

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Girls Under 4x100 Metre Relay Under 09**

VBP: V 1:00.24 1977 Doncaster
 ABP: A 1:00.24 1977 Doncaster, Victoria

Team	Finals	H#
1 Mentone 'A'	1:06.96	3
2 Cranbourne 'A'	1:07.20	3
3 Berwick 'A'	1:08.04	3
4 Caulfield 'A'	1:08.25	3
5 Werribee 'B'	1:08.50	2
6 Brighton 'A'	1:08.86	2
7 Sandringham 'A'	1:09.10	2
8 Nunawading 'A'	1:09.24	3
9 Essendon 'A'	1:09.30	3
10 Yarra Ranges 'A'	1:09.73	2
11 Bendigo 'A'	1:09.81	1
12 Cranbourne 'B'	1:09.83	3
13 Whittlesea City 'A'	1:10.06	3
14 Diamond Valley 'A'	1:10.56	1
15 Collingwood 'A'	1:10.79	2
16 Doncaster 'A'	1:10.85	1
17 Ringwood 'A'	1:11.07	1
18 Williamstown 'A'	1:11.17	2
19 Camberwell-Malvern 'A'	1:11.72	2
20 Yarra Ranges 'B'	1:12.02	1
21 Box Hill 'A'	1:12.32	1
22 Knox 'A'	1:12.75	2
23 Keilor 'A'	1:13.49	1
24 Geelong 'B'	1:14.29	1

Girls Under 4x200 Metre Relay Under 09

VBP: V 2:11.60 1981 Doncaster

Team	Finals	H#
1 Mentone 'A'	2:23.87	2
2 Cranbourne 'A'	2:26.14	2
3 Geelong 'A'	2:27.42	1
4 Sandringham 'A'	2:28.63	1
5 Berwick 'A'	2:28.76	2
6 Cranbourne 'B'	2:28.78	1
7 Brighton 'A'	2:29.03	1
8 Shepparton 'A'	2:30.17	2
9 Doncaster 'A'	2:32.29	2
10 Yarra Ranges 'A'	2:32.98	1
11 Knox 'A'	2:33.25	2
12 Nunawading 'A'	2:33.81	1
13 Camberwell-Malvern 'A'	2:36.76	1
14 Ringwood 'A'	2:37.57	2
15 Whittlesea City 'A'	2:37.58	1
-- Williamstown 'A'	DQ	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Girls Under 1000 Sprint Medley Under 09**

VBP: V 3:11.71 2023		Geelong A	
Team		Finals	H#
1	Cranbourne 'A'	3:16.25	2
2	Mentone 'A'	3:18.86	2
3	Knox 'A'	3:19.10	2
4	Sandringham 'A'	3:19.11	2
5	Berwick 'A'	3:21.36	1
6	Shepparton 'A'	3:21.80	2
7	Brighton 'A'	3:22.04	2
8	Cranbourne 'B'	3:22.17	2
9	Geelong 'A'	3:22.19	1
10	Geelong 'B'	3:24.09	1
11	Camberwell-Malvern 'A'	3:24.63	1
12	Williamstown 'A'	3:27.75	1
13	Doncaster 'A'	3:27.96	2
14	Pakenham 'A'	3:30.19	1
15	Bendigo 'A'	3:30.45	1
16	Coburg 'A'	3:30.48	1

Girls Under 4x100 Metre Relay Under 10

VBP: V 58.68 2010		Sandringham A	
ABP: A 56.84 1985		Hamersley, Western Australia	
Team		Finals	H#
1	Geelong 'A'	1:02.28	3
2	Bacchus Marsh 'A'	1:02.83	3
3	Corio 'A'	1:02.99	3
4	Knox 'A'	1:03.08	3
5	Brighton 'A'	1:03.83	2
6	Whittlesea City 'A'	1:03.97	3
7	Diamond Valley 'A'	1:04.00	3
8	Keilor 'A'	1:04.54	3
9	Sandringham 'A'	1:04.70	2
10	Mentone 'A'	1:05.14	2
11	Caulfield 'A'	1:05.45	2
12	Cranbourne 'A'	1:05.57	1
13	Coburg 'A'	1:06.14	3
14	Essendon 'A'	1:06.24	2
15	Camberwell-Malvern 'A'	1:06.92	1
16	Berwick 'A'	1:07.07	2
17	Ringwood 'A'	1:07.19	1
18	Bendigo 'A'	1:07.44	1
19	Sth Melb District 'A'	1:07.55	1
20	Yarra Ranges 'A'	1:07.61	1
21	Geelong 'B'	1:07.85	1
22	Albury 'A'	1:08.00	2
23	Keilor 'B'	1:08.79	2
24	Ballarat 'A'	1:10.20	1

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Girls Under 4x200 Metre Relay Under 10**

VBP: V 2:03.20 1977		Doncaster			
Team		Finals	H#		
1 Geelong 'A'		2:10.91	2		
2 Knox 'A'		2:14.11	2		
3 Keilor 'A'		2:14.50	2		
4 Brighton 'A'		2:15.04	2		
5 Sandringham 'A'		2:15.57	2		
6 Bacchus Marsh 'A'		2:15.60	2		
7 Diamond Valley 'A'		2:16.83	2		
8 Caulfield 'A'		2:17.27	2		
9 Moorabbin 'A'		2:17.32	1		
10 Mentone 'A'		2:19.08	1		
11 Coburg 'A'		2:20.31	1		
12 Albury 'A'		2:23.47	1		
13 Berwick 'A'		2:24.01	1		
14 Sth Melb District 'A'		2:27.12	1		
15 Geelong 'B'		2:29.70	1		
16 Ballarat 'A'		2:31.42	1		

Girls Under 1000 Sprint Medley Under 10

VBP: V 3:01.47 2023		Box Hill A			
Team		Finals	H#		
1 Geelong 'A'		2:57.98V	2		
2 Sandringham 'A'		3:00.22	2		
3 Bacchus Marsh 'A'		3:01.15	2		
4 Keilor 'A'		3:02.24	2		
5 Coburg 'A'		3:07.45	2		
6 Mentone 'A'		3:07.72	1		
7 Warragul 'A'		3:08.38	1		
8 Albury 'A'		3:09.29	1		
9 Essendon 'A'		3:09.34	1		
10 Box Hill 'A'		3:10.09	2		
11 Knox 'A'		3:10.11	1		
12 Brighton 'A'		3:10.22	2		
13 Camberwell-Malvern 'A'		3:11.45	2		
14 Berwick 'A'		3:16.54	1		
15 Diamond Valley 'B'		3:23.43	1		
16 Warrnambool 'A'		3:30.90	1		

Girls Under 4x100 Metre Relay Under 11

VBP: V 55.54 1977		Box Hill			
ABP: A 54.84 1985		Fremantle, Western Australia			
Team		Finals	H#		
1 Keilor 'A'		59.30	3		
2 Sandringham 'A'		59.43	3		
3 Knox 'A'		1:00.04	3	1.00.033	
4 Cranbourne 'A'		1:00.04	3	1.00.036	
5 Diamond Valley 'A'		1:00.22	2		
6 Bendigo 'A'		1:00.33	2		
7 Bacchus Marsh 'A'		1:01.07	2		

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 4x100 Metre Relay Under 11**

8 Ringwood 'A'	1:01.17	1
9 Essendon 'A'	1:01.33	2
10 Box Hill 'A'	1:01.37	3
11 Geelong 'A'	1:01.41	3
12 Caulfield 'A'	1:01.46	2
13 Geelong 'B'	1:01.60	2
14 Berwick 'A'	1:01.83	3
15 Sandringham 'D'	1:02.00	1
16 Yarra Ranges 'A'	1:02.45	2
17 Albury 'A'	1:03.64	3
18 Shepparton 'A'	1:03.87	1
19 Keilor 'B'	1:04.64	1
20 Echuca-Moama 'A'	1:04.78	1
21 Whittlesea City 'A'	1:06.31	2
22 Ballarat 'A'	1:06.59	1
-- Chelsea 'A'	DNF	1
-- Mornington 'A'	DQ	1

Girls Under 4x200 Metre Relay Under 11

=====			
VBP: V 1:57.92	2012	Sandringham A	
Team		Finals	H#
=====			
1 Sandringham 'C'		2:05.90	2
2 Box Hill 'A'		2:06.47	2
3 Keilor 'A'		2:07.15	2
4 Knox 'A'		2:08.97	2
5 Diamond Valley 'A'		2:09.09	1
6 Cranbourne 'A'		2:10.69	2
7 Berwick 'A'		2:11.61	2
8 Sandringham 'A'		2:12.30	2
9 Bacchus Marsh 'A'		2:12.63	1
10 Sandringham 'B'		2:13.01	1
11 Williamstown 'A'		2:13.28	1
12 Albury 'A'		2:14.01	2
13 Nunawading 'A'		2:14.74	1
14 Yarra Ranges 'A'		2:15.15	1
15 Echuca-Moama 'A'		2:15.29	1
16 Ballarat 'A'		2:22.59	1

Girls Under 1000 Sprint Medley Under 11

=====			
VBP: V 2:43.82	2023	Berwick A	
Team		Finals	H#
=====			
1 Box Hill 'A'		2:46.59	2
2 Keilor 'A'		2:50.28	2
3 Sandringham 'A'		2:50.92	2
4 Sandringham 'B'		2:54.25	2
5 Caulfield 'A'		2:56.67	2
6 Cranbourne 'A'		3:00.18	1
7 Geelong 'A'		3:00.31	1
8 Warragul 'A'		3:00.95	1
9 Berwick 'A'		3:01.81	1
10 Bacchus Marsh 'A'		3:02.06	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 1000 Sprint Medley Under 11**

11 Sth Melb District 'A'	3:02.51	1
12 Albury 'A'	3:05.48	1
13 Ballarat 'A'	3:11.03	1
14 Whittlesea City 'A'	3:11.54	2
15 Yarra Ranges 'A'	3:12.73	2

Girls Under 4x100 Metre Relay Under 12

VBP: V 52.74 2003		Essendon	
ABP: A 50.44 1979		New South Wales, New South Wales	
Team		Finals	H#
1 Berwick 'A'	55.69	3	
2 Caulfield 'A'	55.78	3	
3 Keilor 'A'	56.27	3	
4 Geelong 'A'	56.58	3	
5 Brighton 'A'	57.15	2	
6 Mornington 'A'	57.85	2	
7 Cranbourne 'A'	58.02	2	
8 Knox 'A'	58.16	3	
9 Diamond Valley 'A'	58.17	3	
10 Werribee 'A'	58.76	2	
11 Melton City 'A'	58.82	2	
12 Mentone 'A'	59.05	3	
13 Box Hill 'B'	59.15	1	
14 Geelong 'B'	59.19	1	
15 Caulfield 'B'	59.26	1	
16 Berwick 'B'	59.41	2	
17 Gisborne 'A'	59.48	1	
18 Albury 'A'	59.99	1	
19 Whittlesea City 'A'	1:00.34	2	
20 Doncaster 'A'	1:00.35	1	
21 Box Hill 'A'	1:00.46	2	
22 Cranbourne 'B'	1:00.70	1	
23 Ringwood 'A'	1:01.46	3	
24 Warrnambool 'A'	1:02.37	1	

Girls Under 4x200 Metre Relay Under 12

VBP: V 1:50.80 2012		Sandringham A	
Team		Finals	H#
1 Caulfield 'A'	1:56.01	2	
2 Berwick 'A'	1:56.21	2	
3 Brighton 'A'	1:58.80	2	
4 Cranbourne 'A'	1:59.27	2	
5 Mentone 'A'	1:59.70	2	
6 Doncaster 'A'	2:03.18	1	
7 Mornington 'A'	2:03.34	1	
8 Box Hill 'A'	2:04.02	2	
9 Diamond Valley 'A'	2:04.06	1	
10 Werribee 'A'	2:04.34	1	
11 Caulfield 'B'	2:05.66	1	
12 Warrnambool 'A'	2:05.89	1	
13 Whittlesea City 'A'	2:07.81	2	

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 4x200 Metre Relay Under 12**

14 Bendigo 'A'	2:07.92	1
15 Knox 'A'	2:14.34	1
-- Geelong 'A'	DQ	2

Girls Under 1000 Sprint Medley Under 12

VBP: V 2:37.77 2023 Geelong A

Team	Finals	H#
1 Berwick 'A'	2:35.82V	2
2 Knox 'A'	2:38.63	2
3 Brighton 'A'	2:40.24	2
4 Essendon 'A'	2:41.24	2
5 Mentone 'A'	2:41.62	1
6 Keilor 'B'	2:42.89	2
7 Diamond Valley 'A'	2:44.60	1
8 Geelong 'A'	2:45.18	1
9 Werribee 'A'	2:45.53	1
10 Cranbourne 'A'	2:45.55	1
11 Box Hill 'A'	2:45.64	2
12 Warrnambool 'A'	2:45.66	1
13 Bendigo 'A'	2:47.16	1
14 Melton City 'A'	2:49.53	2
15 Doncaster 'A'	2:49.71	1
16 Gisborne 'A'	2:51.63	2

Girls Under 4x100 Metre Relay Under 13

VBP: V 50.58 2013 Sandringham A
 ABP: A 40.09 2016 Victoria, Victoria

Team	Finals	H#
1 Geelong 'A'	52.26	3
2 Diamond Valley 'A'	52.95	3
3 Knox 'A'	53.48	3
4 Cranbourne 'A'	53.71	3
5 Whittlesea City 'A'	54.34	3
6 Box Hill 'A'	55.83	3
7 Doncaster 'A'	56.77	3
8 Sandringham 'A'	56.82	3
9 Shepparton 'A'	56.86	1
10 Bendigo 'A'	56.93	1
11 Pakenham 'A'	57.24	2
12 Berwick 'A'	57.26	2
13 Essendon 'A'	57.28	2
14 Oakleigh 'A'	57.34	2
15 Ballarat 'A'	57.37	2
16 Werribee 'A'	57.80	2
17 Keilor 'A'	58.09	2
18 Geelong 'B'	58.47	1
19 Melton City 'A'	58.54	2
20 Diamond Valley 'B'	58.87	1
21 Caulfield 'A'	59.08	1
22 Yarra Ranges 'A'	59.31	1
23 Knox 'B'	59.44	1

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 4x100 Metre Relay Under 13**

24 Box Hill 'B' 1:04.18 1

Girls Under 4x200 Metre Relay Under 13

VBP: V 1:45.87 2013 Sandringham A

Team	Finals	H#
1 Geelong 'A'	1:51.43	2
2 Knox 'A'	1:53.83	2
3 Ballarat 'A'	1:57.73	2
4 Bendigo 'A'	1:58.61	2
5 Whittlesea City 'A'	1:58.67	2
6 Ringwood 'A'	1:59.24	1
7 Sandringham 'A'	1:59.92	2
8 Oakleigh 'A'	2:00.29	2
9 Box Hill 'A'	2:00.60	1
10 Werribee 'A'	2:00.61	1
11 Pakenham 'A'	2:01.20	1
12 Shepparton 'A'	2:01.57	2
13 Diamond Valley 'A'	2:02.70	1
14 Doncaster 'A'	2:03.02	1
15 Essendon 'A'	2:04.94	1
16 Caulfield 'A'	2:05.86	1

Girls Under 1000 Sprint Medley Under 13

VBP: V 2:30.67 2023 Geelong A

Team	Finals	H#
1 Geelong 'A'	2:28.67V	2
2 Diamond Valley 'A'	2:31.47	2
3 Knox 'A'	2:31.53	2
4 Sandringham 'A'	2:35.34	2
5 Cranbourne 'A'	2:35.54	2
6 Ballarat 'A'	2:36.45	2
7 Whittlesea City 'A'	2:37.42	2
8 Box Hill 'A'	2:41.26	1
9 Shepparton 'A'	2:43.94	2
10 Geelong 'B'	2:44.55	1
11 Doncaster 'A'	2:45.51	1
12 Camberwell-Malvern 'A'	2:45.97	1
13 Essendon 'A'	2:46.38	1
14 Berwick 'A'	2:48.20	1
15 Keilor 'A'	2:48.26	1
16 Caulfield 'A'	2:49.04	1

Girls Under 4x100 Metre Relay Under 14VBP: V 49.50 2014 Sandringham A
ABP: A 49.50 2014 Sandringham A, Victoria

Team	Finals	H#
1 Diamond Valley 'A'	51.82	3
2 Geelong 'A'	52.18	3
3 Caulfield 'A'	52.42	3

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 4x100 Metre Relay Under 14**

4 Box Hill 'A'	53.12	3
5 Box Hill 'B'	53.78	3
6 Keilor 'A'	54.52	3
7 Brighton 'A'	55.13	2
8 Bendigo 'A'	55.26	3
9 Diamond Valley 'B'	55.49	2
10 Cranbourne 'A'	56.22	2
11 Essendon 'A'	56.40	2
12 Caulfield 'B'	56.54	2
13 Waverley 'A'	56.93	3
14 Oakleigh 'A'	57.00	2
15 Ballarat 'A'	57.29	1
16 Brimbank 'A'	57.32	2
17 Geelong 'B'	57.35	1
18 Frankston 'A'	57.71	2
19 Albury 'A'	57.82	1
20 Corio 'A'	58.02	1
21 Sale 'A'	58.37	1
22 Preston-Reservoir 'A'	58.54	1
23 Yarra Ranges 'A'	58.59	1
24 Shepparton 'A'	59.17	1

Girls Under 4x200 Metre Relay Under 14

VBP: V 1:44.65 2014 Sandringham A		Finals	H#
Team			
1 Caulfield 'A'		1:49.80	2
2 Geelong 'A'		1:50.59	2
3 Cranbourne 'A'		1:50.63	2
4 Box Hill 'A'		1:52.97	2
5 Keilor 'A'		1:53.87	2
6 Bendigo 'A'		1:55.65	2
7 Waverley 'A'		1:56.53	2
8 Keilor 'B'		1:58.46	1
9 Oakleigh 'A'		2:00.55	1
10 Williamstown 'A'		2:01.60	1
11 Cranbourne 'B'		2:01.92	1
12 Frankston 'A'		2:02.30	1
13 Caulfield 'B'		2:02.37	2
14 Brimbank 'A'		2:03.11	1
15 Albury 'A'		2:03.54	1
16 Shepparton 'A'		2:06.05	1

Girls Under 1000 Sprint Medley Under 14

VBP: V 2:29.36 2023 Yarra Ranges A		Finals	H#
Team			
1 Box Hill 'A'		2:28.06V	2
2 Box Hill 'B'		2:30.30	1
3 Keilor 'A'		2:30.71	2
4 Geelong 'A'		2:32.67	2
5 Caulfield 'A'		2:33.64	2
6 Bendigo 'A'		2:34.81	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 1000 Sprint Medley Under 14**

7 Oakleigh 'A'	2:39.29	2
8 Brighton 'A'	2:40.15	2
9 Frankston 'A'	2:41.23	2
10 Diamond Valley 'A'	2:41.85	1
11 Ballarat 'A'	2:42.04	1
12 Chelsea 'A'	2:42.66	1
13 Gippsland Country Region 'A'	2:42.77	1
14 Brimbank 'A'	2:43.31	1
15 Diamond Valley 'B'	2:45.30	1

Girls Under 4x100 Metre Relay Under 15

=====			
VBP: V 49.14	2005	Diamond Valley	
ABP: A 48.62	2011	Northern Suburbs, New South Wale	
Team		Finals	H#
=====			
1 Box Hill 'A'		51.88	3
2 Coburg 'A'		52.66	3
3 Knox 'A'		52.67	3
4 Geelong 'A'		52.93	3
5 Essendon 'A'		53.45	3
6 Werribee 'A'		53.79	3
7 Yarra Ranges 'A'		54.75	2
8 Keilor 'A'		54.83	2
9 Diamond Valley 'A'		54.88	3
10 Knox 'B'		55.92	2
11 Warrnambool 'A'		56.34	2
12 Bendigo 'A'		56.44	2
13 Waverley 'A'		56.53	2
14 Geelong 'B'		57.21	1
15 Berwick 'A'		57.41	3
16 Seaford 'A'		58.60	1
17 Cranbourne 'A'		58.76	2
18 Nunawading 'A'		58.84	1
19 Mentone 'A'		59.56	1
20 Diamond Valley 'B'		1:00.28	1
-- Gippsland Country Region 'A'		DNF	2

Girls Under 4x200 Metre Relay Under 15

=====			
VBP: V 1:44.04	2003	Geelong A	
Team		Finals	H#
=====			
1 Knox 'B'		1:52.51	2
2 Geelong 'A'		1:54.09	2
3 Keilor 'A'		1:55.64	2
4 Berwick 'A'		1:56.29	2
5 Warrnambool 'A'		1:57.77	1
6 Diamond Valley 'A'		1:58.28	2
7 Werribee 'A'		1:59.81	2
8 Bendigo 'A'		1:59.95	1
9 Knox 'A'		2:02.26	2
10 Seaford 'A'		2:06.51	1
11 Sale 'A'		2:07.91	1
12 Cranbourne 'A'		2:08.60	1

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 4x200 Metre Relay Under 15**

13 Yarra Ranges 'A'	2:09.39	1
14 Diamond Valley 'B'	2:11.09	1
-- Mentone 'A'	DQ	2

Girls Under 1000 Sprint Medley Under 15

=====		
VBP: V 2:23.00 2023	Sandringham A	
Team	Finals	H#
=====		
1 Yarra Ranges 'A'	2:25.50	2
2 Knox 'A'	2:28.03	2
3 Geelong 'A'	2:28.71	2
4 Sandringham 'A'	2:32.17	2
5 Keilor 'A'	2:35.37	2
6 Berwick 'A'	2:35.73	2
7 Western Metropolitan Region 'A'	2:36.65	2
8 Werribee 'A'	2:37.69	1
9 Waverley 'A'	2:37.97	2
10 Coburg 'A'	2:38.24	1
11 Sth Melb District 'A'	2:38.74	1
12 Warrnambool 'A'	2:39.04	1
13 Seaford 'A'	2:43.03	1
14 Mentone 'A'	2:50.87	1

Girls Under 4x100 Metre Relay Under 16

=====		
VBP: V 49.39 2019	Mentone A	
Team	Finals	H#
=====		
1 Sandringham 'A'	49.78	2
2 Ballarat 'A'	50.34	2
3 Caulfield 'A'	51.24	2
4 Coburg 'A'	53.57	2
5 Mentone 'A'	53.71	2
6 Waverley 'A'	54.01	2
7 Keilor 'A'	54.29	2
8 Knox 'A'	55.09	1
9 Williamstown 'A'	55.30	2
10 Frankston 'A'	55.90	1
11 Craigieburn 'A'	56.48	1
12 Cranbourne 'A'	58.71	1

Girls Under 4x200 Metre Relay Under 16

=====		
VBP: V 1:47.17 2019	Mentone A	
Team	Finals	H#
=====		
1 Sandringham 'A'	1:46.49V	2
2 Ballarat 'A'	1:47.35	2
3 Caulfield 'A'	1:52.34	2
4 Keilor 'A'	1:52.46	2
5 Waverley 'A'	1:53.21	2
6 Williamstown 'A'	1:55.35	2
7 Coburg 'A'	1:55.62	2
8 Knox 'A'	1:57.35	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 4x200 Metre Relay Under 16**

9 Cranbourne 'A'	2:01.99	1
10 Craigieburn 'A'	2:03.45	1
11 Mentone 'A'	2:06.17	1

Girls Under 1000 Sprint Medley Under 16

=====			
	VBP: V 2:33.11	2023	Gippsland Country Region A
Team			Finals H#
=====			
1 Ballarat 'A'	2:28.31V		2
2 Williamstown 'A'	2:32.33		2
3 Coburg 'A'	2:34.31		2
4 Mentone 'A'	2:36.46		1
5 Knox 'A'	2:36.75		2
6 Keilor 'A'	2:38.68		1
7 Cranbourne 'A'	2:41.70		1

Girls Under 4x100 Metre Relay Under 17

=====			
	VBP: V 52.55	2022	Knox A
Team			Finals H#
=====			
1 Sandringham 'A'	52.47V		2
2 Mentone 'A'	52.51		2
3 Caulfield 'A'	53.33		2
4 Whittlesea City 'A'	54.47		2
5 Knox 'A'	55.45		2
6 Ringwood 'A'	55.93		2
7 Altona 'A'	56.29		2
8 Cranbourne 'A'	56.86		1
9 Gippsland Country Region 'A'	57.53		1

Girls Under 4x200 Metre Relay Under 17

=====			
	VBP: V 1:57.91	2023	Geelong A
Team			Finals H#
=====			
1 Caulfield 'A'	1:50.08V		2
2 Sandringham 'A'	1:51.48		2
3 Mentone 'A'	1:51.63		2
4 Whittlesea City 'A'	1:53.59		2
5 Gippsland Country Region 'A'	1:57.08		2
6 Knox 'A'	1:58.22		2
7 Altona 'A'	1:58.65		2
8 Ringwood 'A'	1:59.80		2
9 Cranbourne 'A'	2:01.87		1
10 Keilor 'A'	2:04.63		1
11 Western Metropolitan Region 'A'	2:04.99		1

Girls Under 1000 Sprint Medley Under 17

=====			
	VBP: V 2:35.12	2023	Geelong A
Team			Finals H#
=====			
1 Caulfield 'A'	2:31.32V		2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Girls Under 1000 Sprint Medley Under 17**

2 Gippsland Country Region 'A'	2:32.14	2
3 Mentone 'A'	2:36.56	2
4 Altona 'A'	2:40.61	2
5 Ringwood 'A'	2:41.95	2
6 Knox 'A'	2:42.93	2
7 Corio 'A'	2:43.47	2
8 Gippsland Country Region 'B'	2:45.58	1
9 Cranbourne 'A'	2:46.90	1
10 Western Metropolitan Region 'A'	2:47.14	1
11 Craigieburn 'A'	2:48.13	1

Boys Under 4x100 Metre Relay Under 09

VBP: V 59.14 1985	Doncaster		
ABP: A 58.44 1990	Ku-Ring-Gai, New South Wales		
Team		Finals	H#
1 Sandringham 'A'		1:04.17	3
2 Whittlesea City 'A'		1:04.23	3
3 Cranbourne 'A'		1:04.31	3
4 Chelsea 'A'		1:04.36	3
5 Knox 'A'		1:04.52	3
6 Essendon 'A'		1:06.13	3
7 Camberwell-Malvern 'A'		1:06.41	2
8 Keilor 'A'		1:06.91	3
9 Caulfield 'A'		1:06.92	3
10 Mornington 'A'		1:07.08	2
11 Warrnambool 'A'		1:07.45	1
12 Corio 'A'		1:07.62	2
13 Whittlesea City 'B'		1:08.39	1
14 Diamond Valley 'A'		1:08.74	1
14 Yarra Ranges 'A'		1:08.74	2
16 Box Hill 'A'		1:08.89	2
17 Preston-Reservoir 'A'		1:08.93	2
18 Brighton 'A'		1:09.10	2
19 Kyabram 'A'		1:09.20	1
20 Sunbury 'A'		1:09.36	1
21 Caulfield 'B'		1:09.45	1
22 Moorabbin 'A'		1:09.71	1
23 Waverley 'A'		1:10.15	1
24 Sandringham 'B'		1:10.39	2

Boys Under 4x200 Metre Relay Under 09

VBP: V 2:06.00 1984	Doncaster		
Team		Finals	H#
1 Cranbourne 'A'		2:16.51	2
2 Knox 'A'		2:17.81	2
3 Whittlesea City 'A'		2:18.41	2
4 Sandringham 'A'		2:18.43	2
5 Ringwood 'A'		2:18.70	1
6 Chelsea 'A'		2:22.12	2
7 Caulfield 'A'		2:22.20	1
8 Essendon 'A'		2:23.29	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 4x200 Metre Relay Under 09**

9 Corio 'A'	2:23.81	2
10 Keilor 'A'	2:24.32	1
11 Box Hill 'A'	2:25.68	1
12 Camberwell-Malvern 'A'	2:26.10	2
13 Sandringham 'B'	2:28.60	1
14 Kyabram 'A'	2:29.09	1
15 Warrnambool 'A'	2:31.08	1
16 Preston-Reservoir 'A'	2:33.79	1

Boys Under 1000 Sprint Medley Under 09

VBP: V 2:59.10 2023 Williamstown A

Team	Finals	H#
1 Knox 'A'	2:59.10V	2
2 Ringwood 'A'	2:59.85	2
3 Sandringham 'A'	3:00.94	2
4 Cranbourne 'A'	3:01.40	2
5 Chelsea 'A'	3:07.31	2
6 Preston-Reservoir 'A'	3:09.76	1
7 Essendon 'A'	3:11.01	2
8 Corio 'A'	3:14.48	1
9 Box Hill 'A'	3:15.23	2
10 Keilor 'A'	3:15.34	1
11 Warrnambool 'A'	3:17.63	1
12 Yarra Ranges 'A'	3:17.67	1
13 Diamond Valley 'A'	3:18.35	1
14 Craigieburn 'A'	3:20.96	1
15 Bendigo 'A'	3:25.37	1
-- Camberwell-Malvern 'A'	DQ	2

Boys Under 4x100 Metre Relay Under 10

VBP: V 56.44 1986 Doncaster

ABP: A 55.74 1980 Bankstown, New South Wales

Team	Finals	H#
1 Geelong 'A'	57.50	3
2 Knox 'A'	57.54	3
3 Camberwell-Malvern 'A'	1:00.56	2
4 Essendon 'A'	1:00.57	3
5 Caulfield 'A'	1:00.82	3
6 Diamond Valley 'A'	1:01.44	3
7 Keilor 'A'	1:01.47	3
8 Shepparton 'A'	1:02.36	2
9 Ballarat 'A'	1:02.48	2
10 Caulfield 'B'	1:02.78	3
11 Williamstown 'A'	1:02.93	3
12 Sandringham 'A'	1:02.96	2
13 Geelong 'B'	1:03.16	1
14 Nunawading 'A'	1:03.21	1
15 Sth Melb District 'A'	1:03.24	1
16 Melton City 'A'	1:03.35	1
17 Coburg 'A'	1:03.41	2
18 Mentone 'A'	1:04.42	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 4x100 Metre Relay Under 10**

19	Craigieburn 'A'	1:04.96	2
20	Cranbourne 'A'	1:05.13	1
21	Waverley 'A'	1:05.14	1
22	Werribee 'A'	1:05.26	2
23	Sale 'A'	1:05.64	1
24	Berwick 'A'	1:06.09	1

Boys Under 4x200 Metre Relay Under 10

VBP: V 1:59.40 1979		Doncaster		
VBP: V 1:59.40 1980		Nunawading		
Team			Finals	H#
1	Geelong 'C'	2:01.91	2	
2	Knox 'A'	2:03.61	2	
3	Camberwell-Malvern 'A'	2:07.57	2	
4	Diamond Valley 'A'	2:07.90	2	
5	Caulfield 'A'	2:07.90	2	
6	Shepparton 'A'	2:09.10	2	
7	Sandringham 'A'	2:10.45	2	
8	Williamstown 'A'	2:11.06	2	
9	Ballarat 'A'	2:11.54	1	
10	Caulfield 'B'	2:12.82	1	
11	Sale 'A'	2:16.03	1	
12	Geelong 'A'	2:16.80	1	
13	Werribee 'A'	2:18.11	1	
14	Coburg 'A'	2:18.86	1	
15	Cranbourne 'A'	2:18.92	1	
16	Berwick 'A'	2:20.35	1	

Boys Under 1000 Sprint Medley Under 10

VBP: V 2:47.93 2023		Mentone A		
Team			Finals	H#
1	Geelong 'B'	2:45.20V	2	
2	Williamstown 'A'	2:45.58	2	
3	Caulfield 'B'	2:49.07	2	
4	Camberwell-Malvern 'A'	2:51.67	2	
5	Ballarat 'A'	2:52.61	2	
6	Keilor 'A'	2:54.81	2	
6	Knox 'A'	2:54.81	1	
8	Werribee 'A'	2:56.32	1	
9	Diamond Valley 'A'	2:58.73	2	
10	Sandringham 'A'	2:59.66	1	
11	Caulfield 'A'	3:00.35	2	
12	Knox 'B'	3:01.02	1	
13	Bendigo 'A'	3:02.21	1	
14	Sale 'A'	3:04.16	1	
15	Essendon 'A'	3:05.00	1	
16	Coburg 'A'	3:10.09	1	

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Boys Under 4x100 Metre Relay Under 11**

VBP: V 54.44 1987		Doncaster		
ABP: A 53.54 1978		Bankstown, New South Wales		
Team			Finals	H#
1	Diamond Valley 'A'		56.84	3
2	Knox 'A'		56.91	3
3	Keilor 'A'		57.21	2
4	Craigieburn 'A'		57.25	3
5	Geelong 'A'		57.30	3
6	Caulfield 'A'		57.35	2
7	Cranbourne 'A'		57.80	2
8	Ringwood 'A'		58.62	3
9	Camberwell-Malvern 'A'		58.94	3
10	Mentone 'A'		59.00	3
11	Yarra Ranges 'A'		59.02	2
12	Horsham 'A'		59.58	2
13	Chelsea 'A'		59.75	1
14	Geelong 'B'		59.92	2
15	Whittlesea City 'A'		1:00.20	2
16	Sandringham 'A'		1:00.27	1
17	Coburg 'A'		1:00.30	1
18	Berwick 'A'		1:00.59	1
19	Box Hill 'A'		1:00.63	3
20	Geelong 'C'		1:00.74	1
21	Cockatoo 'A'		1:01.11	2
22	Warrnambool 'A'		1:01.38	1
23	Werribee 'A'		1:02.21	1
24	Shepparton 'A'		1:02.46	1

Boys Under 4x200 Metre Relay Under 11

VBP: V 1:54.70 1987		Doncaster		
Team			Finals	H#
1	Knox 'A'		2:01.31	2
2	Caulfield 'A'		2:01.84	2
3	Werribee 'A'		2:02.23	2
4	Mentone 'A'		2:02.27	2
5	Geelong 'A'		2:03.36	2
6	Box Hill 'A'		2:03.58	1
7	Diamond Valley 'A'		2:03.81	1
8	Geelong 'B'		2:04.41	1
9	Camberwell-Malvern 'A'		2:04.66	2
10	Craigieburn 'A'		2:06.16	2
11	Yarra Ranges 'A'		2:06.17	1
12	Keilor 'A'		2:07.34	2
13	Horsham 'A'		2:08.99	1
14	Cranbourne 'A'		2:09.32	1
15	Berwick 'A'		2:10.54	1
16	Shepparton 'A'		2:13.46	1

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Boys Under 1000 Sprint Medley Under 11**

VBP: V 2:37.33 2023		Sandringham A	
Team		Finals	H#
1 Keilor 'A'		2:36.34V	2
2 Werribee 'A'		2:37.95	2
3 Box Hill 'A'		2:39.48	2
4 Diamond Valley 'A'		2:40.91	2
5 Geelong 'A'		2:41.48	1
6 Ringwood 'A'		2:44.16	2
7 Warrnambool 'A'		2:44.57	1
8 Caulfield 'A'		2:45.02	2
9 Craigieburn 'A'		2:46.24	2
10 Coburg 'A'		2:46.58	1
11 Chelsea 'A'		2:46.75	2
12 Mentone 'A'		2:47.97	1
13 Sandringham 'A'		2:49.69	1
14 Cranbourne 'A'		2:55.20	1
15 Shepparton 'A'		2:58.12	1
16 Geelong 'B'		3:04.68	1

Boys Under 4x100 Metre Relay Under 12

VBP: V 51.68 2021		Keilor A	
ABP: A 49.94 1982		South Australia, South Australia	
Team		Finals	H#
1 Sandringham 'A'		54.21	3
2 Mornington 'A'		54.62	3
3 Nunawading 'A'		54.89	3
4 Bendigo 'A'		55.47	2
5 Geelong 'A'		55.48	3
6 Oakleigh 'A'		55.85	3
7 Diamond Valley 'A'		56.05	3
8 Brighton 'A'		56.44	3
9 Caulfield 'A'		56.59	2
10 Mentone 'A'		56.70	2
11 Ringwood 'A'		56.81	2
12 Sth Melb District 'A'		57.18	2
13 Camberwell-Malvern 'A'		57.51	2
14 Coburg 'A'		58.30	1
15 Berwick 'A'		58.44	1
16 Werribee 'A'		58.74	1
17 Whittlesea City 'A'		59.02	2
18 Corio 'A'		59.10	1
19 Oakleigh 'B'		59.40	1
20 Melton City 'A'		59.75	1
21 Box Hill 'A'		59.81	1
22 Collingwood 'A'		1:00.68	2
23 Western Country Region 'B'		1:02.23	1
24 Keilor 'A'		1:04.32	3

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Boys Under 4x200 Metre Relay Under 12**

=====			
	VBP: V 1:48.80	1982	Knox
Team			Finals H#
=====			
1 Bendigo 'A'			1:54.59 2
2 Camberwell-Malvern 'A'			1:55.32 2
3 Sandringham 'A'			1:55.89 2
4 Nunawading 'A'			1:56.63 2
5 Oakleigh 'A'			1:57.45 1
6 Caulfield 'A'			1:58.64 2
7 Keilor 'A'			1:58.84 2
8 Mentone 'A'			1:59.61 1
9 Berwick 'A'			2:00.29 1
10 Ringwood 'A'			2:00.66 2
11 Whittlesea City 'A'			2:03.62 1
12 Collingwood 'A'			2:03.66 1
13 Werribee 'A'			2:05.84 1
14 Mornington 'B'			2:05.94 1
15 Western Country Region 'A'			2:12.25 1
-- Geelong 'A'			DQ 2

Boys Under 1000 Sprint Medley Under 12

=====			
	VBP: V 2:34.19	2023	Werribee A
Team			Finals H#
=====			
1 Mornington 'A'			2:32.72V 2
2 Berwick 'A'			2:37.22 1
3 Bendigo 'A'			2:38.56 2
4 Camberwell-Malvern 'A'			2:39.59 2
5 Essendon 'A'			2:39.69 2
6 Collingwood 'A'			2:40.14 2
7 Mentone 'B'			2:40.42 2
8 Box Hill 'A'			2:41.73 1
9 Geelong 'A'			2:42.86 1
10 Keilor 'A'			2:42.92 2
11 Melton City 'A'			2:43.23 2
12 Oakleigh 'A'			2:43.84 1
13 Yarra Ranges 'A'			2:43.97 1
14 Sth Melb District 'A'			2:45.89 1
15 Chelsea 'A'			2:47.80 1
-- Brighton 'A'			DQ 1

Boys Under 4x100 Metre Relay Under 13

=====			
	VBP: V 49.52	1999	Frankston A
	ABP: A 46.54	2007	New South Wales, New South Wales
Team			Finals H#
=====			
1 Knox 'A'			51.09 3
2 Werribee 'A'			52.84 3
3 Caulfield 'A'			53.44 3
4 Geelong 'A'			54.06 3
5 Berwick 'A'			54.17 3
6 Diamond Valley 'A'			54.21 3
7 Corio 'A'			54.22 2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 4x100 Metre Relay Under 13**

8	Doncaster 'A'	54.34	2
9	Whittlesea City 'A'	54.76	2
10	Cranbourne 'A'	55.34	3
11	Pakenham 'A'	55.64	2
12	Keilor 'A'	55.74	1
13	Camberwell-Malvern 'A'	55.76	1
14	Werribee 'B'	55.81	2
15	Ballarat 'A'	55.86	2
16	Caulfield 'B'	56.25	1
17	Brighton 'A'	56.33	2
18	Oakleigh 'A'	56.39	1
19	Mentone 'A'	56.73	1
20	Frankston 'A'	57.09	1
21	Geelong 'C'	57.18	1
22	Geelong 'B'	57.22	2
23	Murrindindi 'A'	58.44	1

Boys Under 4x200 Metre Relay Under 13

=====			
VBP: V 1:42.37 2012		Knox A	
Team		Finals	H#
=====			
1	Knox 'A'	1:47.89	2
2	Werribee 'A'	1:49.36	2
3	Geelong 'A'	1:52.84	2
4	Caulfield 'A'	1:53.81	2
5	Waverley 'A'	1:53.95	2
6	Whittlesea City 'A'	1:55.75	1
7	Corio 'A'	1:56.04	1
8	Berwick 'A'	1:56.55	2
9	Ballarat 'A'	1:57.07	1
10	Camberwell-Malvern 'A'	1:57.99	1
11	Keilor 'A'	1:58.53	1
12	Werribee 'B'	1:59.49	1
13	Cranbourne 'A'	2:00.07	1
14	Brighton 'A'	2:01.83	2
15	Murrindindi 'A'	2:04.37	1

Boys Under 1000 Sprint Medley Under 13

=====			
VBP: V 2:24.73 2023		Berwick A	
Team		Finals	H#
=====			
1	Knox 'A'	2:22.74V	2
2	Werribee 'A'	2:25.74	2
3	Waverley 'A'	2:30.78	2
4	Cranbourne 'A'	2:33.76	1
5	Oakleigh 'A'	2:34.19	2
6	Corio 'A'	2:35.13	1
7	Pakenham 'A'	2:35.86	1
8	Werribee 'B'	2:36.17	2
9	Camberwell-Malvern 'A'	2:36.86	1
10	Ballarat 'A'	2:37.10	1
11	Caulfield 'A'	2:37.18	1
12	Diamond Valley 'A'	2:37.28	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 1000 Sprint Medley Under 13**

13 Keilor 'A'	2:41.92	1
-- Geelong 'A'	DQ	2

Boys Under 4x100 Metre Relay Under 14

VBP: V 45.68 2014 Sunbury A
 ABP: A 45.68 2014 Sunbury A, Victoria

Team	Finals	H#
1 Berwick 'A'	47.83	3
2 Diamond Valley 'A'	50.00	3
3 Essendon 'A'	50.13	3
4 Waverley 'A'	50.40	3
5 Caulfield 'A'	51.23	3
6 Coburg 'A'	51.46	3
7 Collingwood 'A'	51.75	2
7 Cranbourne 'A'	51.75	3
9 Keilor 'A'	52.06	2
10 Wangaratta 'A'	52.38	2
11 Werribee 'A'	52.41	2
12 Berwick 'B'	52.66	2
13 Sandringham 'A'	53.67	3
14 Whittlesea City 'A'	53.68	2
15 Ringwood 'A'	53.97	2
16 Geelong 'A'	54.98	1
17 Caulfield 'B'	56.72	1
18 Melton City 'A'	57.18	1
19 Knox 'A'	58.02	1
20 Preston-Reservoir 'A'	58.21	1
21 Yarra Ranges 'A'	59.67	1
22 Berwick 'C'	59.70	1
23 Bacchus Marsh 'A'	1:00.42	1

Boys Under 4x200 Metre Relay Under 14

VBP: V 1:36.34 2014 Sunbury A

Team	Finals	H#
1 Berwick 'A'	1:39.60	2
2 Diamond Valley 'A'	1:43.13	2
3 Waverley 'A'	1:47.23	2
4 Keilor 'A'	1:48.30	2
5 Wangaratta 'A'	1:48.60	1
6 Collingwood 'A'	1:49.80	2
7 Coburg 'A'	1:51.25	2
8 Sandringham 'A'	1:51.75	2
9 Berwick 'B'	1:52.36	1
10 Ringwood 'A'	1:54.09	2
11 Whittlesea City 'A'	1:56.14	1
12 Geelong 'A'	1:56.81	1
13 Moorabbin 'A'	1:57.23	1
14 Cranbourne 'A'	1:58.89	1
15 Caulfield 'A'	1:59.25	1
-- Werribee 'A'	DQ	1

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Boys Under 1000 Sprint Medley Under 14**

VBP: V 2:13.09 2023		Keilor A	
Team		Finals	H#
1 Berwick 'A'		2:11.29V	2
2 Essendon 'A'		2:15.80	2
3 Cranbourne 'A'		2:21.73	2
4 Caulfield 'A'		2:22.34	2
5 Keilor 'A'		2:23.72	2
6 Wangaratta 'A'		2:23.89	1
7 Diamond Valley 'A'		2:24.41	2
8 Collingwood 'A'		2:26.80	1
9 Berwick 'B'		2:28.60	1
10 Sandringham 'A'		2:29.28	1
11 Werribee 'A'		2:29.57	1
12 Ringwood 'A'		2:31.89	1
13 Whittlesea City 'A'		2:37.94	1

Boys Under 4x100 Metre Relay Under 15

VBP: V 44.64 2015		Sunbury A	
ABP: A 44.64 2016		Sunbury, Victoria	
Team		Finals	H#
1 Waverley 'A'		48.81	3
2 Keilor 'A'		48.88	3
3 Geelong 'A'		49.15	3
4 Box Hill 'A'		49.98	3
5 Diamond Valley 'A'		50.77	3
6 Knox 'A'		50.99	3
7 Craigieburn 'A'		51.57	2
8 Berwick 'A'		51.74	3
9 Oakleigh 'A'		52.39	2
10 Coburg 'A'		52.81	2
11 Geelong 'B'		53.59	2
12 Bacchus Marsh 'A'		54.23	2
13 Warragul 'A'		54.38	1
14 Cranbourne 'A'		55.58	1
15 Gippsland Country Region 'A'		55.81	1
16 Altona 'A'		57.76	1
17 Werribee 'A'		58.35	1

Boys Under 4x200 Metre Relay Under 15

VBP: V 1:34.01 2015		Geelong A	
Team		Finals	H#
1 Waverley 'A'		1:41.98	2
2 Box Hill 'A'		1:42.96	2
3 Keilor 'A'		1:45.07	2
4 Knox 'A'		1:47.38	2
5 Geelong 'A'		1:48.12	2
6 Diamond Valley 'A'		1:49.18	2
7 Caulfield 'A'		1:49.66	2
8 Coburg 'A'		1:50.44	1
9 Berwick 'A'		1:50.79	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 4x200 Metre Relay Under 15**

10 Bacchus Marsh 'A'	1:51.29	1
11 Warragul 'A'	1:54.89	1
12 Craigieburn 'A'	1:56.50	1
13 Gippsland Country Region 'A'	1:58.15	1
14 Cranbourne 'A'	1:58.53	1
15 Altona 'A'	2:02.52	1
16 Werribee 'A'	2:04.99	1

Boys Under 1000 Sprint Medley Under 15

VBP: V 2:10.86 2023 Knox A

Team	Finals	H#
1 Waverley 'A'	2:17.59	2
2 Keilor 'A'	2:19.09	2
3 Box Hill 'A'	2:19.96	2
4 Diamond Valley 'A'	2:20.66	2
5 Craigieburn 'A'	2:21.76	2
6 Knox 'A'	2:21.85	2
7 Berwick 'A'	2:24.89	2
8 Oakleigh 'A'	2:27.10	2
9 Caulfield 'A'	2:27.73	1
10 Coburg 'A'	2:27.91	1
11 Geelong 'A'	2:29.16	1
12 Warragul 'A'	2:30.16	1
13 Altona 'A'	2:39.41	1
14 Werribee 'A'	2:39.71	1
15 Cranbourne 'A'	2:40.45	1

Boys Under 4x100 Metre Relay Under 16

VBP: V 45.16 2021 Caulfield A

Team	Finals	H#
1 Knox 'A'	44.73V	2
2 Keilor 'A'	45.00	2
3 Williamstown 'A'	46.10	2
4 Box Hill 'A'	47.44	2
5 Keilor 'B'	48.43	2
6 Waverley 'A'	48.69	2
7 Pakenham 'A'	51.24	2
8 Melton City 'A'	52.47	1
9 Yarra Ranges 'A'	53.74	1
10 Pakenham 'B'	56.76	1
11 Sale 'A'	1:01.15	1

Boys Under 4x200 Metre Relay Under 16

VBP: V 1:37.11 2023 Williamstown A

Team	Finals	H#
1 Keilor 'A'	1:33.85V	2
2 Williamstown 'A'	1:38.30	2
3 Keilor 'B'	1:39.84	2
4 Box Hill 'A'	1:41.72	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 4x200 Metre Relay Under 16**

5 Waverley 'A'	1:41.86	2
6 Albury 'A'	1:42.04	2
7 Pakenham 'A'	1:47.60	2
8 Melton City 'A'	1:47.63	1
9 Yarra Ranges 'A'	1:51.07	1
10 Pakenham 'B'	2:00.93	1

Boys Under 1000 Sprint Medley Under 16

VBP: V 2:07.46 2023 Knox A

Team	Finals	H#
1 Knox 'A'	2:04.82V	2
2 Keilor 'A'	2:05.01	2
3 Williamstown 'A'	2:12.26	2
4 Albury 'A'	2:14.73	2
5 Box Hill 'A'	2:15.00	2
6 Keilor 'B'	2:20.76	1
7 Gippsland Country Region 'A'	2:26.41	1
8 Pakenham 'A'	2:27.05	2
9 Yarra Ranges 'A'	2:27.08	1
10 Pakenham 'B'	2:42.07	1

Boys Under 4x100 Metre Relay Under 17

VBP: V 46.17 2023 Corio A

Team	Finals
1 Keilor 'A'	45.06V
2 Corio 'A'	46.77
3 Caulfield 'A'	47.14
4 Berwick 'A'	48.44
-- Geelong 'A'	DQ

Boys Under 4x200 Metre Relay Under 17

VBP: V 1:37.11 2023 Williamstown A

Team	Finals
1 Keilor 'A'	1:35.18V
2 Caulfield 'A'	1:38.38
3 Berwick 'A'	1:38.89
4 Geelong 'A'	1:39.61
5 Western Metropolitan Region 'A'	1:45.56
6 Craigieburn 'A'	1:51.49
-- Gippsland Country Region 'A'	DQ

Boys Under 1000 Sprint Medley Under 17

VBP: V 2:07.93 2023 Corio A

Team	Finals
1 Keilor 'A'	2:06.58V
2 Geelong 'A'	2:08.97
3 Caulfield 'A'	2:09.00

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****....Boys Under 1000 Sprint Medley Under 17**

4 Corio 'A'	2:10.09
5 Gippsland Country Region 'A'	2:14.95

Mixed Under 4x100 Metre Relay Under 09

Team	Finals	H#
VBP: V 59.74 1994 Springvale		
1 Cranbourne 'A'	1:03.88	3
2 Essendon 'A'	1:04.79	3
3 Knox 'A'	1:05.10	3
4 Ringwood 'A'	1:06.22	2
5 Brighton 'A'	1:06.50	3
5 Caulfield 'A'	1:06.50	2
7 Geelong 'A'	1:06.54	3
8 Pakenham 'A'	1:06.63	3
9 Mentone 'A'	1:06.66	2
10 Whittlesea City 'A'	1:07.05	3
11 Berwick 'A'	1:07.37	1
12 Diamond Valley 'A'	1:07.54	2
13 Bacchus Marsh 'A'	1:07.64	2
14 Sandringham 'A'	1:07.80	2
15 Nunawading 'A'	1:08.12	3
16 Caulfield 'B'	1:08.23	1
17 Werribee 'A'	1:08.37	2
18 Collingwood 'A'	1:08.63	1
19 Coburg 'A'	1:09.07	1
20 Yarra Ranges 'A'	1:09.19	2
21 Knox 'B'	1:11.38	1
22 Camberwell-Malvern 'A'	1:12.80	1
23 Bendigo 'A'	1:14.12	1

Mixed Under 4x200 Metre Relay Under 09

Team	Finals	H#
VBP: V 2:10.28 2017 Ballarat A		
1 Ringwood 'A'	2:17.95	2
2 Mentone 'A'	2:18.82	2
3 Corio 'A'	2:20.26	2
4 Sandringham 'A'	2:20.93	2
5 Yarra Ranges 'A'	2:27.39	1
6 Nunawading 'A'	2:28.66	2
7 Williamstown 'A'	2:29.19	1
8 Whittlesea City 'A'	2:30.08	2
9 Caulfield 'A'	2:30.93	2
10 Sth Melb District 'A'	2:31.20	1
11 Keilor 'A'	2:31.31	1
12 Brighton 'A'	2:32.29	1
13 Caulfield 'B'	2:32.30	2
14 Berwick 'A'	2:33.75	1
15 Cranbourne 'A'	2:37.95	1
16 Bendigo 'A'	2:38.22	1

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Mixed Under 4x100 Metre Relay Under 10**

VBP: V 58.31 1995 Springvale			
Team		Finals	H#
1 Geelong 'A'		59.18	3
2 Whittlesea City 'A'		1:00.75	3
3 Keilor 'A'		1:00.77	1
4 Coburg 'A'		1:01.16	3
5 Knox 'A'		1:01.28	3
6 Sth Melb District 'A'		1:01.37	2
7 Ringwood 'A'		1:01.57	2
8 Caulfield 'A'		1:01.58	2
9 Diamond Valley 'A'		1:01.83	3
10 Cranbourne 'A'		1:01.97	2
11 Nunawading 'A'		1:02.19	2
12 Geelong 'B'		1:02.23	3
13 Melton City 'A'		1:02.25	1
14 Frankston 'A'		1:02.36	1
15 Essendon 'A'		1:02.72	3
16 Sandringham 'A'		1:03.48	1
17 Springvale 'A'		1:03.93	1
18 Camberwell-Malvern 'A'		1:04.19	1
19 Warrnambool 'A'		1:04.47	1
20 Geelong 'C'		1:04.98	1
21 Mentone 'A'		1:05.26	2
22 Keilor 'B'		1:05.27	2
23 Berwick 'A'		1:05.47	2

Mixed Under 4x200 Metre Relay Under 10

VBP: V 2:03.41 2014 Sandringham A			
Team		Finals	H#
1 Knox 'A'		2:08.05	2
2 Sandringham 'A'		2:08.78	2
3 Corio 'A'		2:09.26	2
4 Caulfield 'A'		2:09.51	2
5 Ringwood 'A'		2:12.24	1
6 Whittlesea City 'A'		2:13.33	2
7 Diamond Valley 'A'		2:14.48	2
8 Shepparton 'A'		2:16.52	2
9 Essendon 'A'		2:17.46	1
10 Bendigo 'A'		2:19.62	1
11 Sth Melb District 'A'		2:19.74	1
12 Ballarat 'A'		2:21.33	1
13 Mornington 'A'		2:21.37	1
14 Traralgon 'A'		2:27.30	1
-- Camberwell-Malvern 'A'		DQ	2

Mixed Under 4x100 Metre Relay Under 11

VBP: V 55.86 2000 Ballarat			
Team		Finals	H#
1 Ringwood 'A'		57.27	3
2 Keilor 'A'		57.66	3

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****...Mixed Under 4x100 Metre Relay Under 11**

3 Cranbourne 'A'	57.67	3
4 Knox 'A'	57.69	3
5 Geelong 'A'	58.13	3
6 Berwick 'A'	58.38	3
7 Diamond Valley 'A'	58.52	2
8 Caulfield 'A'	58.72	3
9 Whittlesea City 'A'	59.47	3
10 Essendon 'A'	59.64	2
11 Bacchus Marsh 'A'	59.74	2
12 Keilor 'B'	1:00.15	2
13 Bendigo 'A'	1:00.26	2
14 Mentone 'A'	1:00.69	2
15 Box Hill 'A'	1:00.98	1
16 Mornington 'A'	1:01.05	1
17 Nunawading 'A'	1:01.40	1
18 Yarra Ranges 'A'	1:01.45	2
19 Craigieburn 'A'	1:01.53	1
20 Camberwell-Malvern 'A'	1:01.74	1
21 Geelong 'B'	1:02.24	1
22 Chelsea 'A'	1:02.27	1
23 Knox 'B'	1:02.55	2
24 Sth Melb District 'A'	1:05.89	1

Mixed Under 4x200 Metre Relay Under 11

=====			
VBP: V 1:58.02	2014	Diamond Valley A	
Team		Finals	H#
=====			
1 Box Hill 'A'		1:59.36	2
2 Knox 'A'		1:59.63	2
3 Caulfield 'A'		2:00.34	2
4 Ringwood 'A'		2:02.11	2
5 Diamond Valley 'A'		2:04.88	2
6 Coburg 'A'		2:06.44	2
7 Mentone 'A'		2:07.21	2
8 Knox 'B'		2:07.64	1
9 Chelsea 'A'		2:09.81	2
10 Werribee 'A'		2:10.14	1
11 Keilor 'B'		2:10.69	1
12 Geelong 'A'		2:11.08	1
13 Echuca-Moama 'A'		2:11.10	1
14 Moorabbin 'A'		2:11.14	1
15 Sth Melb District 'A'		2:11.95	1
16 Berwick 'A'		2:12.06	1

Mixed Under 4x100 Metre Relay Under 12

=====			
VBP: V 51.42	2013	South Melbourne & Districts A	
Team		Finals	H#
=====			
1 Mornington 'A'		53.73	3
2 Keilor 'C'		54.11	3
3 Caulfield 'A'		54.42	2
4 Werribee 'A'		54.45	3
5 Ringwood 'A'		54.86	3

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****...Mixed Under 4x100 Metre Relay Under 12**

6	Mentone 'A'	55.59	3
7	Melton City 'A'	55.61	3
8	Essendon 'A'	55.79	3
9	Camberwell-Malvern 'A'	56.46	2
10	Nunawading 'A'	56.66	2
11	Cranbourne 'A'	56.98	2
12	Diamond Valley 'A'	57.29	3
13	Keilor 'D'	57.70	2
14	Caulfield 'B'	57.84	1
15	Brighton 'A'	57.86	1
16	Geelong 'A'	58.00	2
17	Berwick 'A'	58.03	2
18	Essendon 'B'	58.36	1
19	Collingwood 'A'	58.81	1
20	Sth Melb District 'A'	58.92	1
21	Whittlesea City 'A'	58.95	2
22	Moe 'A'	59.63	1
23	Warrnambool 'A'	1:02.91	1
24	Shepparton 'A'	1:03.05	1

Mixed Under 4x200 Metre Relay Under 12

=====			
	VBP: V 1:49.74	2013	Moorabbin A
Team		Finals	H#
=====			
1	Caulfield 'A'	1:52.53	2
2	Melton City 'A'	1:55.09	2
3	Keilor 'A'	1:55.10	2
4	Berwick 'A'	1:56.55	2
5	Brighton 'A'	1:56.56	2
6	Essendon 'A'	1:58.38	2
7	Nunawading 'A'	1:58.74	1
8	Diamond Valley 'A'	1:59.87	1
9	Sth Melb District 'A'	2:00.04	2
10	Ringwood 'A'	2:00.05	2
11	Geelong 'A'	2:00.98	1
12	Camberwell-Malvern 'A'	2:01.31	1
13	Warrnambool 'A'	2:06.67	1
14	Shepparton 'A'	2:07.70	1
15	Box Hill 'A'	2:08.62	1
16	Whittlesea City 'A'	2:09.55	1

Mixed Under 4x100 Metre Relay Under 13

=====			
	VBP: V 49.92	2021	Knox A
Team		Finals	H#
=====			
1	Whittlesea City 'A'	53.06	3
2	Diamond Valley 'A'	53.07	3
3	Cranbourne 'A'	54.82	3
4	Werribee 'A'	54.87	3
5	Pakenham 'A'	55.12	3
6	Oakleigh 'A'	55.47	3
7	Geelong 'A'	55.58	3
8	Diamond Valley 'B'	55.94	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****...Mixed Under 4x100 Metre Relay Under 13**

9	Doncaster 'A'	56.01	2
10	Caulfield 'A'	56.09	2
11	Knox 'B'	56.53	2
12	Williamstown 'A'	57.23	1
13	Box Hill 'A'	57.25	2
14	Camberwell-Malvern 'A'	57.26	2
15	Berwick 'A'	57.32	1
16	Sth Melb District 'A'	57.47	2
17	Mentone 'A'	57.64	2
18	Bendigo 'A'	57.70	1
19	Cranbourne 'B'	58.78	1
20	Camberwell-Malvern 'B'	58.99	1
21	Essendon 'B'	59.22	1
22	Ballarat 'A'	59.24	1
23	Keilor 'A'	59.55	1
--	Knox 'A'	DQ	3

Mixed Under 4x200 Metre Relay Under 13

=====			
	VBP: V 1:46.09	2014	Moorabbin A
Team		Finals	H#
=====			
1	Knox 'A'	1:46.89	2
2	Diamond Valley 'A'	1:50.22	2
3	Ballarat 'A'	1:51.27	2
4	Waverley 'A'	1:52.24	2
5	Geelong 'A'	1:54.47	2
6	Caulfield 'A'	1:55.16	1
7	Bendigo 'A'	1:55.36	1
8	Whittlesea City 'A'	1:55.54	1
9	Werribee 'A'	1:55.76	2
10	Berwick 'A'	1:57.49	2
11	Keilor 'A'	1:57.83	1
12	Essendon 'A'	1:58.20	1
13	Camberwell-Malvern 'A'	1:59.17	1
14	Pakenham 'A'	2:00.79	2
15	Mentone 'A'	2:00.86	1
16	Williamstown 'A'	2:02.06	1

Mixed Under 4x100 Metre Relay Under 14

=====			
	VBP: V 47.78	2017	Keilor A
Team		Finals	H#
=====			
1	Diamond Valley 'A'	50.03	3
2	Caulfield 'A'	50.25	3
3	Essendon 'A'	50.64	3
4	Cranbourne 'A'	50.72	3
5	Diamond Valley 'B'	51.95	3
6	Waverley 'A'	52.41	2
7	Keilor 'A'	52.77	3
8	Coburg 'A'	53.02	3
9	Keilor 'B'	53.44	2
10	Sandringham 'A'	53.78	2
11	Brighton 'A'	54.46	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****...Mixed Under 4x100 Metre Relay Under 14**

12 Diamond Valley 'C'	54.47	2
13 Doncaster 'A'	54.57	2
14 Preston-Reservoir 'A'	54.71	2
15 Knox 'A'	55.07	1
16 Yarra Ranges 'A'	55.14	2
17 Collingwood 'A'	55.70	1
18 Pakenham 'A'	56.56	1
19 Shepparton 'A'	56.82	1
20 Gippsland Country Region 'B'	57.31	1
21 Bacchus Marsh 'A'	57.57	1
22 Nunawading 'A'	58.06	1
23 Western Country Region 'A'	59.66	1

Mixed Under 4x200 Metre Relay Under 14

VBP: V 1:41.69 2017 Keilor A

Team	Finals	H#
1 Berwick 'A'	1:41.94	2
2 Caulfield 'A'	1:45.79	2
3 Essendon 'A'	1:46.01	2
4 Keilor 'A'	1:48.66	2
5 Cranbourne 'A'	1:48.69	2
6 Caulfield 'B'	1:54.39	2
7 Diamond Valley 'B'	1:54.98	2
8 Sandringham 'A'	1:56.34	1
9 Melton City 'A'	1:56.47	1
10 Nunawading 'A'	1:59.21	1
11 Bacchus Marsh 'A'	1:59.50	1
12 Sale 'A'	2:01.19	1
13 Shepparton 'A'	2:02.41	1
14 Western Country Region 'A'	2:05.38	1
-- Doncaster 'A'	DQ	1

Mixed Under 4x100 Metre Relay Under 15

VBP: V 46.22 2023 Geelong A

Team	Finals	H#
1 Box Hill 'A'	48.09	3
2 Geelong 'A'	50.68	3
3 Collingwood 'A'	50.69	3
4 Keilor 'A'	51.08	3
5 Waverley 'A'	51.09	3
6 Diamond Valley 'A'	51.62	2
7 Werribee 'A'	51.64	3
8 Knox 'A'	52.29	3
9 Ballarat 'A'	52.48	2
10 Coburg 'A'	52.50	2
11 Bendigo 'A'	52.57	2
12 Geelong 'B'	52.77	3
13 Melton City 'A'	53.21	2
14 Waverley 'B'	53.81	1
15 Gippsland Country Region 'A'	53.88	2
16 Caulfield 'A'	54.06	2

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****...Mixed Under 4x100 Metre Relay Under 15**

17 Geelong 'C'	54.83	1
18 Keilor 'B'	54.84	1
19 Cranbourne 'A'	55.82	2
20 Werribee 'B'	56.41	1
21 Williamstown 'A'	58.32	1

Mixed Under 4x200 Metre Relay Under 15

=====		
VBP: V 1:39.12	2012	Nunawading A
Team	Finals	H#
=====		
1 Box Hill 'A'	1:39.83	2
2 Collingwood 'A'	1:42.59	2
3 Waverley 'A'	1:47.72	2
4 Bendigo 'A'	1:48.97	2
5 Berwick 'A'	1:49.05	2
6 Craigieburn 'A'	1:50.04	3
7 Ballarat 'A'	1:50.38	1
8 Werribee 'A'	1:50.71	2
9 Geelong 'A'	1:52.16	1
9 Diamond Valley 'A'	1:52.16	1
11 Waverley 'B'	1:54.20	1
12 Werribee 'B'	1:56.69	1
13 Caulfield 'A'	2:00.45	1
14 Knox 'A'	2:01.94	2
-- Melton City 'A'	DQ	1

Mixed Under 4x100 Metre Relay Under 16

=====		
VBP: V 46.80	2021	Ballarat A
Team	Finals	H#
=====		
1 Knox 'A'	47.66	2
2 Keilor 'A'	48.13	2
3 Frankston 'A'	49.83	2
4 Waverley 'A'	50.01	2
5 Keilor 'B'	50.35	2
6 Warragul 'A'	52.01	2
7 Williamstown 'A'	52.23	1
8 Keilor 'C'	52.67	1
9 Yarra Ranges 'A'	55.11	1

Mixed Under 4x200 Metre Relay Under 16

=====		
VBP: V 1:38.92	2014	Geelong A
Team	Finals	
=====		
1 Keilor 'A'	1:41.45	
2 Williamstown 'A'	1:42.13	
3 Keilor 'B'	1:43.50	
4 Waverley 'A'	1:43.69	
5 Frankston 'A'	1:47.14	
6 Warragul 'A'	1:49.36	
7 Waverley 'B'	1:51.25	
8 Yarra Ranges 'A'	1:55.87	

23/24 Commonwealth Bank State Relay Championships**Lakeside Stadium - 16/12/2023****Results****Mixed Under 4x100 Metre Relay Under 17**

VBP: V 48.53 2022		Whittlesea City A	
Team		Finals	H#
1 Caulfield 'A'		48.31V	2
2 Corio 'A'		48.77	2
3 Whittlesea City 'A'		48.84	2
4 Knox 'A'		50.99	2
5 Melton City 'A'		51.35	2
6 Keilor 'A'		51.76	2
7 Ringwood 'A'		53.45	2
8 Pakenham 'A'		53.70	1
9 Gippsland Country Region 'A'		53.88	2
10 Sale 'A'		54.33	1
11 Western Metropolitan Region 'A'		57.40	1
12 Craigieburn 'A'		59.94	1

Mixed Under 4x200 Metre Relay Under 17

VBP: V 1:43.90 2022		Whittlesea City A	
Team		Finals	
1 Whittlesea City 'A'		1:43.86V	
2 Gippsland Country Region 'A'		1:43.89	
3 Ringwood 'A'		1:44.36	
4 Caulfield 'A'		1:46.76	
5 Melton City 'A'		1:50.37	
6 Sale 'A'		1:52.02	
7 Pakenham 'A'		1:57.28	

Mixed Under 4x100 Metre Relay Under 13-17 MC

Team		Finals	
1 Western Metropolitan Region 'A'	J1:10.87	66.04%	
2 Eastern Metropolitan Region 'A'	J1:09.50	64.73%	
3 Gippsland Country Region 'A'	1:20.50	55.30%	
4 Eastern Metropolitan Region 'B'	1:34.81	45.79%	

Mixed Under 4x200 Metre Relay Under 13-17 MC

Team		Finals	
1 Western Metropolitan Region 'A'	J2:31.98	62.22%	
2 Eastern Metropolitan Region 'A'	J2:29.93	61.77%	
3 Gippsland Country Region 'A'	J2:54.27	52.14%	
4 Eastern Metropolitan Region 'B'	J3:31.05	41.72%	