



Little  
Athletics  
Victoria



## Region Information Booklet

# Coles Region Track & Field Carnivals 2023

Saturday 18<sup>th</sup> & Sunday 19<sup>th</sup> February

Region	Host Centre	Address
EMR	Doncaster	Tom Kelly Athletics Track, Doncaster East
GCR	Cranbourne	Casey Fields, Cranbourne East
NCR	Bendigo	Latrobe University Athletics Track, Flora Hill
NMR	Essendon	Moonee Valley Athletics Centre, Aberfeldie
SMR	Caulfield	Duncan Mackinnon Reserve, Murrumbeena
WCR	Ballarat	Llanberris Reserve, Ballarat East
WMR	Corio	Goldsworthy Reserve, Corio

**2023 State Track & Field Championships**  
Lakeside Stadium, Albert Park, Sat 11<sup>th</sup> – Sun 12<sup>th</sup> March.

# General Information

## COVID Protocols

Whilst the majority of formal Covid restrictions have now been lifted in Victoria, Covid is still present in the community, and some people are more vulnerable to it than others. As such, Little Athletics Victoria asks that you continue to do the following where possible:

- Do not attend the event if you are unwell or have been instructed to isolate or quarantine.
- Where possible, attendees are asked to maintain at least 1.5m physical distance between themselves and others.
- Whilst face masks are no longer compulsory, those that wish to wear them are more than welcome to do so.
- Personal hygiene measures such as hand sanitising after touching surfaces and using toilets are essential, as well as observing the cough etiquette to minimise the risk of spreading any droplets.

Hand Sanitiser will be located at various locations throughout the venue.

## Entries / Event Changes

After the close of entries, additional athletes or changes to events cannot occur. If athletes attend your Region event and they are not registered as per the Start or Field event sheets, they cannot be added. There are no late entries. Additionally, athletes cannot change their events on the day.

## Uniforms & Registration/Sponsorship Patches

All athletes competing must wear their approved Centre uniform which conforms to the standards as defined in the **LAVic Centre Uniform Booklet**. The Centre uniform must have their Commonwealth Bank registration patch and Coles sponsor badge sewn onto their Competition top as details in the Uniform Booklet.

The Rules covering uniforms are detailed in Rule 143 as found in the LAVic **Competition Rules**.

It is each Centre's responsibility to ensure that their athletes are in approved Centre Uniform. Note – shorts are not to have pockets.

Please note that several Centres now have the approved LAVic competition shorts that contain both the LAVic and Centre logo / number on them. These shorts all have either the Game Day or Energetic logo on the back right hand side.

## Spikes

Age Groups	Track Events	Field Events
U9 – U10	No spike shoes allowed	No spike shoes allowed
U11 – U12	All events run entirely in lanes	All jump events & Javelin
U13 – U17	All events except Race Walks	All jump events & Javelin

Spikes Size: Maximum 7mm for Track Events and 9mm for Field Events.

Spikes Shape: Only Conical or Pyramid spikes are permitted at Lakeside Stadium, so athletes are required to wear these at Region as well.

## Competition Rules & Regulations, Specifications

All details can be found on the **Competition Rules & Regulations** page of the LAVic website as required.

## Victorian Best Performances (VBP)

Please ensure all provisional VBPs are checked and signed off by the Referee and the Chief Timekeeper for Track events. Regions are to submit the paperwork on the form supplied. For further details, please refer to Rules 260 and 261 of the Competition Rules. Please note that VBPs are not recorded in Multi Class events at this stage and any VBPs set at Coles Region Carnivals are only provisional until after the State Track and Field Championships.

## Australian Best Performances (ABP)

An ABP is no longer eligible to be accepted at Region Carnivals.

## Call rooms

Each Region is encouraged to use a Call room for marshalling athletes and checking uniforms etc.

## Officials

Please confirm with all Officials and Centre helpers, that they must wear enclosed shoes when officiating. Please remind them to be Sun Smart and provide plenty of water to ensure all volunteers remain well hydrated.

The allocation of Officials for the State Track & Field Championships has already commenced. Please advise Debbie Baskin [debbie.baskin@lavic.com.au](mailto:debbie.baskin@lavic.com.au) if you identify any Officials at your Region that may enjoy the opportunity to assist at States.

## **Qualifying for State Track & Field Championships**

The first placed athlete per Region per event will automatically qualify for the 2023 State Track & Field Championships except in Multi Class (note - qualifying standards apply for High Jump and Race Walks). Please refer to Rule 604 of the Competition Regulations for details. The rest of the field will be made up of the next best performances from across all Regions to complete the field of 24 athletes (16 athletes only in 800m events and some Under 16 and Under 17 events – refer to the table on Page 7 of the Competition Regulations).

Athletes must have competed in and finished in the overall top 10 placing in the relevant event at the Coles Region Track and Field Carnival where the athlete's Centre is allocated, except for High Jump and Race Walks, refer to Rule 610.

Multi-Class athletes will be progressed based on their converted performance at the Coles Region Track & Field Carnival, up to the maximum field size for each event.

If there are insufficient entries, or if places and performances are equal, only clear progressions will be advanced, i.e., a field may be less than the allowed maximum field size.

## **Ties/Dead Heats**

We do not conduct run offs in the case of equal performances, all places and performances remain equal. Once the applicable count back rules have been applied in Field events and athletes cannot be separated, then the athletes tying will be awarded with the same final place. If this concerns the presentation of medals, then all tied athletes (after countback) are to receive medals.

## **Clash Forms**

Regions will receive a Clash Summary report from LAVic for all events, which can be distributed to the Starters Assistant and the Field Event Chiefs. Clash forms are not required for athletes listed on the Clash Summary report.

The Clash Summary report is generated once the final timetable has been submitted and entered into Meet Manager. Centres will receive a copy of this report.

Only new clashes that arise on the day, will require a Clash form to be submitted. The Clash form is to be submitted to the Track Call Room for Track events and to the Field Event Chief for Field events.

At State and some Regions, a Clash Marshal is used. This marshal will organise for the athletes to be collected and moved from event to event, according to the clash report.

## Athlete Scratch Forms

Centres will be sent Athlete Scratch forms, for any athlete who wishes to withdraw from an event. These forms are to be submitted to the Track Call Room for Track events and to the Field Event Chief for Field events. This information will be used to determine if any changes are made to the events, such as Timed Finals becoming a straight Final, and to assist the Call Room, who could be held up looking for athletes who are not going to turn up.

## Results Hub

The link to Results Hub, will be loaded on each of the Region Track & Field Carnival webpages by LAVic in the week prior to the start of the competition for use on the event weekend. The office will work with Region representatives to set up and prepare Results Manager / Hub instructions in the week prior to the event. All regions should be using the supplied internet dongle.

## Protests

A protest can only be lodged by a Centre Team Manager within 15 minutes of the posting of the official results. The protest must be submitted on the protest form available from communications. Only Centre Team Managers can access this area.

A protest requires a payment of \$55 and shall be retained if the protest is considered frivolous by the Referee or Jury of Appeal. Payment is only acceptable by Centre cheque or exact cash; personal cheques or credit card is not accepted.

### On Field Protests (Field Events Only)

If an athlete or Centre Team Manager only (**not parents / guardians, coaches, spectators**) in the U13-U17 age groups makes an immediate oral protest against having an attempt judged as a failure, the Referee and /or Chief of the event may, at their discretion, order that the attempt be measured and the result recorded, in order to preserve the rights of all concerned. At the end of the round the Referee will adjudicate on the protest.

## Jury of Appeal

If you are operating with a Jury of Appeal, the following applies. To arrive at a fair decision, the Jury of Appeal **only**, may consult all available evidence including video evidence; however, video will not be considered for any breaches of technical rules for Race Walking.

Regions should make every effort to have a Jury of Appeal. If for any reason, Regions are unable to form a Jury of Appeal, the appeal process for their Region should be clearly communicated to Centres prior to the event.

## **Disqualification**

In the event of a disqualification or other decision by the Referee, the Referee will call for the Centre Team Manager and ask them to report to either a Referee or the Call room.

If the Centre Team Manager does not report after the 2<sup>nd</sup> call, the Referee will proceed with making their decision without the Team manager being present.

## **Team Managers - Child Safety**

Team Managers will be sent the information on Child Safe policies, this is applicable to all Officials as well.

They are required to familiarise themselves with the "Play By The Rules" Child Protection and Safeguarding Course , which is available [HERE](#)

## **Privacy**

There will be athletes competing who are unable to be photographed due to child safety and privacy concerns. After the close of entries Regions/Centres/Team Managers will be notified of registered non-consenting athletes competing. These athletes are identified by wearing a multi coloured wrist band and their Registration patch will have a red line on it.

# Event Information

## Standing Starts

A reminder that all athletes (regardless if spikes are being worn or not) **can** perform a standing start if they wish to do so (LAVic Rule 162.15).

## Track Events

All Track events at the Coles Region Carnivals and State Championships are either a Final or Timed Finals. Qualifying Heats are no longer conducted to progress to the Final.

The following is used for both Coles Region Carnivals and State Championships when determining whether each event is to be conducted as a Final or Timed Finals.

## Fully Laned Events (70m, 100m, 200m, 400m, 60m - 300m Hurdles)

Where there are more than 8 declared entries, athletes will be placed in finals up to a maximum of 8 athletes per final. A series of Timed Finals will be used to determine the overall placing of athletes. i.e. Heats and Finals will not be conducted.

## 800m

Where there are more than 16 declared entries, athletes will be placed in finals up to a maximum of 16 athletes per final. A series of Timed Finals will be used to determine the overall placing of athletes. i.e. Heats and Finals will not be conducted.

## 1500m and Race Walks

Where there are more than 24 declared entries, athletes will be placed in finals up to a maximum of 24 athletes per final. A series of Timed Finals will be used to determine the overall placing of athletes. i.e. Heats and Finals will not be conducted.

## Mixed Gender / Mixed Age Events

The Organising body may combine age and/or genders to make full fields. Athlete's performances will be used to determine places in each age group and gender.

## **Ranking and Composition of Timed Finals**

### **Coles Region Carnivals**

- (a)** Athletes / Teams will be randomly placed in finals in those events conducted as Timed Finals.
- (b)** The allocation of lanes for a Timed Final(s) will be random.

### **State Championships**

Athletes shall be allocated lanes and seeded to a Timed Final based on the performances achieved during the Coles Region Carnivals.

- (a)** Depending upon the number of declared entries, based on the maximum field size as per Rule 604, the Timed Finals will be conducted from slowest to fastest. The last Timed Final will contain the fastest athletes / teams based on the performances achieved during the ColesRegion Carnivals.
- (b)** In each Timed Final, the allocation of lanes will be in three draws:
  - Four highest ranked athletes / teams will be randomly allocated lanes 3,4,5 & 6
  - Fifth and sixth ranked athletes / teams will be randomly allocated lanes 7 & 8.
  - Seventh and eighth ranked athletes / teams will be randomly allocated lanes 1 & 2.

## **Ranking and Composition of a Single Final**

In the 800m, 1500m and Race Walks where only one Final is required, lanes / starting positions will be random.

## **Changes to number of lanes or collapsing of Timed Finals**

For events run entirely in lanes at either the Coles Region Carnivals or State Championships, it is permissible to have one Final greater than 8 athletes, where the venue is capable to cater for more than 8 lanes.

In the situation where insufficient athletes present to the Track Call Room, and Timed Finals are scheduled, then the event can be collapsed into one Final. The Final is to be conducted at or near the scheduled Timed Final time, within the same event block. This allows the organising body time to re-seed and allocate lanes if required, without penalising the athletes that have prepared and presented to the Call Room in readiness to compete.



## Throwing Implements Equipment Specifications

Boys				Girls			
Age Group	Implement			Age Group	Implement		
	Shot	Discus	Javelin		Shot	Discus	Javelin
U9	2kg	500g	*	U9	2kg	500g	*
U10	2kg	500g	*	U10	2kg	500g	*
U11	2kg	500g	400g	U11	2kg	500g	400g
U12	2kg	750g	400g	U12	2kg	750g	400g
U13	3kg	750g	600g	U13	3kg	750g	400g
U14	3kg	1kg	600g	U14	3kg	1kg	400g
U15	4kg	1kg	700g	U15	3kg	1kg	500g
U16	4kg	1kg	700g	U16	3kg	1kg	500g
U17	5kg	1.5kg	700g	U17	3kg	1kg	500g

## Sprint Hurdle Specifications

Age Group	Max Distance	Max Flights	Max Height	Distance from start line to first hurdle	Distance between hurdles	Distance from last hurdle to finish line
U6	60m	6	20cm	N/A	N/A	N/A
U7	60m	6	30cm	N/A	N/A	N/A
U8	60m	6	45cm	N/A	N/A	N/A
U9	60m	6	45cm	12m	7m	13m
U10	60m	6	60cm	12m	7m	13m
U11	80m	9	60cm	12m	7m	12m
U12	80m	9	68cm	12m	7m	12m
U13	80m	9	76cm	12m	7m	12m
U14 Girls	80m	9	76cm	12m	7m	12m
U14 Boys	90m	9	76cm	13m	8m	13m
U15 Girls	90m	9	76cm	13m	8m	13m
U15 Boys	100m	10	76cm	13m	8.5m	10.5m
U16 Girls	90m	9	76cm	13m	8m	13m
U16 Boys	100m	10	76cm	13m	8.5m	10.5m
U17 Girls	100m	10	76cm	13m	8.5m	10.5m
U17 Boys	110m	10	76cm	13.72m	9.14m	14.02m

## Long Hurdle Specifications

Age Group	Max Distance	Max Flights	Max Height	Distance from start line to first hurdle	Distance between hurdles	Distance from last hurdle to finish line
U13	200m	5	68cm	20m	35m	40m
U14	200m	5	76cm	20m	35m	40m
U15	300m	7	76cm	50m	35m	40m
U16	300m	7	76cm	50m	35m	40m
U17	300m	7	76cm	50m	35m	40m

## High Jump

The following table indicates the starting height for each age group at the **State Track and Field Championship**.

Age	U9	U10	U11	U12	U13	U14	U15	U16	U17
Girls	0.85m	0.90m	1.05m	1.15m	1.20m	1.25m	1.30m	1.35m	1.35m
Boys	0.90m	1.00m	1.15m	1.25m	1.30m	1.35m	1.40m	1.45m	1.45m

**Coles Region Track & Field Carnival** starting heights will be set at **10cm below** the State Track & Field starting heights for each age group listed above.

Athletes who fail to clear at least the height listed for their age group at Coles Region Track and Field Carnival will not automatically qualify or be progressed to the State Track and Field Championship Final, regardless of their place at Region, including first place.

As there are qualifying standards to be eligible to participate at the State Championships in the High Jump, even if the athlete/s finish first, it is important that they are **allowed to continue to jump until they reach the qualifying height or they record 3 consecutive failures**. Please ensure the Chief Judge is aware of the qualifying standards for each age group and gender.

All **U9 & U10** athletes are required to perform the Scissors technique for a valid jump. Refer to **LAVic Competition Rules**, (Rule 182) for details.

For High Jump, if the athletes are still equal after the application of the count back rule, the athletes concerned will be awarded the same place; there are no jump offs.

## Race Walks

Athletes who equal or better the time listed in the following table for their age group at the Coles Region Track & Field Carnival will be eligible to be progressed to the State Track and Field Championships (up to a maximum of 24 athletes per age group).

Where a full field does not exist, the Organising body will have the discretion to progress athletes who fail to meet these times, while ensuring the competency of the athletes is at the required standard.

Age Group	Distance	Time
U9	700m	6 mins 25 secs
U10	1100m	8 mins 30 secs
U11	1100m	8 mins 30 secs
U12	1500m	11 mins 00 secs
U13	1500m	10 mins 30 secs
U14	1500m	10 mins 30secs
U15	1500m	10 mins 30 secs
U16	1500m	10 mins 30 secs
U17	1500m	10 mins 30 secs

**Note:** There are no qualifying times for entry into Region.

### Field Events - Time Limits per trial

The athlete's allowable time to commence their trial is as follows. All rounds are 60 seconds. In High Jump the times are adjusted when there are 3 or less athletes. There are also adjustments for consecutive trials for seated Multi-Class athletes.

	High Jump	Other Field Events
All rounds of competition	60 seconds	60 seconds
When only 2 or 3 athletes left	1 min 30secs	60 seconds
When only 1 athlete left	3 minutes	60 seconds
Consecutive trials	2 minutes	2 minutes – Multi-Class only for seated throws.

The official responsible shall indicate to an athlete that all is ready for the trial to begin, and the period for that trial shall commence from that moment.

Every Region has been supplied with stop watches and yellow flags. The recorder starts the time as above and after 45 seconds the Yellow flag is raised to indicate to the athlete that they have 15 seconds remaining for their attempt. If the athlete hasn't commenced once the 60secs is up, the yellow flag is dropped, the Chief will then raise the Red flag to indicate an invalid trial.

**Please note:** if the athlete baulks during High Jump, the stopwatch is not stopped, it continues until the Chief Judge indicates a valid jump or failure, this is the most important use of the Yellow flag.

# Multi-Class Information

## Age Group Categories

Boys U9-U10	Girls U9-U10
Boys U11-U12	Girls U11-U12
Boys U13-U17	Girls U13-U17

## Competition Rules

All Multi-Class rules and regulations are now incorporated into the **LAVic Competition Rules & Regulations**.

## Multi-Class Long Jump

Athletes may choose to jump from a mat placed near the edge of the pit or a mat up to 1.00m away. The Multi-Class athletes should follow the same rules as listed on in the LAVic Competition Rules.

## Multi-Class 100mts, 200mts & 400mts

U11 – U17 athletes may choose to use starting blocks, as listed in the LAVic Competition Rules. A standing start is recommended for all athletes if this is the usual start performed at local competition.

## Multi-Class Shot Put & Discus

Shot Put and Discus specifications are listed on the following pages and on the **LAVic Competition Rules & Regulations** page on the website.

## Multi-Class Shot Put Specifications

LAVic Age	U9 / U10 / U11		U12		U13 & U14		U15		U16		U17	
Classification	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Hearing Impairment												
<b>F01</b>	2	2	2	2	3	3	4	3	4	3	5	3
Visually Impairment												
<b>F11-13</b>	2	2	2	2	3	3	4	3	4	3	5	3
Intellectual Impairment												
<b>F20</b>	2	2	2	2	3	3	4	3	4	3	5	3
<b>F21</b>	2	1	2	1	3	2	3	2	3	2	3	2
Physical Impairment												
<b>F32 (Seated)</b>	1	1	1	1	1	1	1	1	2	1	2	1
<b>F33 (Seated)</b>	1	1	1	1	2	1	2	2	2	2	2	2
<b>F34 (Seated)</b>	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	3	2
<b>F35</b>	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	3	2
<b>F36</b>	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	3	2
<b>F37</b>	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	2
<b>F38</b>	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	2
Physical Impairment												
<b>F40/41</b>	1.5	1.5	1.5	1.5	2	2	3	2	3	2	3	2
Physical Impairment												
<b>F42</b>	2	2	2	2	3	3	4	3	4	3	5	3
<b>F43/44</b>	2	2	2	2	3	3	4	3	4	3	5	3
<b>F45</b>	2	2	2	2	3	3	4	3	4	3	5	3
<b>F46</b>	2	2	2	2	3	3	4	3	4	3	5	3
<b>F61-64</b>	2	2	2	2	3	3	4	3	4	3	5	3
<b>F52</b>	1.5	1.5	1.5	1.5	2	2	2	2	2	2	2	2
<b>F53</b>	1.5	1.5	1.5	1.5	2	2	2	2	2	2	2	2
<b>F54</b>	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	3	2
<b>F55</b>	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	3	2
<b>F56</b>	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	3	2
<b>F57</b>	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	3	2
Transplant												
<b>F60</b>	2	2	2	2	3	3	4	3	4	3	5	3

If the weight differs in a classification, the U9 & U10 are in the brackets

## Multi-Class Discus Specifications

LAVic Age	U9		U10 & U11		U12		U13		U14		U15 & U16		U17	
Classification	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Hearing Impairment														
<b>F01</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1.5kg	1kg
Visually Impairment														
<b>F11-13</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1.5kg	1kg
Intellectual Impairment														
<b>F20</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1.5kg	1kg
<b>F21</b>	500g	500g	500g	500g	750g	500g	750g	500g	1kg	750g	1kg	750g	1kg	750g
Physical Impairment														
<b>F32 (Seated)</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F33 (Seated)</b>	500g	500g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F34 (Seated)</b>	500g	500g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F35</b>	500g	500g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F36</b>	500g	500g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F37</b>	500g	500g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F38</b>	500g	500g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	1kg	750g
Physical Impairment														
<b>F40/41</b>	500g	500g	500g	500g	500g	500g	750g	500g	750g	500g	1kg	750g	1kg	750g
Physical Impairment														
<b>F42</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg
<b>F43/44</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg
<b>F45</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg
<b>F46</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg
<b>F61-64</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg
<b>F51</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F52</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F53</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F54</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F55</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F56</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
<b>F57</b>	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g	750g	750g	750g	750g
Transplant														
<b>F60</b>	500g	500g	500g	500g	750g	750g	750g	750g	1kg	1kg	1kg	1kg	1.5kg	1kg

## **Multi-Class Field Events**

If there are 8 or less athletes in an Age Group Category, then all athletes will get 4 attempts in Long Jump, Shot Put and Discus. No re-ranking will occur.

If there are more than 8 athletes, after the 3rd round, the Baseline tables will be used to determine the top 8 to receive an additional attempt. They will be re-ranked prior to the start of round 4.

**Note:** Performances at LAVic events cannot be used for Athletics Australia Records.

## **Multi-Class Results**

Medals will be awarded for each age group category & event, being calculated using the Baselines table to adjust scores. For example, the winner of the 100m event will be athlete with the highest adjusted percentage, not necessarily the first across the line.

## **Multi-Class Parents/Carers**

Parents are encouraged not to follow their child into the venue to be at the event, but rather watch from behind the fence. If assistance is required, they are to speak to their Team Manager who will co-ordinate this with the Region / Officials.

## **Multi-Class - Qualifying for the State Track and Field Championships**

To qualify for the 2023 State Track and Field Championships, athletes will need to finish in the top 24 placings (top 16 for 400mts) across all Coles Region Carnivals, after the application of the Baselines Tables.

The maximum field size will be 24 athletes per event (16 for 400mts) in each age group category.

***Please advise if you require any further information or clarification.***

***All the best for a great Coles Region Carnival.***