45 AM	8	Boys	U13	1500 Metre Race Walk		Final
9:45 AM	9	Boys	U14	1500 Metre Race Walk		Final
9:45 AM	10	Boys	U15	1500 Metre Race Walk		Final
9:45 AM	11	Boys	U16	1500 Metre Race Walk		Final
9:45 AM	12	Boys	U17	1500 Metre Race Walk		Final
10:00 AM	13	Girls	U12	1500 Metre Race Walk		Final
10:00 AM	14	Girls	U13	1500 Metre Race Walk		Final
10:00 AM	15	Girls	U14	1500 Metre Race Walk		Final
10:00 AM	16	Girls	U16	1500 Metre Race Walk		Final
10:30 AM	17	Girls	U15	300 Metre Hurdles	76cm	Final
10:33 AM	18	Girls	U16	300 Metre Hurdles	76cm	Final
10:33 AM	19	Girls	U17	300 Metre Hurdles	76cm	Final
10:36 AM	20	Boys	U15	300 Metre Hurdles	76cm	Final
10:36 AM	21	Boys	U16	300 Metre Hurdles	76cm	Final
10:50 AM	22	Boys	U14	200 Metre Hurdles	76cm	Timed Finals
10:56 AM	23	Girls	U14	200 Metre Hurdles	76cm	Final
11:01 AM	24	Boys	U13	200 Metre Hurdles	68cm	Timed Finals
11:07 AM	25	Girls	U13	200 Metre Hurdles	68cm	Final
11:20 AM	26	Girls	U09	70 Metre Run		Timed Finals
11:29 AM	27	Boys	U09	70 Metre Run		Timed Finals
11:38 AM	28	Girls	U10	70 Metre Run		Timed Finals
11:47 AM	29	Boys	U10	70 Metre Run		Timed Finals

FIELD						
Prov Time	Event No.	Gender	Age	Event	Location	Weight / Start Height
8:30 AM	101	Girls	U14	High Jump	Area 1	1.15m
8:30 AM	102	Boys	U11	High Jump	Area 2	1.05m
8:30 AM	103	Girls	U13	Javelin	Runway 1	400g
8:30 AM	104	Girls	U14	Javelin	Runway 1	400g
8:30 AM	105	Boys	U15	Discus	Circle 2	1kg
8:30 AM	106	Boys	U16	Discus	Circle 2	1kg
8:45 AM	107	Girls	U10	Long Jump	Pit 2	
8:45 AM	108	Boys	U12	Long Jump	Pit 1	
9:00 AM	109	Girls	U09	Shot Put	Circle 1	2kg
9:00 AM	110	Boys	U09	Shot Put	Circle 2	2kg
9:15 AM	111	Girls	U11	Triple Jump	Pit 2	
9:15 AM	112	Boys	U14	Triple Jump	Pit 1	
9:30 AM	113	Boys	U10	Discus	Circle 1	500g
10:00 AM	114	Girls	U13	High Jump	Area 1	1.10m
10:00 AM	115	Girls	U12	Long Jump	Pit 1	
10:30 AM	116	Boys	U12	Discus	Circle 2	500g
10:30 AM	117	Boys	U15	Long Jump	Pit 2	
10:45 AM	118	Girls	U10	Shot Put	Circle 1	2kg
11:00 AM	119	Boys	U11	Discus	Circle 1	750g
11:15 AM	120	Boys	U13	High Jump	Area 1	1.20m
11:15 AM	121	Boys	U14	High Jump	Area 1	1.25m
11:30 AM	122	Girls	U15	Javelin	Runway 1	500g
11:30 AM	123	Girls	U16	Javelin	Runway 1	500g
11:30 AM	124	Girls	U17	Javelin	Runway 1	500g
11:30 AM	125	Girls	U12	Shot Put	Circle 2	2kg

\* Region High Jump start heights are set 10cm below the State Track & Field start heights

## SATURDAY AFTERNOON SESSION

TRACK						
Prov Time	Event No.	Gender	Age	Event	Heights	Round
1:00 PM	30	Boys	U09	800 Metre Run		Timed Finals
1:10 PM	31	Girls	U09	800 Metre Run		Timed Finals
1:20 PM	32	Boys	U10	800 Metre Run		Timed Finals
1:30 PM	33	Girls	U10	800 Metre Run		Timed Finals
1:40 PM	34	Boys	U11	800 Metre Run		Final
1:45 PM	35	Girls	U11	800 Metre Run		Final
1:50 PM	36	Boys	U12	800 Metre Run		Final
1:55 PM	37	Girls	U12	800 Metre Run		Final
2:00 PM	38	Boys	U13	800 Metre Run		Final
2:05 PM	39	Girls	U13	800 Metre Run		Final
2:10 PM	40	Boys	U14	800 Metre Run		Final
2:15 PM	41	Girls	U14	800 Metre Run		Final
2:20 PM	42	Boys	U15	800 Metre Run		Final
2:25 PM	43	Girls	U15	800 Metre Run		Final
2:30 PM	44	Girls	U16	800 Metre Run		Final
2:30 PM	45	Girls	U17	800 Metre Run		Final
2:35 PM	46	Boys	U16	800 Metre Run		Final
2:35 PM	47	Boys	U17	800 Metre Run		Final
2:50 PM	48	Boys	U09	200 Metre Run		Timed Finals
3:02 PM	49	Girls	U09	200 Metre Run		Timed Finals
3:11 PM	50	Boys	U10	200 Metre Run		Timed Finals
3:23 PM	51	Girls	U10	200 Metre Run		Timed Finals
3:32 PM	52	Boys	U11	200 Metre Run		Timed Finals
3:41 PM	53	Girls	U11	200 Metre Run		Timed Finals
3:50 PM	54	Boys	U12	200 Metre Run		Timed Finals
3:59 PM	55	Girls	U12	200 Metre Run		Timed Finals
4:02 PM	56	Boys	U13	200 Metre Run		Timed Finals
4:08 PM	57	Girls	U13	200 Metre Run		Timed Finals
4:14 PM	58	Boys	U16	200 Metre Run		Final
4:17 PM	59	Girls	U14	200 Metre Run		Timed Finals
4:23 PM	60	Boys	U14	200 Metre Run		Timed Finals
4:29 PM	61	Girls	U15	200 Metre Run		Timed Finals
4:35 PM	62	Girls	U16	200 Metre Run		Final
4:35 PM	63	Girls	U17	200 Metre Run		Final
4:38 PM	64	Boys	U15	200 Metre Run		Final
4:38 PM	65	Boys	U17	200 Metre Run		Final

FIELD						
Prov Time	Event No.	Gender	Age	Event	Location	Weight / Start Height
1:00 PM	126	Boys	U09	High Jump	Area 2	0.80m
1:00 PM	127	Boys	U10	Shot Put	Circle 1	2kg
1:00 PM	128	Boys	U12	Shot Put	Circle 2	2kg
1:00 PM	129	Boys	U14	Discus	Circle 2	1kg
1:00 PM	130	Girls	U11	Javelin	Runway 1	400g
1:15 PM	131	Girls	U13	Triple Jump	Pit 2	
1:15 PM	132	Boys	U13	Triple Jump	Pit 1	
1:30 PM	133	Girls	U15	Long Jump	Pit 2	
1:30 PM	134	Girls	U16	Long Jump	Pit 2	
1:30 PM	135	Girls	U17	Long Jump	Pit 2	
2:00 PM	136	Girls	U10	Discus	Circle 1	500g
2:15 PM	137	Boys	U15	Shot Put	Circle 2	4kg
2:15 PM	138	Boys	U17	Shot Put	Circle 2	5kg
2:45 PM	139	Girls	U11	High Jump	Area 1	0.95m
2:45 PM	140	Girls	U14	Triple Jump	Pit 2	
2:45 PM	141	Boys	U11	Triple Jump	Pit 1	
2:45 PM	142	Girls	U09	High Jump	Area 2	0.75m
3:00 PM	143	Boys	U09	Discus	Circle 1	500g
3:00 PM	144	Boys	U13	Discus	Circle 2	750g
3:30 PM	145	Girls	U15	Shot Put	Circle 2	3kg
3:30 PM	146	Girls	U16	Shot Put	Circle 2	3kg
3:30 PM	147	Girls	U17	Shot Put	Circle 2	
3:30 PM	148	Girls	U12	Javelin	Runway 1	400g
3:45 PM	149	Boys	U16	Long Jump	Pit 1	
3:45 PM	150	Boys	U17	Long Jump	Pit 1	

\* Region High Jump start heights are set 10cm below the State Track & Field start heights

Provisional Timetable, subject to change - 06 February 2023

# NMR TIMETABLE

Sunday, 19th February 2022  
Corio Street, Essendon

## SUNDAY MORNING SESSION

TRACK						
Prov Time	Event No.	Gender	Age	Event	Heights	Round
9:00 AM	201	Boys	U11	1500 Metre Run		Final
9:00 AM	202	Boys	U12	1500 Metre Run		Final
9:10 AM	203	Girls	U11	1500 Metre Run		Final
9:10 AM	204	Girls	U12	1500 Metre Run		Final
9:20 AM	205	Boys	U13	1500 Metre Run		Final
9:20 AM	206	Boys	U14	1500 Metre Run		Final
9:30 AM	207	Boys	U15	1500 Metre Run		Final
9:30 AM	208	Boys	U16	1500 Metre Run		Final
9:30 AM	209	Boys	U17	1500 Metre Run		Final
9:40 AM	210	Girls	U13	1500 Metre Run		Final
9:40 AM	211	Girls	U14	1500 Metre Run		Final
9:40 AM	212	Girls	U15	1500 Metre Run		Final
9:40 AM	213	Girls	U16	1500 Metre Run		Final
9:40 AM	214	Girls	U17	1500 Metre Run		Final
10:00 AM	215	Boys	U09	100 Metre Run		Timed Finals
10:09 AM	216	Girls	U09	100 Metre Run		Timed Finals
10:18 AM	217	Boys	U10	100 Metre Run		Timed Finals
10:27 AM	218	Girls	U10	100 Metre Run		Timed Finals
10:36 AM	219	Boys	U13-17 MC	100 Metre Run		Final
10:36 AM	220	Girls	U13-17 MC	100 Metre Run		Final
10:40 AM	221	Boys	U11	100 Metre Run		Timed Finals
10:49 AM	222	Girls	U11	100 Metre Run		Timed Finals
10:58 AM	223	Boys	U12	100 Metre Run		Timed Finals
11:07 AM	224	Girls	U12	100 Metre Run		Timed Finals
11:16 AM	225	Boys	U13	100 Metre Run		Timed Finals
11:25 AM	226	Girls	U13	100 Metre Run		Timed Finals
11:31 AM	227	Boys	U14	100 Metre Run		Timed Finals
11:34 AM	228	Girls	U14	100 Metre Run		Timed Finals
11:40 AM	229	Boys	U15	100 Metre Run		Timed Finals
11:46 AM	230	Girls	U15	100 Metre Run		Timed Finals
11:49 AM	231	Boys	U16	100 Metre Run		Final
11:49 AM	232	Boys	U17	100 Metre Run		Final
11:52 AM	233	Girls	U16	100 Metre Run		Final
11:52 AM	234	Girls	U17	100 Metre Run		Final
12:00 PM	235	Boys	U13-17 MC	200 Metre Run		Final
12:00 PM	236	Girls	U13-17 MC	200 Metre Run		Final

FIELD						
Prov Time	Event No.	Gender	Age	Event	Location	Weight / Start Height
8:30 AM	301	Boys	U15	High Jump	Area 1	1.30m
8:30 AM	302	Boys	U16	High Jump	Area 1	1.35m
8:30 AM	303	Boys	U11	Javelin	Runway 1	400g
9:00 AM	304	Boys	U12	Triple Jump	Pit 1	
9:00 AM	305	Girls	U12	Triple Jump	Pit 2	
9:00 AM	306	Girls	U15	Discus	Circle 2	1kg
9:00 AM	307	Girls	U16	Discus	Circle 2	1kg
9:00 AM	308	Girls	U17	Discus	Circle 2	1kg
9:30 AM	309	Boys	U14	Javelin	Runway 1	600g
9:30 AM	310	Boys	U13	Long Jump	Pit 1	
9:30 AM	311	Girls	U13	Long Jump	Pit 2	
9:30 AM	312	Boys	U13-17 MC	Long Jump	Pit 1	
9:30 AM	313	Girls	U13-17 MC	Long Jump	Pit 2	
10:00 AM	314	Boys	U10	High Jump	Area 2	0.90m
10:00 AM	315	Girls	U11	Shot Put	Circle 1	2kg
10:00 AM	316	Girls	U13	Shot Put	Circle 2	3kg
10:30 AM	317	Girls	U15	High Jump	Area 1	1.20m
10:30 AM	318	Girls	U16	High Jump	Area 1	1.25m
10:45 AM	319	Girls	U14	Discus	Circle 2	1kg
10:45 AM	320	Boys	U15	Triple Jump	Pit 1	
10:45 AM	321	Boys	U16	Triple Jump	Pit 1	
10:45 AM	322	Boys	U17	Triple Jump	Pit 1	
10:45 AM	323	Girls	U09	Discus	Circle 1	500g
11:00 AM	324	Boys	U09	Long Jump	Pit 1	
11:15 AM	325	Boys	U14	Long Jump	Pit 2	
11:15 AM	326	Boys	U11	Shot Put	Circle 1	2kg
11:15 AM	327	Boys	U12	Javelin	Runway 1	400g

\* Region High Jump start heights are set 10cm below the State Track & Field start heights

## SUNDAY AFTERNOON SESSION

TRACK						
Prov Time	Event No.	Gender	Age	Event	Heights	Round
1:00 PM	237	Boys	U09	60 Metre Hurdles	45cm	Timed Finals
1:09 PM	238	Girls	U09	60 Metre Hurdles	45cm	Timed Finals
1:18 PM	239	Boys	U10	60 Metre Hurdles	60cm	Timed Finals
1:27 PM	240	Girls	U10	60 Metre Hurdles	60cm	Timed Finals
1:40 PM	241	Boys	U11	80 Metre Hurdles	60cm	Timed Finals
1:46 PM	237	Girls	U11	80 Metre Hurdles	60cm	Timed Finals
1:52 PM	238	Boys	U12	80 Metre Hurdles	68cm	Timed Finals
1:58 PM	239	Girls	U12	80 Metre Hurdles	68cm	Timed Finals
2:04 PM	240	Boys	U13	80 Metre Hurdles	76cm	Timed Finals
2:10 PM	241	Girls	U13	80 Metre Hurdles	76cm	Final
2:13 PM	242	Girls	U14	80 Metre Hurdles	76cm	Final
2:20 PM	243	Boys	U14	90 Metre Hurdles	76cm	Final
2:23 PM	244	Girls	U15	90 Metre Hurdles	76cm	Final
2:26 PM	245	Girls	U16	90 Metre Hurdles	76cm	Final
2:35 PM	246	Girls	U17	100 Metre Hurdles	76cm	Final
2:38 PM	247	Boys	U15	100 Metre Hurdles	76cm	Final
2:38 PM	248	Boys	U16	100 Metre Hurdles	76cm	Final
2:55 PM	249	Boys	U13-17 MC	400 Metre Run		Final
2:55 PM	250	Girls	U13-17 MC	400 Metre Run		Final
3:00 PM	251	Boys	U09	400 Metre Run		Timed Finals
3:09 PM	252	Girls	U09	400 Metre Run		Timed Finals
3:15 PM	253	Boys	U10	400 Metre Run		Timed Finals
3:24 PM	254	Girls	U10	400 Metre Run		Timed Finals
3:33 PM	255	Boys	U11	400 Metre Run		Timed Finals
3:39 PM	256	Girls	U11	400 Metre Run		Timed Finals
3:45 PM	257	Boys	U12	400 Metre Run		Timed Finals
3:51 PM	258	Girls	U12	400 Metre Run		Timed Finals
3:57 PM	259	Boys	U13	400 Metre Run		Timed Finals
4:03 PM	260	Girls	U13	400 Metre Run		Timed Finals
4:09 PM	261	Boys	U14	400 Metre Run		Timed Finals
4:15 PM	262	Girls	U14	400 Metre Run		Final
4:18 PM	263	Boys	U15	400 Metre Run		Final
4:21 PM	264	Girls	U15	400 Metre Run		Final
4:24 PM	265	Boys	U16	400 Metre Run		Final
4:24 PM	266	Boys	U17	400 Metre Run		Final
4:27 PM	267	Girls	U16	400 Metre Run		Final
4:27 PM	268	Girls	U17	400 Metre Run		Final

FIELD						
Prov Time	Event No.	Gender	Age	Event	Location	Weight / Start Height
1:00 PM	328	Girls	U10	High Jump	Area 2	0.80m
1:00 PM	329	Boys	U10	Long Jump	Pit 1	
1:00 PM	330	Girls	U09	Long Jump	Pit 2	
1:00 PM	331	Boys	U13	Shot Put	Circle 2	3kg
1:00 PM	332	Boys	U15	Javelin	Runway 1	700g
1:00 PM	333	Boys	U16	Javelin	Runway 1	700g
1:00 PM	334	Boys	U17	Javelin	Runway 1	700g
1:30 PM	335	Girls	U12	High Jump	Area 1	1.05m
1:30 PM	336	Girls	U14	Shot Put	Circle 1	3kg
1:30 PM	337	Girls	U13-17 MC	Shot Put	Circle 1	Various
2:00 PM	338	Girls	U11	Discus	Circle 1	500g
2:00 PM	339	Boys	U11	Long Jump	Pit 2	
2:30 PM	340	Boys	U14	Shot Put	Circle 2	3kg
2:30 PM	341	Girls	U13	Discus	Circle 2	750g
3:00 PM	342	Girls	U11	Long Jump	Pit 1	
3:00 PM	343	Boys	U12	High Jump	Area 1	1.15m
3:00 PM	344	Girls	U15	Triple Jump	Pit 2	
3:00 PM	345	Girls	U16	Triple Jump	Pit 2	
3:30 PM	346	Boys	U13	Javelin	Runway 1	600g
3:30 PM	347	Girls	U14	Long Jump	Pit 2	
3:30 PM	348	Girls	U12	Discus	Circle 2	750g

\*run by D1 Officials

\* Region High Jump start heights are set 10cm below the State Track & Field start heights