



TIMETABLE

SMR Cross-Country Carnival

Saturday 29th July 2023

CARRUM DOWNS SECONDARY COLLEGE

263 McCormicks Road , CARRUM DOWNS

Parking available off McCormicks Rd and along Brunnings Rd

8.30 am	Meeting of Officials & Team Managers
8.45-9.15 am	COURSE WALK - Athletes, parents and Team Managers are encouraged to walk the course
9.15 am	Marshall for 1st event

Note:

The program is subject to change on the day in conjunction with the safety of all athletes.

EVENT TIMETABLE					
Event	Call Room Time	Event Start Time	Age Group	Gender	Distance
8:45 am Walk the course (all distances)					
1	9.15 am	9:30 am	U14/15/16/17	Boys & Girls	3km
2	9.45 am	10.00 am	U13	Boys & Girls	3km
3	10:15 am	10.30 am	U9	Boys	1.5km
4	10:30 am	10.45 am	U9	Girls	1.5km
5	10.45 am	11.00 am	U10	Boys	1.5km
6	11.00 am	11.15 am	U10	Girls	1.5km
7	11.15 am	11.30 am	U12	Boys	2km
8	11.30 am	11.45 am	U12	Girls	2km
9	11.45 am	12.00 pm	U11, U11-U12 MC	Boys	2km
10	12.00 pm	12.15 pm	U11	Girls	2km
11	12.15 pm	12.30 pm	U9	Boys & Girls	700m Walk
12	12.30 pm	12.45 pm	U12-U17	Boys & Girls	1500m Walk
13	12.45 pm	1.00 pm	U10-U11	Boys & Girls	1100m Walk