

# TEAM VIC

## Australian Cross-Country Championships

### NOMINATION & SELECTION CRITERIA

Australian Cross-Country Championships  
Adelaide, South Australia  
Saturday 21<sup>st</sup> August and Sunday 22<sup>nd</sup> August 2021

In 2021 Athletics Australia and Little Athletics Australia will present the Australian Cross-Country Championships at Victoria Park, Adelaide. It will be a two-day event with individuals competing on Saturday and a relay championships of teams of four (4) on Sunday.

#### **Individual Championships – Saturday 21 August**

- (LA U13 – U17) - Age groups will be based on being under the specific age at 31 December 2020. i.e. in the calendar year in which the 2020/2021 Little Athletics summer season commenced.
- (AA U14 – Open) - Age taken as at 31 December 2021
- (Masters Events) - Age taken as at 21 August 2021

**Note: ^AA registered athletes born 2009 remain eligible to compete in the AA U14 age group.**

Division	Women	Men	Eligible Top Age
AA Open (inc. U23/Uni)	10km	10km	Open age
AA Under 20	6km	8km	Born in 2002/2003 (18/19 years)
LA Under 17/AA Under 18	4km	6km*	Born in 2004 (17 years)
LA Under 16/AA Under 17	4km	6km*	Born in 2005 (16 years)
LA Under 15/AA Under 16	4km*	4km*	Born in 2006 (15 years)
LA Under 14/AA Under 15	4km*	4km*	Born in 2007 (14 years)
LA Under 13/AA Under 14 <sup>^</sup>	3km	3km	Born in 2008/ <sup>^</sup> 2009 (12/13 years)
AA Open Para	3km	3km	Open Age
LA Under 17/AA Under 20 Para	3km	3km	Born in 2002/2003/2004 (17/18/19 years)
LA Under 16/AA Under 17 Para	3km	3km	Born in 2005/2006 (15/16 years)
LA Under 14/AA Under 15 Para	3km	3km	Born in 2007/2008 (13/14 years)
Masters 30-69	8km	8km	5-year age groups
Masters 70+	6km	6km	5-year age groups

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### Team Relay Championships – Sunday 22 August

(LA U13 – U17) - Age groups shall be based on being under the specific age at 31 December 2020. i.e. in the calendar year in which the 2020/2021 Little Athletics summer season commenced. (AA U14 – Open) - Age taken as at 31 December 2021

**Note: ^AA registered athletes born 2009 remain eligible to compete in the AA U14 age group**

Division	Women	Men	Eligible Top Age
AA Open	4 x 3km	4 x 3km	Open age
AA Under 20	4 x 3km	4 x 3km	Born in 2002/2003 (18/19 years)
LA Under 17/AA Under 18	4 x 2km	4 x 3km	Born in 2004 (17 years)
LA Under 16/AA Under 17	4 x 2km	4 x 3km	Born in 2005 (16 years)
LA Under 15/AA Under 16	4 x 2km	4 x 2km	Born in 2006 (15 years)
LA Under 14/AA Under 15	4 x 2km	4 x 2km	Born in 2007 (14 years)
LA Under 13/AA Under 14 <sup>^</sup>	4 x 1.5km	4 x 1.5km	Born in 2008/^2009 (12/13 years)
AA Open Para	4 x 1km	4 x 1km	Open Age
LA Under 17/AA Under 20 Para	4 x 1km	4 x 1km	Born in 2002/2003/2004 (17/18/19 years)
LA Under 16/AA Under 17 Para	4 x 1km	4 x 1km	Born in 2005/2006 (15/16 years)
LA Under 14/AA Under 15 Para	4 x 1km	4 x 1km	Born in 2007/2008 (13/14 years)

### State/Territory Team Size

States may select up to the following in each age group/gender:

U14 – U18	16
U15- U17/20 Para	16
U20, Open and Masters	Unlimited

Team points will be scored by the first 6 athletes across the line for each State.

### Selection Criteria

#### Able bodied

The selection trials will be held at the following events in 2021

- XCR21 Bundoora Saturday 17<sup>th</sup> July 2021 and
- LAVic State Cross Country Championships Saturday 31<sup>st</sup> July 2021, Myrniong

\*The Top 16 place getters in each of the following age groups from XCR21 Bundoora – U18, U17, U16 and U15 are eligible to nominate for selection

The Top 12 placegetters in women's and men's U14 age group from XCR21 Bundoora are eligible to nominate for selection; and/or

Four (4) U13 girls and boys will be selected from the 2021 LAVic Cross Country Championships at the discretion of LAVic. This will take into account those athletes already nominated from the U14 age group at XCR21 Bundoora.

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#### Para athletes

Athletes who nominate must meet the criteria listed below.

Male

Class	Under 14/15	Under 16/17	Under 17 - 20	Open
T01	14:06.15	13:43.28	13:20.42	13:20.42
T11	14:41.97	14:18.13	13:54.30	13:54.30
T12	14:02.79	13:40.01	13:17.23	13:17.23
T13	14:04.67	13:41.84	13:19.02	13:19.02
T20	13:54.35	13:31.80	13:09.25	13:09.25
T21	20:33.36	20:00.02	19:26.69	19:26.69
T35	18:25.01	17:55.14	17:25.27	17:25.27
T36	16:49.69	16:22.40	15:55.12	15:55.12
T37	14:46.30	14:22.34	13:58.39	13:58.39
T38	14:36.90	14:13.20	13:49.50	13:49.50
T40	28:17.56	27:31.68	26:45.80	26:45.80
T41	28:17.56	27:31.68	26:45.80	26:45.80
T42	20:35.25	20:01.86	19:28.48	19:28.48
T43	16:51.80	16:24.46	15:57.11	15:57.11
T44	16:19.28	15:52.81	15:26.34	15:26.34
T45	15:18.56	14:53.74	14:28.91	14:28.91
T46	13:58.09	13:35.44	13:12.78	13:12.78
T60	15:12.53	14:47.87	14:23.21	14:23.21
T62	16:51.80	16:24.46	15:57.11	15:57.11
T63	20:35.25	20:01.86	19:28.48	19:28.48
T64	16:51.80	16:24.46	15:57.11	15:57.11

Female

Class	Under 14/15	Under 16/17	Under 20	Open
T01	17:14.48	16:47.95	16:21.43	16:21.43
T11	18:07.79	17:39.90	17:12.00	17:12.00
T12	16:50.88	16:24.96	15:59.04	15:59.04
T13	15:56.55	15:32.03	15:07.50	15:07.50
T20	17:07.14	16:40.81	16:14.47	16:14.47
T21	32:14.20	31:24.61	30:35.01	30:35.01
T35	30:09.83	29:23.43	28:37.02	28:37.02
T36	25:06.57	24:27.94	23:49.31	23:49.31
T37	22:06.47	21:32.46	20:58.44	20:58.44
T38	21:21.19	20:48.34	20:15.49	20:15.49
T40	36:30.59	35:34.42	34:38.25	34:38.25
T41	36:31.41	35:35.22	34:39.03	34:39.03
T42	19:24.85	18:54.98	18:25.12	18:25.12
T43	19:24.85	18:54.98	18:25.12	18:25.12

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<b>T44</b>	19:24.85	18:54.98	18:25.12	18:25.12
<b>T45</b>	18:51.31	18:22.30	17:53.30	17:53.30
<b>T46</b>	18:51.31	18:22.30	17:53.30	17:53.30
<b>T60</b>	20:01.90	19:31.08	19:00.27	19:00.27
<b>T62</b>	19:24.85	18:54.98	18:25.12	18:25.12
<b>T63</b>	19:24.85	18:54.98	18:25.12	18:25.12
<b>T64</b>	19:24.85	18:54.98	18:25.12	18:25.12

### XCR21 Bundoora

Information on how to nominate will be provided to placegetters at XCR21 Bundoora in U18/U17/U16/U15 and U14.

Individuals will then be required to create a profile (or log in to existing profile) and to nominate for the Australian Cross-Country Championships via the Athletics Victoria Portal

### LAVic State Cross-Country Championships

U13 athletes competing at the LAVic State Cross-Country Championships will receive details on how to nominate, following the close of entries for the LAVic State Cross-Country Championships.

### Event Entry Fee

Individual entry to the Australian Cross-Country Championships is \$30 (inc GST)

When nominating for a Relay team please make sure that you can participate in the relays which are held on Sunday 22<sup>nd</sup> August 2021.

**Nominations Open** Saturday 17<sup>th</sup> July 2021

**Nominations Close** Monday 2<sup>nd</sup> August 2021 (5.00pm)

Individuals will be notified progressively as nominations are received and if possible, relay teams will be selected so that travel arrangements can be made.

PLEASE NOTE that individuals participating at the 2021 Australian Cross-Country Championships will be responsible for own travel, accommodation and transport to the Championships. Athletics Victoria and Little Athletics Victoria will not be managing a team.

### Victorian Team Levy

For U14 – U18, including LAVic U13 team levy of \$44 (inc GST)

For U20 and Open team/admin levy of \$15 (inc GST) that manages entry process, on day team management and relay teams

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**Team Uniform** supplied by Project Clothing for nominations from XCR21 Bundoora

Individuals representing Victoria, will be required to wear the AV Uniform – competition shorts/briefs/boy leg shorts and, singlet/crop top which can be ordered from the logo below.



Project Clothing manage all orders and will post your purchase to your nominated address. To ensure that you receive any items, we ask that orders are placed no later than 1<sup>st</sup> August 2021.

**Team Uniform** supplied by LAVic for nominations from LAVic State Cross-Country Championships.

The U13 LAVic athletes selected from the LAVic State Cross-Country Championships will be required to wear the LAVic State Uniform as worn at the Australian Little Athletics Championships – ALAC. This consist of competition shorts/briefs/boy leg shorts and singlet. Additional Team uniform items will be T-shirt, Hoodie, Wet weather jacket and Track pants. Details on purchasing these items will be included in the nomination pack.