

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Girls 4x100 Metre Relay Under 09**

Team	Seed	Finals	H#
Finals			
1 Keilor 'A'		1:07.23	2
2 Essendon 'A'		1:07.53	2
3 Whittlesea City 'A'		1:11.94	1
4 Craigieburn 'A'		1:12.10	1
5 Essendon 'B'		1:13.23	2
6 Diamond Valley 'A'		1:13.98	2
7 Keilor 'B'		1:14.02	2
8 Keilor 'C'		1:16.01	1
9 Coburg 'A'		1:17.54	1
10 Preston-Reservoir 'A'		1:17.76	1
11 Essendon 'C'		1:19.56	1
12 Craigieburn 'B'		1:21.35	2

**Girls 4x200 Metre Relay Under 09**

Team	Seed	Finals	H#
1 Keilor 'A'		2:25.88	2
2 Essendon 'B'		2:36.65	2
3 Whittlesea City 'A'		2:40.86	2
4 Diamond Valley 'A'		2:43.12	1
5 Craigieburn 'A'		2:45.74	2
6 Keilor 'C'		2:50.34	1
7 Preston-Reservoir 'A'		2:51.66	2
8 Keilor 'B'		2:55.14	1
9 Essendon 'C'		2:56.50	1
10 Craigieburn 'B'		3:03.09	1
-- Essendon 'A'		DQ	2

**Girls 1000 Sprint Medley Under 09**

Team	Seed	Finals
1 Keilor 'A'		3:19.55
2 Essendon 'A'		3:25.21
3 Diamond Valley 'A'		3:34.30
4 Keilor 'B'		3:38.61
5 Essendon 'B'		3:48.40
6 Preston-Reservoir 'A'		3:58.55
7 Coburg 'A'		3:58.84
-- Craigieburn 'A'		DQ

**Girls 4x100 Metre Relay Under 10**

Team	Seed	Finals	H#
1 Diamond Valley 'A'		1:04.92	2
2 Whittlesea City 'A'		1:05.50	1
3 Essendon 'A'		1:07.59	2
4 Coburg 'A'		1:08.24	1
5 Diamond Valley 'B'		1:08.75	1
6 Keilor 'A'		1:09.51	2

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****....Girls 4x100 Metre Relay Under 10**

7 Essendon 'B'	1:15.41	1
8 Diamond Valley 'C'	1:15.80	2
9 Keilor 'B'	1:15.81	1
10 Whittlesea City 'B'	1:17.47	2

**Girls 4x200 Metre Relay Under 10**

Team	Seed	Finals	H#
1 Diamond Valley 'A'		2:22.07	2
2 Essendon 'A'		2:23.98	1
3 Keilor 'A'		2:27.71	2
4 Diamond Valley 'B'		2:27.99	1
5 Whittlesea City 'A'		2:31.16	1
6 Coburg 'A'		2:32.50	1
7 Diamond Valley 'C'		2:46.89	2
8 Essendon 'B'		2:49.50	2

**Girls 1000 Sprint Medley Under 10**

Team	Seed	Finals
1 Essendon 'A'		3:12.69
2 Whittlesea City 'A'		3:17.82
3 Coburg 'A'		3:19.76
4 Diamond Valley 'A'		3:29.46
5 Diamond Valley 'B'		3:36.25
6 Keilor 'A'		3:39.29

**Girls 4x100 Metre Relay Under 11**

Team	Seed	Finals	H#
1 Essendon 'A'		57.29	2
2 Coburg 'A'		59.85	2
3 Keilor 'A'		1:00.01	2
4 Whittlesea City 'A'		1:00.13	2
5 Diamond Valley 'A'		1:01.07	1
6 Coburg 'B'		1:05.44	1
7 Whittlesea City 'B'		1:08.14	1
8 Keilor 'B'		1:08.72	1
9 Craigieburn 'A'		1:11.58	2
10 Diamond Valley 'B'		1:11.91	2
11 Essendon 'B'		1:12.57	1

**Girls 4x200 Metre Relay Under 11**

Team	Seed	Finals	H#
1 Essendon 'A'		2:05.57	2
2 Keilor 'A'		2:09.23	1
3 Diamond Valley 'A'		2:10.28	2
4 Coburg 'A'		2:11.85	2
5 Whittlesea City 'A'		2:16.17	1
6 Essendon 'B'		2:16.92	1

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****....Girls 4x200 Metre Relay Under 11**

7 Coburg 'B'	2:27.60	1
8 Keilor 'B'	2:31.17	2
9 Whittlesea City 'B'	2:39.93	2
10 Craigieburn 'A'	2:44.29	2
11 Diamond Valley 'B'	2:46.07	1

**Girls 1000 Sprint Medley Under 11**

Team	Seed	Finals	H#
1 Essendon 'A'		2:51.93	1
2 Keilor 'A'		2:56.58	1
3 Coburg 'A'		2:58.32	1
4 Whittlesea City 'A'		3:03.51	2
5 Essendon 'B'		3:05.21	2
6 Keilor 'B'		3:23.59	2
7 Craigieburn 'A'		3:43.17	2
8 Diamond Valley 'B'		3:51.38	1
-- Diamond Valley 'A'		DQ	2

**Girls 4x100 Metre Relay Under 12**

Team	Seed	Finals	H#
1 Keilor 'A'		57.06	2
2 Diamond Valley 'A'		57.75	1
3 Whittlesea City 'A'		58.70	2
4 Essendon 'A'		1:00.41	1
5 Keilor 'B'		1:01.21	1
6 Coburg 'A'		1:02.93	2
7 Diamond Valley 'B'		1:03.06	1
8 Keilor 'C'		1:05.82	1
9 Diamond Valley 'C'		1:06.02	2
10 Essendon 'B'		1:06.93	2
11 Craigieburn 'A'		1:07.22	2
12 Preston-Reservoir 'A'		1:08.02	1

**Girls 4x200 Metre Relay Under 12**

Team	Seed	Finals	H#
1 Diamond Valley 'A'		2:04.90	2
2 Whittlesea City 'A'		2:07.60	1
3 Keilor 'A'		2:08.13	2
4 Essendon 'A'		2:09.46	2
5 Keilor 'B'		2:14.92	1
6 Diamond Valley 'B'		2:16.11	1
7 Preston-Reservoir 'A'		2:25.97	1
8 Keilor 'C'		2:25.99	2
9 Essendon 'B'		2:26.93	1
10 Craigieburn 'A'		2:40.62	2

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Girls 1000 Sprint Medley Under 12**

Team	Seed	Finals	H#
1 Keilor 'A'		2:44.31	1
2 Whittlesea City 'A'		2:52.43	2
3 Keilor 'B'		2:57.45	2
4 Essendon 'A'		3:00.79	1
5 Diamond Valley 'A'		3:04.49	2
6 Keilor 'C'		3:19.52	2
7 Essendon 'B'		3:25.53	2
8 Preston-Reservoir 'A'		3:28.10	1
9 Craigieburn 'A'		3:36.16	1

**Girls 4x100 Metre Relay Under 13**

Team	Seed	Finals
1 Whittlesea City 'A'		54.77
2 Keilor 'A'		54.90
3 Diamond Valley 'A'		56.93
4 Keilor 'B'		59.58
5 Craigieburn 'A'		1:00.92
6 Diamond Valley 'B'		1:02.62
7 Essendon 'A'		1:06.91

**Girls 4x200 Metre Relay Under 13**

Team	Seed	Finals
1 Whittlesea City 'A'		1:57.33
2 Keilor 'A'		1:59.70
3 Diamond Valley 'A'		2:01.61
4 Essendon 'A'		2:20.85
5 Coburg 'A'		2:21.38
6 Craigieburn 'A'		2:28.86

**Girls 1000 Sprint Medley Under 13**

Team	Seed	Finals
1 Diamond Valley 'A'		2:48.41
2 Craigieburn 'A'		2:59.66
3 Keilor 'A'		3:01.61

**Girls 4x100 Metre Relay Under 14**

Team	Seed	Finals
1 Diamond Valley 'A'		52.33
2 Whittlesea City 'A'		52.38
3 Essendon 'A'		54.91
4 Keilor 'A'		57.55
5 Diamond Valley 'B'		59.55

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Girls 4x200 Metre Relay Under 14**

Team	Seed	Finals
1 Whittlesea City 'A'		1:52.03
2 Essendon 'A'		1:59.61
3 Keilor 'A'		2:00.34
4 Essendon 'B'		2:04.70
5 Keilor 'B'		2:07.66
6 Diamond Valley 'B'		2:10.63

**Girls 1000 Sprint Medley Under 14**

Team	Seed	Finals
1 Whittlesea City 'A'		2:36.97
2 Diamond Valley 'A'		2:41.30
3 Essendon 'B'		2:44.11
4 Diamond Valley 'B'		2:46.35
5 Keilor 'A'		2:56.84
6 Essendon 'A'		2:59.21

**Girls 4x100 Metre Relay Under 15**

Team	Seed	Finals
1 Keilor 'A'		51.30
2 Diamond Valley 'A'		53.01
3 Coburg 'A'		56.68
4 Coburg 'B'		1:01.80

**Girls 4x200 Metre Relay Under 15**

Team	Seed	Finals
1 Keilor 'A'		1:48.22
2 Coburg 'A'		2:00.85
3 Keilor 'B'		2:01.78
4 Coburg 'B'		2:13.53

**Girls 1000 Sprint Medley Under 15**

Team	Seed	Finals
1 Keilor 'A'		2:24.94
2 Diamond Valley 'A'		2:35.08
3 Coburg 'A'		2:40.98
4 Keilor 'B'		2:54.68

**Girls 4x100 Metre Relay Under 16**

Team	Seed	Finals
1 Keilor 'A'		53.32
2 Essendon 'A'		56.39

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Girls 4x200 Metre Relay Under 16**

Team	Seed	Finals
1 Keilor 'A'		1:52.92
2 Essendon 'A'		2:04.51

**Girls 1000 Sprint Medley Under 16**

Team	Seed	Finals
1 Keilor 'A'		2:30.89

**Girls 4x100 Metre Relay Under 17**

Team	Seed	Finals
1 Whittlesea City 'A'		52.61
2 Keilor 'A'		53.09
3 Coburg 'A'		53.51
4 Keilor 'B'		59.92
5 Craigieburn 'A'		1:00.46

**Girls 4x200 Metre Relay Under 17**

Team	Seed	Finals
1 Keilor 'A'		1:52.70
2 Coburg 'A'		1:53.13
3 Whittlesea City 'A'		1:53.37
4 Craigieburn 'A'		2:07.53
5 Keilor 'B'		2:08.15

**Girls 1000 Sprint Medley Under 17**

Team	Seed	Finals
1 Keilor 'A'		2:30.12
2 Coburg 'A'		2:33.34

**Boys 4x100 Metre Relay Under 09**

Team	Seed	Finals	H#
1 Keilor 'A'		1:04.68	2
2 Essendon 'A'		1:04.93	2
3 Whittlesea City 'A'		1:05.39	1
4 Diamond Valley 'A'		1:06.01	2
5 Diamond Valley 'B'		1:08.00	1
6 Coburg 'A'		1:08.75	1
7 Keilor 'B'		1:10.09	1
8 Preston-Reservoir 'A'		1:11.37	1
9 Whittlesea City 'B'		1:12.98	2
10 Essendon 'B'		1:14.68	1
-- Diamond Valley 'C'		DQ	2

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Boys 4x200 Metre Relay Under 09**

Team	Seed	Finals	H#
1 Keilor 'A'		2:17.73	1
2 Diamond Valley 'A'		2:21.42	1
3 Essendon 'A'		2:22.43	2
4 Whittlesea City 'A'		2:22.63	2
5 Diamond Valley 'B'		2:29.59	2
6 Keilor 'B'		2:34.04	2
7 Preston-Reservoir 'A'		2:38.67	1
8 Craigieburn 'A'		2:44.22	2
9 Essendon 'B'		2:44.59	1
10 Whittlesea City 'B'		2:44.80	1
11 Diamond Valley 'C'		2:54.36	1

**Boys 1000 Sprint Medley Under 09**

Team	Seed	Finals	H#
1 Keilor 'A'		3:10.36	2
2 Whittlesea City 'A'		3:12.71	1
3 Diamond Valley 'A'		3:14.79	1
4 Diamond Valley 'D'		3:24.28	1
5 Diamond Valley 'B'		3:25.89	2
6 Essendon 'A'		3:31.00	2
7 Craigieburn 'A'		3:31.36	2
8 Coburg 'A'		3:31.78	2
9 Diamond Valley 'C'		3:31.95	2
10 Preston-Reservoir 'A'		3:33.65	1

**Boys 4x100 Metre Relay Under 10**

Team	Seed	Finals	H#
1 Essendon 'A'		1:02.39	2
2 Whittlesea City 'A'		1:02.56	1
3 Preston-Reservoir 'A'		1:02.92	2
4 Keilor 'A'		1:03.00	2
5 Coburg 'A'		1:05.43	1
6 Sunbury 'A'		1:05.58	2
7 Whittlesea City 'B'		1:05.74	2
8 Whittlesea City 'C'		1:08.31	1
9 Coburg 'B'		1:08.45	2
10 Essendon 'B'		1:09.85	1
11 Craigieburn 'A'		1:10.82	1
12 Keilor 'B'		1:11.73	1
13 Diamond Valley 'B'		1:14.55	1
14 Craigieburn 'B'		1:15.57	2
15 Diamond Valley 'A'		1:16.63	2

**Boys 4x200 Metre Relay Under 10**

Team	Seed	Finals	H#
1 Whittlesea City 'A'		2:08.13	2
2 Keilor 'A'		2:14.14	1

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****....Boys 4x200 Metre Relay Under 10**

3 Essendon 'A'	2:14.74	1
4 Diamond Valley 'A'	2:19.02	1
5 Preston-Reservoir 'A'	2:19.24	1
6 Whittlesea City 'B'	2:19.54	1
7 Sunbury 'A'	2:21.48	2
8 Coburg 'A'	2:22.57	2
9 Diamond Valley 'B'	2:25.30	2
10 Craigieburn 'A'	2:29.74	1
11 Essendon 'B'	2:30.87	1
12 Keilor 'B'	2:40.09	2
13 Craigieburn 'B'	2:41.22	2
-- Coburg 'B'	DQ	2

**Boys 1000 Sprint Medley Under 10**

Team	Seed	Finals	H#
1 Preston-Reservoir 'A'		2:54.07	2
2 Keilor 'A'		2:58.97	2
3 Essendon 'A'		3:03.61	2
4 Whittlesea City 'A'		3:04.24	1
5 Diamond Valley 'A'		3:11.66	2
6 Whittlesea City 'B'		3:12.98	2
7 Craigieburn 'A'		3:16.30	1
8 Coburg 'A'		3:20.75	1
9 Whittlesea City 'C'		3:24.65	2
10 Diamond Valley 'B'		3:28.39	1
11 Keilor 'B'		3:31.99	1

**Boys 4x100 Metre Relay Under 11**

Team	Seed	Finals	H#
1 Diamond Valley 'A'		58.32	2
2 Keilor 'A'		59.99	2
3 Whittlesea City 'A'		1:00.94	2
4 Diamond Valley 'B'		1:01.64	1
5 Coburg 'A'		1:02.22	2
6 Craigieburn 'A'		1:02.38	2
7 Sunbury 'A'		1:05.80	1
8 Diamond Valley 'C'		1:06.29	1
9 Keilor 'B'		1:06.41	1

**Boys 4x200 Metre Relay Under 11**

Team	Seed	Finals	H#
1 Keilor 'A'		2:07.03	2
2 Diamond Valley 'A'		2:08.75	1
3 Coburg 'A'		2:10.54	1
4 Craigieburn 'A'		2:11.37	1
5 Essendon 'A'		2:14.49	2
6 Diamond Valley 'B'		2:14.81	1
7 Sunbury 'A'		2:18.46	2
8 Keilor 'B'		2:25.14	1



**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****....Boys 4x200 Metre Relay Under 11**

9 Diamond Valley 'C'	2:27.78	2
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**Boys 1000 Sprint Medley Under 11**

Team	Seed	Finals
1 Whittlesea City 'A'		2:52.44
2 Diamond Valley 'A'		2:53.94
3 Diamond Valley 'B'		2:55.87
4 Craigieburn 'A'		3:02.20
5 Diamond Valley 'C'		3:10.16
6 Essendon 'A'		3:14.32
7 Keilor 'B'		3:18.18
-- Keilor 'A'		DQ

**Boys 4x100 Metre Relay Under 12**

Team	Seed	Finals	H#
1 Diamond Valley 'A'		53.43	1
2 Craigieburn 'A'		57.00	2
3 Keilor 'A'		57.69	1
4 Whittlesea City 'A'		58.56	2
5 Diamond Valley 'B'		59.49	2
6 Essendon 'A'		1:01.26	1
7 Diamond Valley 'C'		1:02.29	2
8 Preston-Reservoir 'A'		1:04.23	2
9 Coburg 'A'		1:14.28	1

**Boys 4x200 Metre Relay Under 12**

Team	Seed	Finals
1 Diamond Valley 'A'		1:54.27
2 Whittlesea City 'A'		2:03.24
3 Craigieburn 'A'		2:03.53
4 Diamond Valley 'B'		2:06.69
5 Diamond Valley 'C'		2:13.98
6 Preston-Reservoir 'A'		2:29.21

**Boys 1000 Sprint Medley Under 12**

Team	Seed	Finals
1 Diamond Valley 'A'		2:34.45
2 Keilor 'A'		2:36.09
3 Craigieburn 'A'		2:46.58
4 Diamond Valley 'B'		2:49.54
5 Whittlesea City 'A'		2:52.94
6 Diamond Valley 'C'		2:58.68
7 Essendon 'A'		3:03.33
8 Preston-Reservoir 'A'		3:22.37

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Boys 4x100 Metre Relay Under 13**

Team	Seed	Finals
1 Keilor 'A'		51.58
2 Essendon 'A'		52.63
3 Whittlesea City 'A'		54.64
4 Coburg 'A'		55.93
5 Diamond Valley 'A'		58.29
6 Keilor 'B'		59.84

**Boys 4x200 Metre Relay Under 13**

Team	Seed	Finals
1 Essendon 'A'		1:51.88
2 Whittlesea City 'A'		1:55.38
3 Keilor 'A'		2:03.78
4 Coburg 'A'		2:04.99
5 Diamond Valley 'A'		2:05.39

**Boys 1000 Sprint Medley Under 13**

Team	Seed	Finals
1 Keilor 'A'		2:29.57
2 Essendon 'A'		2:34.43
3 Coburg 'A'		2:42.04

**Boys 4x100 Metre Relay Under 14**

Team	Seed	Finals
1 Whittlesea City 'A'		51.94
2 Keilor 'A'		52.36
3 Essendon 'A'		53.03
-- Diamond Valley 'A'		DQ

**Boys 4x200 Metre Relay Under 14**

Team	Seed	Finals
1 Essendon 'A'		1:49.63
2 Keilor 'A'		1:50.07
3 Whittlesea City 'A'		1:50.40
4 Craigieburn 'A'		1:55.39
5 Diamond Valley 'B'		2:06.66

**Boys 1000 Sprint Medley Under 14**

Team	Seed	Finals
1 Diamond Valley 'A'		2:23.89
2 Essendon 'A'		2:25.76
3 Whittlesea City 'A'		2:36.81
4 Craigieburn 'A'		2:44.75
5 Essendon 'B'		2:47.30

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****....Boys 1000 Sprint Medley Under 14**

6 Diamond Valley 'B'	2:55.74
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**Boys 4x100 Metre Relay Under 15**

Team	Seed	Finals
1 Diamond Valley 'A'		48.27
2 Keilor 'A'		50.85
3 Craigieburn 'A'		58.11

**Boys 4x200 Metre Relay Under 15**

Team	Seed	Finals
1 Diamond Valley 'A'		1:44.06
2 Keilor 'A'		1:49.28
3 Keilor 'B'		1:58.86

**Boys 1000 Sprint Medley Under 15**

Team	Seed	Finals
1 Keilor 'A'		2:31.68
2 Keilor 'B'		2:45.41

**Boys 4x100 Metre Relay Under 16**

Team	Seed	Finals
1 Keilor 'A'		47.64
2 Essendon 'A'		47.83
3 Coburg 'A'		51.67

**Boys 4x200 Metre Relay Under 16**

Team	Seed	Finals
1 Essendon 'A'		1:40.36
2 Keilor 'A'		1:42.52
3 Craigieburn 'A'		1:46.57
4 Coburg 'A'		1:50.79

**Boys 1000 Sprint Medley Under 16**

Team	Seed	Finals
1 Essendon 'A'		2:11.66
2 Keilor 'A'		2:16.24
3 Craigieburn 'A'		2:30.02

**Boys 4x100 Metre Relay Under 17**

Team	Seed	Finals
1 Keilor 'A'		45.80

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****....Boys 4x100 Metre Relay Under 17**

2 Craigieburn 'A'	46.48
3 Keilor 'B'	49.24
4 Essendon 'A'	51.69

**Boys 4x200 Metre Relay Under 17**

Team	Seed	Finals
1 Keilor 'A'		1:36.96
2 Keilor 'B'		1:42.22
3 Essendon 'A'		1:47.25

**Boys 1000 Sprint Medley Under 17**

Team	Seed	Finals
1 Keilor 'A'		2:07.02
2 Craigieburn 'A'		2:12.92
3 Keilor 'B'		2:20.64
4 Essendon 'A'		2:32.75

**Mixed 4x100 Metre Relay Under 09**

Team	Seed	Finals	H#
1 Essendon 'A'		1:05.73	1
2 Whittlesea City 'A'		1:05.81	1
3 Keilor 'A'		1:06.84	1
4 Essendon 'B'		1:09.52	2
5 Keilor 'B'		1:09.91	2
6 Coburg 'A'		1:13.25	1
7 Diamond Valley 'A'		1:13.40	2
8 Sunbury 'A'		1:13.49	2
9 Diamond Valley 'B'		1:13.85	1
10 Whittlesea City 'B'		1:15.16	2
11 Craigieburn 'A'		1:17.21	1
12 Preston-Reservoir 'A'		1:19.08	2

**Mixed 4x200 Metre Relay Under 09**

Team	Seed	Finals	H#
1 Keilor 'A'		2:20.78	1
2 Keilor 'B'		2:30.17	2
3 Essendon 'A'		2:38.18	1
4 Preston-Reservoir 'A'		2:38.97	1
5 Essendon 'B'		2:46.66	2
6 Coburg 'A'		2:51.21	1
7 Diamond Valley 'A'		2:59.88	2
-- Sunbury 'A'		DQ	2
-- Craigieburn 'A'		DQ	2

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Mixed 4x100 Metre Relay Under 10**

Team	Seed	Finals	H#
1 Keilor 'A'		1:03.21	1
2 Whittlesea City 'A'		1:03.50	1
3 Essendon 'A'		1:06.08	2
4 Diamond Valley 'A'		1:07.09	2
5 Essendon 'B'		1:07.93	1
6 Keilor 'B'		1:10.22	1
7 Coburg 'A'		1:11.29	2
8 Whittlesea City 'B'		1:12.46	2
9 Whittlesea City 'C'		1:13.45	2
10 Keilor 'C'		1:18.80	2
11 Diamond Valley 'B'		1:19.33	1

**Mixed 4x200 Metre Relay Under 10**

Team	Seed	Finals
1 Whittlesea City 'A'		2:12.81
2 Essendon 'A'		2:19.29
3 Keilor 'A'		2:22.95
4 Craigieburn 'A'		2:31.90
5 Whittlesea City 'B'		2:34.79
6 Diamond Valley 'A'		2:38.06
7 Keilor 'B'		2:38.83
8 Essendon 'B'		2:40.74

**Mixed 4x100 Metre Relay Under 11**

Team	Seed	Finals	H#
1 Whittlesea City 'A'		57.58	1
2 Diamond Valley 'A'		58.44	1
3 Keilor 'A'		1:00.26	1
4 Coburg 'A'		1:00.67	1
5 Essendon 'A'		1:04.08	1
6 Essendon 'B'		1:05.26	2
7 Keilor 'B'		1:05.57	1
8 Whittlesea City 'B'		1:05.88	2
9 Craigieburn 'A'		1:07.06	2
10 Coburg 'B'		1:10.00	2
11 Diamond Valley 'B'		1:13.63	2

**Mixed 4x200 Metre Relay Under 11**

Team	Seed	Finals	H#
1 Whittlesea City 'A'		2:03.33	2
2 Keilor 'A'		2:03.68	2
3 Essendon 'A'		2:05.91	2
4 Diamond Valley 'A'		2:07.95	1
5 Whittlesea City 'B'		2:14.73	1
6 Craigieburn 'A'		2:28.61	2
7 Keilor 'B'		2:31.81	1
8 Essendon 'B'		2:34.05	2

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****Mixed 4x100 Metre Relay Under 12**

Team	Seed	Finals	H#
1 Diamond Valley 'A'		54.74	1
2 Keilor 'A'		56.14	1
3 Diamond Valley 'B'		56.54	2
4 Whittlesea City 'A'		58.11	2
5 Craigieburn 'A'		59.10	2
6 Essendon 'A'		59.75	2
7 Keilor 'B'		1:00.77	2
8 Whittlesea City 'B'		1:01.00	1
9 Keilor 'C'		1:01.99	1
10 Diamond Valley 'D'		1:03.57	1
11 Sunbury 'A'		1:04.11	2
12 Diamond Valley 'C'		1:04.45	2
13 Preston-Reservoir 'A'		1:07.82	1

**Mixed 4x200 Metre Relay Under 12**

Team	Seed	Finals	H#
1 Keilor 'A'		1:55.44	2
2 Coburg 'A'		2:02.66	2
3 Whittlesea City 'A'		2:05.94	2
4 Keilor 'B'		2:07.08	1
5 Essendon 'A'		2:08.62	2
6 Keilor 'C'		2:14.32	1
7 Diamond Valley 'B'		2:15.67	1
8 Sunbury 'A'		2:16.21	1
9 Diamond Valley 'A'		2:19.16	2
10 Preston-Reservoir 'A'		2:26.13	1

**Mixed 4x100 Metre Relay Under 13**

Team	Seed	Finals	H#
1 Keilor 'A'		52.45	1
2 Whittlesea City 'A'		53.52	2
3 Essendon 'A'		55.26	2
4 Keilor 'B'		56.17	1
5 Diamond Valley 'A'		57.53	1
6 Essendon 'B'		59.07	1
7 Keilor 'D'		1:00.27	2
8 Diamond Valley 'B'		1:01.43	2
9 Keilor 'C'		1:02.67	2
10 Coburg 'A'		1:06.83	1

**Mixed 4x200 Metre Relay Under 13**

Team	Seed	Finals
1 Keilor 'A'		1:50.80
2 Whittlesea City 'A'		1:56.64
3 Essendon 'A'		1:57.24
4 Keilor 'B'		2:02.77
5 Keilor 'C'		2:04.03

**NMR Relay Carnival 2024 - 16/11/2024****Sunbury (Willinda Park)****Results****...Mixed 4x200 Metre Relay Under 13**

6 Keilor 'D'	2:13.44
7 Craigieburn 'A'	2:18.58

**Mixed 4x100 Metre Relay Under 14**

Team	Seed	Finals
1 Diamond Valley 'A'		50.81
2 Whittlesea City 'A'		51.85
3 Keilor 'A'		52.52
4 Diamond Valley 'B'		54.09
5 Whittlesea City 'B'		58.07
6 Essendon 'B'		58.23
-- Essendon 'A'		DNF

**Mixed 4x200 Metre Relay Under 14**

Team	Seed	Finals
1 Diamond Valley 'A'		1:48.24
2 Essendon 'A'		1:50.69
3 Whittlesea City 'A'		1:52.12
4 Keilor 'A'		1:56.51
5 Diamond Valley 'B'		1:59.13
6 Whittlesea City 'B'		1:59.46

**Mixed 4x100 Metre Relay Under 15**

Team	Seed	Finals
1 Diamond Valley 'A'		49.17
2 Keilor 'A'		51.13
3 Diamond Valley 'B'		54.03
4 Keilor 'B'		55.93
5 Preston-Reservoir 'A'		56.15
6 Craigieburn 'A'		56.80
7 Coburg 'A'		57.52
8 Keilor 'C'		57.55

**Mixed 4x200 Metre Relay Under 15**

Team	Seed	Finals
1 Keilor 'A'		1:45.99
2 Keilor 'B'		1:51.02
3 Keilor 'C'		2:00.22
4 Preston-Reservoir 'A'		2:00.42
-- Craigieburn 'A'		DQ

**Mixed 4x100 Metre Relay Under 16**

Team	Seed	Finals
1 Keilor 'A'		49.17
2 Keilor 'B'		52.03

**NMR Relay Carnival 2024 - 16/11/2024**

**Sunbury (Willinda Park)**

**Results**

**...Mixed 4x100 Metre Relay Under 16**

3 Coburg 'A' 52.45

**Mixed 4x200 Metre Relay Under 16**

Team	Seed	Finals
1 Coburg 'A'		1:51.80
2 Essendon 'A'		1:56.88

**Mixed 4x100 Metre Relay Under 17**

Team	Seed	Finals
1 Keilor 'B'		49.19
1 Keilor 'A'		49.19
3 Craigieburn 'A'		55.09

**Mixed 4x200 Metre Relay Under 17**

Team	Seed	Finals
1 Keilor 'A'		1:44.46
2 Keilor 'B'		1:52.52
3 Essendon 'A'		1:54.13
4 Craigieburn 'A'		1:57.04

**Mixed 4x100 Metre Relay Under 13-17 MC**

Team	Seed	Finals
1 Northern Metropolitan Region 'A'		1:28.48 51.30%