2026/27 Commonwealth Bank Region Relay Carnivals (U9-U17)

Region	Date	Venue	Address
EMR	Saturday 21st November 2026	Yarra Ranges	Yarra Ranges Athletics Track Burdap Dr, Mount Evelyn 3796.
GCR	Saturday 21st November 2026	Moe	Joe Carmody Athletics Track 307 Old Sale Rd, Newborough 3825.
NCR	Sunday 22nd November 2026	Bendigo	Lar Birpa Athletics Complex 58 Retreat Rd, Flora Hill 3550.
NMR	Saturday 21st November 2026	Craigieburn	Sprint Athletics Centre Aitken Blvd, Craigieburn 3064.
SMR	Saturday 21st November 2026	Frankston	Frankston Little Athletics Centre Benanee Drv, Frankston 3199.
WCR	Sunday 22nd November 2026	Warrnambool	Brauerander Park Caramut Road, Warrnambool 3280.
WMR	Saturday 21st November 2026	Corio	Goldsworthy Reserve Goldsworthy Rd, Corio 3214

2026/27 State Relay Championships

Lakeside Stadium, Albert Park
Saturday 12th & Sunday 13th December 2026
U9-U17 athletes

***PLEASE NOTE: In the event of any discrepancy between rules or regulations mentioned in this document and the LAVic Official Rules and Regulations, the Official Rules and Regulations (located on the LAVic website) will take precedence.**

Admin Timeline

Mon 12/10 (4pm)	Entry Portal Opens – Region Relay Carnivals. Team Manager Portal Opens.
Mon 2/11 (11am)	**Entry Portal Closes – Region Relay Carnivals. NO LATE ENTRIES ACCEPTED.** Team Manager Portal Closes.
Mon 2/11 (4pm)	LAVic will send spreadsheets to all Centres/Regions with teams to collect individual athlete details for each team. LAVic will provide provisional entry lists to each Region.
Thurs 5/11 (11am)	Spreadsheets with individual athlete details for each team due to LAVic. Deadline for nominated teams to be scratched without payment being due.
Mon 9/11 (11am)	Deadline for any requests to change teams due to athlete withdrawals from a Centre to a Region team or vice-versa or to change age groups.
Mon 9/11(4pm)	LAVic will send Meet Manager databases & final entry lists to Regions. LAVic will invoice Centres for entered teams.
Fri 13/11(9am)	Deadline for Regions to send Seeded databases to office.
Wed 18/11 (11am)	Final cutoff for athlete changes to be lodged with LAVic. Changes after this time/date to be lodged with Regions on day of event via Team Change Form.
Sat 21/11 & Sun 22/11	**Region Relay Carnivals**.
Mon 23/11 (11am)	Meet Manager Files due from Regions to LAVic.
Thurs 26/11 (4pm)	Initial progressions released. Scratching portal opens and Team Manager portal re-opens. Field Relay nominations open. Centre duty allocations sent to Centres.
Mon 30/11 (11am)	Scratching portal closes. Field Relay nominations close.
Tues 1/12 (4pm)	Final track progressions released. Final Field Relay teams announced. Any changes to Centre duties confirmed (likely minimal).
Thurs 3/12 (4pm)	Spreadsheet to confirm individual athlete names sent to Centres/Regions.
Mon 7/12 (11am)	Spreadsheet confirming individual athlete names due to LAVic. Team Manager portal closes.
Sat 12/12 & Sun 13/12	**State Relay Championships**.

Entry Process & Fees

All entries must be completed online. Centres can enter their teams on multiple occasions up to the closing date, **Monday 2nd November 2026 @ 11am.** If teams entered need deleting or amending this can be done by contacting the LAVic office, prior to the closing date. After the closing date no additional teams can be entered. Entry Fees are $36 per team.

In the event of one or more team members becoming unavailable after the initial nomination of teams, LAVic, at the discretion of the Competition Manager, may allow a team to change from a Centre team to a Region team or vice-versa or allow a team to change age groups up until 11am on Monday 9th November. After this time, no team can be changed from a Centre team to a Region team or vice-versa or change age groups.

Note: these changes will be limited to teams where at least one of the original team members nominated still remains in the team.

Team Managers

Each Centre may nominate two Team Managers for the Region Relay Carnivals. All nominations must be completed by **Monday 2nd November 2026 @ 11am.**
Please make sure the Working with Children Check and Expiry Date information is completed.

The Team Manager portal can be completed by clicking on the link **HERE**.

If your Centre has Teams that qualify for the State Relay Championships, these Team Manager details will still apply, unless advised otherwise.

If you would like to add/remove Team Managers between Region & State events, please email: debbie.baskin@lavic.com.au before Monday 7th December.

Child Safe and Play by the Rules Requirements

Team Managers are encouraged to familiarise themselves with the Childsafe 'Play by the Rules' modules, they are available online and a fantastic learning tool.
The recommended modules are:

1. PBTR – Safeguarding Children and Young People in Sport Induction Course
2. PBTR - Harassment and Discrimination Course

Please click on the link below to complete them HERE.

Overview of Age groups and Events

To compete in the Region Relay Carnivals, athletes must be a LAVic financial registered competitive member in their correct age group (U9-U17) by the submission of the Team entry form. If a Team change occurs after the submission of entries, all athletes must be a LAVic financial registered competitive member in their correct age group by the submission of the Team Change Summary form.

The Region Relay Carnivals are also the qualification method for teams wishing to compete at the State Relay Championships (further details are provided later in this document).

The Events offered and their allowable composition are as follows:

Event Type	Age Group	Team Composition
4 x 100m	U9 - U17 B & G	4
4 x 200m	U9 - U17 B & G	4
Swedish Medley (100m,300m,200m,400m)	U9 - U17 B & G	4
Mixed Sex 4 x 100m	U9 - U17 MS	2 x Boys, 2 x Girls
Mixed Sex 4 x 200m	U9 - U17 MS	2 x Boys, 2 x Girls
Multi-Class 4 x 100m	U9 – U17 MT	4 (any combination)
Multi-Class 4 x 200m	U9 – U17 MT	4 (any combination)

***Note Field Relays for U13 to U17 will be offered at the State Relay Championships. These events are not offered at the Region Relay Carnivals.**

B – Boys Only **G** – Girls Only **MS** – Mixed Sex **MT** – Mixed Teams

All track events at the Region and State Relays are Timed Finals / Final only. As all events are either a Final or Timed Final, **team composition is limited to 4 athletes only per team**.

The maximum number of events / Teams an athlete can compete in is Four (4).

Athletes cannot compete in more than one (1) team in each event type.

Athletes cannot compete in two (2) or more different age groups in the same event type.

Team changes on the day of the event (due to illness/injury/absence etc.) can be made using the appropriate form but **MUST BE LODGED AT LEAST 45 MINUTES PRIOR TO THE START TIME OF THAT EVENT**. Team changes can still occur between Region and State Relays if required.

The Swedish Medley consists of (in order), **100mts, 300mts, 200mts, 400mts**. The first 100mts is laned, starting at the 200mt start line. Once the first change-over occurs the 2nd athlete can leave their lane at the break line on the front straight, then all other legs are un-laned.

Athletes may be promoted to a higher Age Group as follows:

- All age group athletes (from U9 up), except Multi-Class, may be promoted 1 or 2 age groups.
- Multi-Class (U9 and older) athletes can be promoted into all available Multi-Class age group types.
- Athletes from U6-U8 are not eligible to compete and cannot be promoted in any situation.
- Further details regarding promotion of athletes can be found in the Competition Regulations.

Multi-Class Relays

Relays will be conducted in the 4x100 and 4x200 as Mixed Teams (any combination of Boys/Girls). The age group types are U9-U10, U11-U12 and U13-U17. Multi-Class athletes (U9 and older only) can be promoted into any of these age group types.

As the converted time is used to calculate a percentage, no advantage is gained by Mixed Teams competing together.

Mixed Teams can be 4 boys, 4 girls, 3 boys & 1 girl, 3 girls & 1 boy or 2 boys & 2 girls.

Medals will be awarded at both the Region Carnivals and State Championships, once the performances have been converted to an overall team percentage.

Progression to State Relay Championships

The Region Relay Carnivals are the sole qualification method for teams wishing to compete at the State Relay Championships. No direct entries are accepted for the State Relay Championships (apart from Field Relays, covered later in this document).

For all Track events in each of the U9 to U17 age groups, the winning team at each Regional Carnival will qualify for the State Championships with the remaining available places allocated to the next fastest teams regardless of Region.

The number of teams qualifying for each event will be as follows:

- 4 x 100m (U9-U15) – 7 Region Winners + next 17 fastest teams (24 in total)
- 4 x 100m (U16-U17) – 7 Region Winners + next 9 fastest teams (16 in total)
- 4 x 200m (U9-U17) - 7 Region Winners + next 9 fastest teams (16 in total)
- Swedish Medley (U9-U17) - 7 Region Winners + next 9 fastest teams (16 in total)

For Multi-Class Relays, the fastest 16 converted times (using Baseline Tables) for each Age Group Type (U9-U10, U11-U12 & U13-U17) in each event (MT 4 x 100m and MT 4 x 200m) will qualify for the State Championships.

All events at both the Region and State Relays are Timed Finals / Final only and **seeding at State Championships is based on performance at Region Relay Carnivals.**

Field Relays at State Relay Championships

LAVic will again be offering Field Relays for the U13 to U17 age groups at the State Relay Championships. Teams for this event will consist of 3 athletes with one athlete doing Long Jump, one doing Shot Put and one doing Discus.

Entries for the Field Relays will be via direct entry with LAVic with opening and closing dates to be advised closer to the Championships.

Field Relays will not be a part of the Region Relay Carnivals and are therefore not included as part of the entry process for the Region Relay Carnivals.

Uniforms & Footwear

All athletes competing must wear their **approved Centre/Region Uniform** which conforms to the standards as defined in the **LAVic Centre Uniform Booklet** (HERE).

The Coles Registration patch must be worn at both the Region Relay Carnivals and State Relay Championships.

- **Spikes are not permitted to be worn by U9-U10 athletes (even if they are promoted to older age group events).**
- **U11 – U17 athletes may wear spikes in all events.**

Timetable

A proposed starting time plus order of events for each Region will be added to the Region event page. The final timetable will be available on the Region Relay Event Page after entries close.

The draft Timetable for the State Relay Championships 2026-27 will be added to the State Relay Championships event page on Tuesday 20th October. **Please note that Under 9 to Under 12 events and all Multi-Class events will be held on the Saturday and Under 13 to Under 17 events will be held on the Sunday at the State Relay Championships.**

Call Rooms

Where applicable, the call room times, and process will be advised by the Region once entries have closed and the timetable produced. Details will be sent out to all Centres.

Presentations

For each **Region Relay Carnival Event**:

- Medals will be presented to the first three placegetters, in either the Final or the finalised times from the Timed Finals, or the converted performances for Multi-Class events. (Team of 4 athletes only).

For each **State Relay Championship Event**:

- Medals will be presented to the first three placegetters, in either the Final or the finalised times from the Timed Finals, or the converted performances for Multi-Class events. (Team of 4 athletes only).
- A team pennant will be presented to the first three placegetters, as above.

Centre Duties

Below is a list and description of Centre duties assigned at most Region and State Relay events.
Note: Regions will assign their own duties, LAVic office will assign State duties.

Position:	Summary of role:
Arena Steward	Ensure only accredited personnel access the track
Call Room Assistant	Assist with checking uniforms and attaching hip numbers where required
Communications Assistant	Assist Administration Manager with various tasks
Finish Marshall	Assist with removing athletes from the track
Finish Place Judge	Assist with calling out finishing order of each event
Finish Scribe	Writing down the finishing order of each event
Refreshment Steward	Provide refreshments to officials
General Officials	As required perform the duties of any General Official position (Will be called across PA if required)
Start Marshall	Assist with organising starting athletes prior to each event
Takeover Zone Marshal Assistant	Assist in marshalling athletes onto the track at each takeover zone
Takeover Zone Umpire	Refer infringements to the Takeover Zone Chief
Technical Set Up	Assist Technical Manager with the set up before the event
Technical Pack Up	Assist Technical Manager with the pack up after the event
Timekeeper	Assist with timekeeping each race
Track Umpire	Observe athletes for lane or interference infringements

Links to the relevant LAVic Rules and Regulations are listed below:

Competition Rules:

Relay relevant rules are:

- Rule 170: Relay Races (page 23)

Competition Regulations:

Relays relevant rules are:

- Rule 611: Draws and Qualifications in Track Events (page 12)
- Rule 612: Relay Teams (page 14)

The Rules & Regulations can be found HERE.

Entries & Portal link

Step by step instructions are as follows:

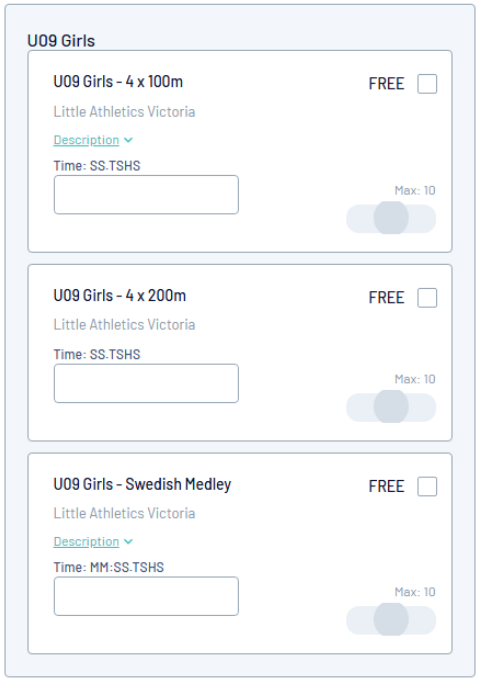
1. **Click HERE to access the U9-U17 Region Relay Carnivals Team registration portal.**

2. Have a read over the event description and then click on the <Register Now> button at the top of the page.

3. Log into Game Day and when asked "who would you like to register?", select <New Participant> and click <Next>.

4. Fill in your contact details and then select either "Team Manager" or "Centre Administrator" (whichever applies) and click <Next>.

5. Work your way through each age group and event and select which teams you wish to enter. Each age group/event will have a box like this …



The age group and event are in the top left corner of each box. The description for each event will have the price in the drop-down menu.

To enter 1 or more teams in an Event, tick the "FREE" box and then use the "+" and "-" buttons to adjust the number of teams you wish to enter in each event (orange).

6. Once you have entered all of your teams, click <Next>. **Please note that there is no requirement to enter anything in the time section box (bottom left).**

7. Select your Centre and your role from the options available and click on <Next>.

8. Review the products selected on the summary screen. Click <Edit> if you need to edit the number of existing entries or add additional entries or click <remove item> if you wish to remove an entry. Once you are happy with the events selected, hit <submit registration>.

9. You should now be on the final page that confirms that your registration has been submitted. You should also receive a confirmation email.

A few important notes:

- Entries will show as "FREE" on the system during the registration process. Centres and Regions will be invoiced $36 per team, per event entered following the close of entries.
- The box requesting a time for each event group can be left blank. No information is required here.
- Game Day allows up to 15 minutes to enter data. If you have a large number of teams to enter or don't have all of your team numbers ready to enter, it is suggested that you enter the teams in batches.
- If you finalise your entries and then wish to enter additional teams at a later date, you will need to complete a new registration listing ONLY the additional teams you wish to enter. Please do not re-register teams that you have already entered.
- If you enter any teams that need to be withdrawn prior close of submission of Team spreadsheets (11am, Thursday 5th November), please email details to brett.johnstone@lavic.com.au prior to the close of entries.
- Any requests to withdraw teams after the submission of Team spreadsheets can also be sent to brett.johnstone@lavic.com.au but please note that Centres/Regions will still be invoiced for these teams.

If you require further assistance

Entry enquiries - Brett Johnstone, brett.johnstone@lavic.com.au.

Team Manager enquiries - Debbie Baskin, debbie.baskin@lavic.com.au.