



Little  
Athletics  
Victoria

# Little Athletics Victoria

## Centre Uniform Booklet

Updated November 2020



To ensure that all Affiliated Centres are complying with the specifications set out in the Competition Rules, LAVic have licenced two specifically chosen Centre Uniform suppliers, Game Day Apparel and Energetic Apparel (formerly Lyon). The approved competition uniform refers to tops and shorts / leggings.

This booklet will provide Centres / Clubs with the relevant information to meet the uniform requirements.

Spikes and socks are listed for uniform standards purposes only.

If you have any questions, please don't hesitate to contact the Office for clarification.

## Centre Uniforms – Tops

The competition top can consist of a singlet, polo top, t-shirt, or crop top.

### Logo Placement / Colour / Size

The LAVic logo is to appear on the right-hand side of the garment. The LAVic logo can be white, black or the coloured LAVic logo. Centre / Club colours are not approved. Below are examples of the placement of the LAVic logo.

The uniform suppliers have the logo size, these cannot be altered.



### Centre Name / Number / Logo

Either the Centre name, number, logo, or a combination of these, must appear anywhere on the front of the garment keeping in mind the position of the LAVic logo and the Coles badge.

The Centre number must be on the back. The Centre name is optional but preferable on the back as well.

## National Membership Badge

The Coles badge which is a National membership requirement is to be attached to the right-hand side (above the LAVic logo) of all Centre and Club uniforms. These badges are required to be sewn on and are to cover any previous logos/badges. The licenced suppliers can attach these badges for an additional fee to reduce the workload of Centres & parents.

## Membership Registration Patch

The Association Registration Patch, as supplied to each Competitive Member must be worn on the front of the Centre and Club (where applicable) uniform at all Little Athletics competition activities, as well as other athletic skills activities as advised.

## Club Uniforms - (not Centre uniforms)

- LAVic logo is optional on Club tops only.
- The Coles badge is required to be sewn onto all Club tops.
- Club uniforms are not approved to be worn at Region or State Competitions.
- If a Club uses the LAVic logo, the top can only be manufactured by one of our licenced uniform providers in Game Day Apparel or Energetic Apparel.

Club uniform worn only during weekly competitions, not at Regions or States

Club Uniform designed & manufactured by an LAVic supplier



## Licensed Supplier Branding

The licenced supplier's logo will be sublimated on the back of all garments, tops, shorts, and leggings.

## Centre Uniform - Shorts

The competition shorts are to be the approved colour and design. With the assistance of the licenced uniform suppliers, Centres and Clubs can match their uniform top with their shorts.

Centres / Clubs have the option for a plain short in the approved colour from a local supplier or retail shop without any logos OR purchase the approved short in your Centre colour & design from our licenced uniform suppliers. There are several styles from our licenced suppliers:

- Running shorts, longer Casual shorts, or Bike shorts; these are sublimated and can be a custom design of colours & logos.
- They will have the LAVic logo on the front right-hand side. The colour of the LAVic logo can be white, black or the LAVic coloured logo, Centre colours are not approved.
- There is the option to have the Centre logo / number on the front left-hand side as below.
- Shorts will have the licenced supplier's logo on the back-right hand side.
- Shorts are not to have any pockets.

### Shorts with LAVic & Centre logo on front & licenced supplier's logo on back

#### Running shorts

Front

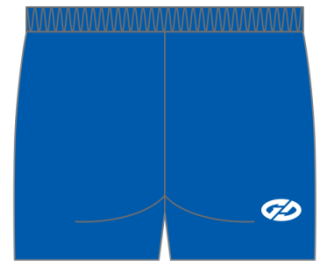
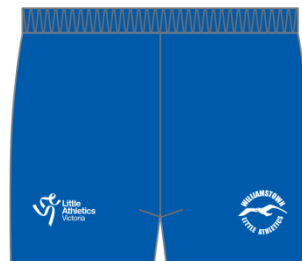
Back



#### Bike shorts

Front

Back



## Centre Uniform - Leggings

- **Leggings** of any length can be worn as an outer garment except for Race Walking.
- Leggings worn by themselves are to be the same colour as the approved Centre shorts, they must be plain without patterns or unapproved logos.
- For **Cross Country season only, black** leggings may be worn instead of the Centre colour, they must be plain without patterns or unapproved logos.
- Only approved LAVic logos or small logos under 4x4cm are permitted on shorts or leggings.
- **Custom leggings** can only be worn if they are purchased from the approved licenced uniform suppliers; they will have the LAVic logo on the front right-hand side.
- There is the option to have the Centre logo, name and / or number on the left-hand side.
- Custom leggings will have the licenced uniform supplier's logo on the back-right hand side.



Front

Back

## Undergarments – Shorts / Leggings

- Undergarments **worn underneath** shorts must be the same colour as the approved Centre shorts or black or beige.
- Undergarments include leggings or bike shorts.
- Undergarments must be plain, without patterns or unapproved logos.
- Custom shorts / leggings purchased from the licenced uniform suppliers with the LAVic logo can be worn as undergarments.

## Undergarment - Tops

Athletes may wear an undergarment top (long or short sleeve) under their Centre uniform top as long as it is plain (no patterns or logos), the same colour of their Centre uniform top or black or white.



## Other Uniform Guidelines

### Logos

Any unapproved logos on plain shorts must be smaller than 4x4cm.



### Socks

Socks if worn, can be of any length, colour, or pattern, however they cannot cover the knee or be objectionable. LAVic, has the right to determine their suitability.

### Spikes & Footwear

Spike shoes will only be permitted to be worn in the events listed in the table below.

Age Groups	Track Events	Field Events	Relays	Cross-Country	Road Relays
U6 - U10	No spike shoes allowed	No spike shoes allowed	No spike shoes allowed	No spike shoes allowed	No spike shoes allowed
U11 - U12	All events run entirely in lanes	All jump events & Javelin	All events	No spike shoes allowed	No spike shoes allowed
U13 - U16	All events except Race Walks	All jump events & Javelin	All events	No spike shoes allowed	No spike shoes allowed

- Spikes must not exceed 7mm for Track events.
- Spikes must not exceed 9mm for High Jump, Long Jump, Triple Jump and Javelin events.
- The venue will determine which shape of spike is permitted. This is listed in the Venue Spike Rules document on the website.
- Most venues including Lakeside stadium, **do not** allow needle / pin spikes.

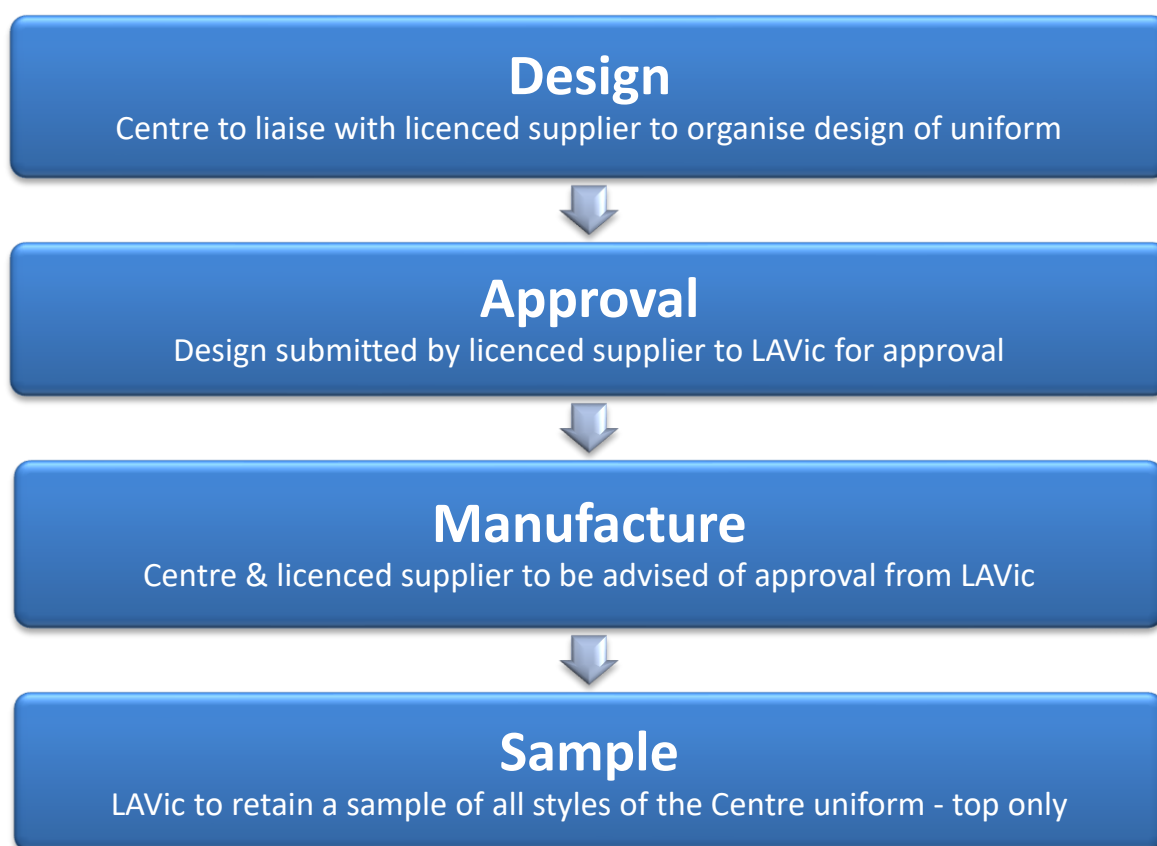
Examples of needle / pin spikes



## Process

All Centres are required to have the LAVic logo on their approved competition tops. All designs for tops, shorts, or leggings, needs to comply with the approved design and colour for each Centre, as well as the branding requirements as listed in this document. All Centre competition tops, and branded shorts, leggings must be purchased through the two licenced suppliers as listed below.

The following process is required for the supply of competition tops, shorts, or leggings.



As the requirements change from time to time, all orders regardless if they are new or a repeat order, must be approved by LAVic prior to manufacture.

## Additional Merchandise

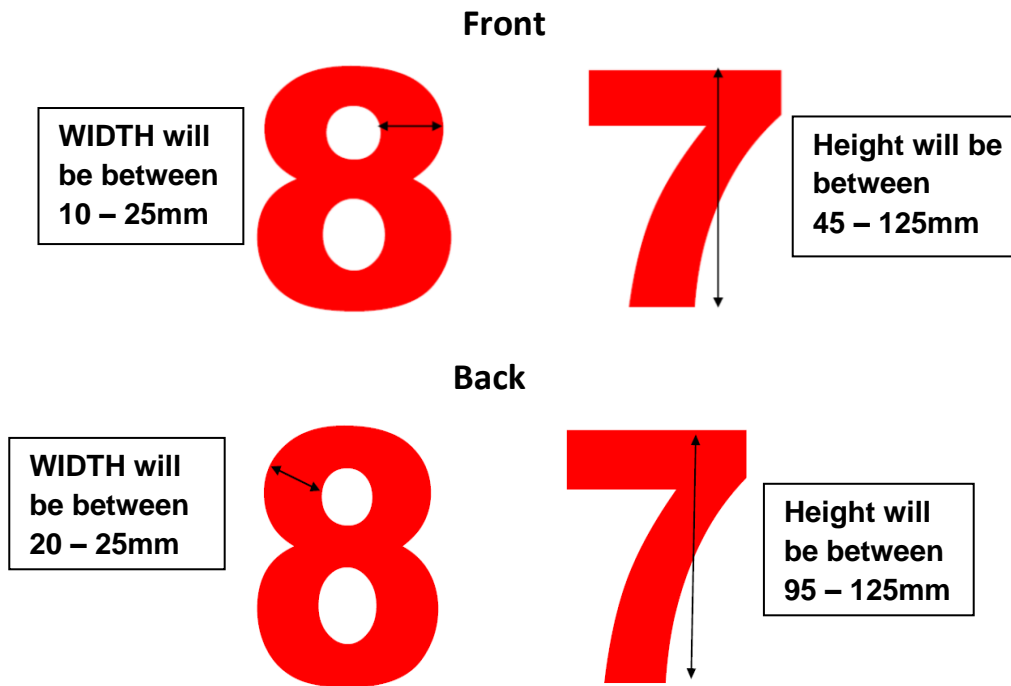
In addition to the competition uniform, Regions, Centres & Clubs may order other items such as tracksuits, hoodies, drink bottles, banners, flags etc. Whilst the LAVic logo is not compulsory on these items, where the Region, Centre & Club wish to use the LAVic logo, the Association requires submission of artwork for approval prior to manufacture.

## Font

The default font for both numbers and letters for all artwork on all Centre uniforms is **IMPACT**.

## Number sizing

All Centre numbers on the front and back of the uniform will be of the appropriate size as per below.



## LAVic and Licenced Supplier Contacts

### Little Athletics Victoria

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### Energetic Apparel

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