



## CROSS-COUNTRY CARNIVAL Saturday 16<sup>th</sup> July 2022

**LAKE DEWAR LODGE  
339 GARRARDS LANE  
MYRNIONG 3341**

(Coming from Melbourne head down the Western Fwy towards Ballarat, take the (C318) turn off for Greendale, Pykes Creek, Blackwood and Trentham. Once you've come off the Freeway at this exit, Garrards Lane is to the left. Follow the road past St Anne's Winery to the very end of the road and turn left into Lake Dewar Lodge.

10.00am – 10.45am Walk the Course

10.00 am Officials/Team Managers report to assembly area for a brief meeting

10.45 am Marshals into their positions.

	Call Room Time	Event Start Time	Age Group	Gender	Distance
1	10.50am	11.00am	U9	Girls	1.5km
2	10.50am	11.00am	U9	Boys	1.5km
3	11.00am	11.10am	U10	Girls	1.5km
4	11.00am	11.10am	U10	Boys	1.5km
5	11.10am	11.20am	U13	Girls	3km
6	11.10am	11.20am	U14	Girls	3km
7	11.10am	11.20am	U15	Girls	3km
8	11.10am	11.20am	U16	Girls	3km
9	11.25am	11.35am	U13	Boys	3km
10	11.25am	11.35am	U14	Boys	3km
11	11.25am	11.35am	U15	Boys	3km
12	11.25am	11.35am	U16	Boys	3km
13	11.50am	12.00pm	U11	Girls	2km
14	11.50am	12.00pm	U11	Boys	2km
15	12.00pm	12.10pm	U12	Girls	2km
16	12.00pm	12.10pm	U12	Boys	2km
17	12.00pm	12.10pm	U11-12 MC	Boys/Girls	2km