Competition Rules & Regulations Changes – Season 2026-2027

The following updates have been made to the various Rules and Regulations documents on the LAVic website. These come into effect at the beginning of the 2026-2027 Summer Track & Field season and apply to all levels of competition.

Competition Regulations:

- 602.1.b – added "For all individual events".
- 602.2.b – added T71-72 (Frame Running) to list of classifications.
- 602.6.b.i – Reworded to change the requirement for athletes to be registered prior to entries closing to being registered before that team is confirmed.
  With relays generally being held at the start of the season, this will allow Centres more flexibility to name teams and then follow up to ensure all athletes are registered.
- 602.6.b.ii – Updated from "change occurs on the day" to "change occurs after the submission of entries".
  This reflects that team change forms are often lodged in the lead up to the event rather than just on the day.
- 602.6.d – Updated to same wording as 602.6.b.i.
  Same Team Rules applied as per Summer Relays.
- 603.9 – Updated that summary forms need to be lodged with LAVic by designated date/time (rather than 60 minutes prior to start of block).
- 603.16 – Updated to state that athlete names must be submitted to LAVic by the designated date/time.
  This has been the practice in recent years. Regulation hadn't been updated from previous system of submitting team forms on the day of competition
- 603.17 – Updated from needing to be signed at completion of event to being signed when lodged and acknowledging that lodgement via email is considered signed.
- 604 – Updated and reformatted tables. Combined Event field size limits added to table. Limit of 16 per age group added for Multi-Class Combined Event.
- 609.3 – Added to clarify that any Centre/Region that fails to nominate a Team Manager for an event loses the right to lodge any queries or protests.

- 612.2 – Updated from 60 minutes prior to block to date/time designated by LAVic.
- 612.4 – Updated to state must be a member by submission of Team Summary form.
- 612.15 & 612.16 – Added to clarify when changes to nominated teams (from Centre to Region or vice-versa or change of age group) can be made for Relays.
- 613.5 – Added to clarify when changes to nominated teams (from Centre to Region or vice-versa or change of age group) can be made for Cross-Country Relays.

World Athletics Rules:

- Updated versions of World Athletics Competition Rules and World Athletics Technical Rules (as at 01.07.26) added to web site.

Centre Level Standard Event Table:

- Added heights to each of the hurdle events.

Competition Rules:

- Rule 141 – Added Year of Birth to table for each age group.
- Rule 161.2 – Updated to include classifications T40-41, 60 and 71-72 that can use starting blocks.
- Rule 161 – Updated Note to match LAA Rules regarding Multi-Class categories that may require assistance from Starters Assistant to set up starting blocks.
- Rule 163.6 – Added note that state that a Multi-Class 800m can be ran as a pack start event rather than in lanes if desired.
- Rule 165 – Removed "Photo Finish" from the heading.
- Rule 170.4 – Updated "Judges" to "Umpires".
- Rule 170.6.b – Added "or the baton" to clarify that athletes cannot place material or substances on their hands or the baton to obtain a better grip.
- Rule 170.6.c – Updated wording to align with LAA wording.
- Rule 187.7 – Added "or on their shoes" to clarify that an athlete cannot spray or spread any substance in the throwing circle or their shoes.
- Rule 193.8 – Added note to clarify when an athlete in Javelin can/can't turn their back towards the throwing arc.
- Rule 230.17 – Second note added as per LAA Rules to recommend, where possible, that a Yellow paddle is issued before a Red Card.
- Rules 262 and 263 – New Rules added for Multi-Class VBPs.
- Appendix 1 – Added Year of Birth for each age group.

Centre Uniform Booklet:

- Updated logos and contact information for Licensed suppliers.
- Removed requirement for the small Coles patch above LAVic logo and updated Association Registration patch information to reflect new arrangement with Coles (which replaces the previous Commonwealth Bank registration patch).
- Added provision for Centres/Clubs to be able to add Centre/Club sponsors to tops and shorts.
- Updated images to reflect above changes.
- General restrictions updated to confirm that taping or rolling of uniform items is no longer permitted.

Winter Track & Field Regulations:

- Run up limit for Long Jump extended to 15m for all age groups.
- "Bonus sector" for throws removed.
- As a trial for 2026-2027 season, Under 8 athletes have been added to the eligible athletes that can enter (will provide them an introduction to State Competition prior to commencing their Under 9 season).
- Clarified that Competition Director is solely responsible for protests/appeals.
- Scoring System (6) – clarified process and scoring when an athlete doesn't start one of the individual events.
- Added description of progress to State Winter Track & Field Championships (which was previously listed in the Information Booklet).
- Added description of what happens if one or more Qualifying events is cancelled due to inclement weather.

Multi-Class Throwing Implements Specifications:

- The 3 tables (Shot Put, Discus and Javelin) have now been combined into one document.
- Year of birth added to tables.
- Tables reformatted.

Throwing Implements Specifications Table:

- Separated into separate Boys/Girls tables.
- Year of birth added to tables.
- Tables reformatted.

Hurdle Specifications Table:

- Separated into separate Boys/Girls tables.
- Year of birth added to tables.
- Tables reformatted.